



June 2021 Google Meets Education Schedule

Date	Topic/Description	Time	Instructions/Registration
Wednesday June 2	Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	10:00-11:30 AM	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on “join meeting.” You should then be able to view the presentation and hear the presenter.</p>
Monday June 7	Caregiver Burnout - covers signs and symptoms of caregiver burnout, tips to overcome burnout, what is self-care and how to accomplish it, & grief and its effects.	6:30-8:00 PM	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on “join meeting.” You should then be able to view the presentation and hear the presenter.</p>
Wednesday June 9	Caregiver Burnout - covers signs and symptoms of caregiver burnout, tips to overcome burnout, what is self-care	10:00-11:30 AM	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p>



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Monday June 14	Long Term Care Planning - covers signs someone is ready for LTC, triggers for LTC admission, helpful tips for touring LTC Homes, application process and eligibility, priority categories, and transition to LTC tips.	6:30-8:00 PM	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on “join meeting.” You should then be able to view the presentation and hear the presenter.
Wednesday June 16	Long Term Care Planning - covers signs someone is ready for LTC, triggers for LTC admission, helpful tips for touring LTC Homes, application process and eligibility, priority categories, and transition to LTC tips.	10:00-11:30 AM	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on “join meeting.” You should then be able to view the presentation and hear the presenter.



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<p>Monday June 21</p>	<p>Transitions - covers role changes in dementia care from spouse or adult child to caregiver. Tips and strategies are given on managing transitions in the journey – moving, starting Day Programs, starting bathing (community supports), and Long Term Care adjustment.</p>	<p>6:30-8:00 PM</p>	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on “join meeting.” You should then be able to view the presentation and hear the presenter.</p>
<p>Wednesday June 23</p>	<p>Transitions - covers role changes in dementia care from spouse or adult child to caregiver. Tips and strategies are given on managing transitions in the journey – moving, starting Day Programs, starting bathing (community supports), and Long Term Care adjustment.</p>	<p>10:00-11:30 AM</p>	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on “join meeting.” You should then be able to view the presentation and hear the presenter.</p>
<p>Monday June 28</p>	<p>Isolation Effects & Tips: COVID-19 Pandemic has created some new challenges for Persons Living with Dementia and their Care Partners. Join us to learn about how isolation affects decline and tips on</p>	<p>6:30-8:00 PM</p>	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On</p>



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Wednesday June 30	Isolation Effects & Tips: COVID-19 Pandemic has created some new challenges for Persons Living with Dementia and their Care Partners. Join us to learn about how isolation affects decline and tips on how to combat some of the effects.	10:00-11:30 AM	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on “join meeting.” You should then be able to view the presentation and hear the presenter.