



March 2021 Google Meets Education Schedule

Date	Topic/Description	Time	Instructions/Registration
Monday Mar 1	<p>Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia</p>	6:30-8:00 pm	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.</p>
Wednesday Mar 3	<p>Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia</p>	10:00-11:30 am	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.</p>



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<p>Monday Mar 8</p>	<p>Late Stage Considerations – This session covers: what changes in abilities can I expect in late stage of dementia, what decisions will I need to be prepared for, what is Advance Care Planning, and grief and its effects.</p>	<p>6:30-8:00 pm</p>	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.</p>
<p>Wednesday Mar 10</p>	<p>Late Stage Considerations - This session covers: what changes in abilities can I expect in late stage of dementia, what decisions will I need to be prepared for, what is Advance Care Planning, and grief and its effects.</p>	<p>10:00-11:30 am</p>	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.</p>
<p>Monday Mar 15</p>	<p>Caregiver Burnout & Self Care - covers signs and symptoms of caregiver burnout, tips to overcome</p>	<p>6:30-8:00 pm</p>	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator.</p>



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	burnout, what is self-care and how to accomplish it, & grief and its effects.		<p>Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.</p>
Wednesday Mar 17	Caregiver Burnout & Self Care - covers signs and symptoms of caregiver burnout, tips to overcome burnout, what is self-care and how to accomplish it, & grief and its effects	10:00-11:30 am	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.</p>
Monday Mar 22	Advance Care Planning & Power of Attorneys - covers what is Power of Attorney for Property, what is Power of Attorney for Care, how to set up POA's, what is a Substitute Decision Maker, what to consider/ask when	6:30-8:00 pm	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and</p>



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	creating advance care plans, Disability Tax Credit, Compassionate Care Benefits.		click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.
Wednesday Mar 24	Advance Care Planning & Power of Attorneys - covers what is Power of Attorney for Property, what is Power of Attorney for Care, how to set up POA's, what is a Substitute Decision Maker, what to consider/ask when creating advance care plans, Disability Tax Credit, Compassionate Care Benefits.	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.
Monday Mar 29	Resources and Navigating the System - covers what resources exist, how to access them, and what services are operational during COVID-19 outbreak	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able



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Wednesday Mar 31	Resources and Navigating the System - covers what resources exist, how to access them, and what services are operational during COVID-19 outbreak.	10:00-11:30 am	<p>To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com</p> <p>The day before the session you will receive an email that includes a link to the meeting. On meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on join meeting. You should then be able to view the presentation and hear the presenter.</p>