

Date	Topic/Description	Time	Instructions/Registration
Monday Nov 1	Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.
Wednesday Nov 3	Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.
Monday Nov 8	Caregiver Burnout - covers signs and symptoms of caregiver burnout, tips to overcome burnout, what is self-care	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com



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	and how to accomplish it, & grief and its effects.		The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting.". You should then be able to view the presentation and hear the presenter.	
Wednesday Nov. 10	Caregiver Burnout - covers signs and symptoms of caregiver burnout, tips to overcome burnout, what is self-care and how to accomplish it, & grief and its effects.	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.	
Monday Nov. 15	Long Term Care Planning - covers signs someone is ready for LTC, triggers for LTC admission, helpful tips for touring LTC Homes, application process and eligibility, priority categories, and transition to LTC tips.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.	



November 2021 Google Weets Education Schedule				
Wednesday Nov. 17	Long Term Care Planning - covers signs someone is ready for LTC, triggers for LTC admission, helpful tips for touring LTC Homes, application process and eligibility, priority categories, and transition to LTC tips.	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.	
Monday Nov. 22	Advance Care Planning & Power of Attorneys - covers what is Power of Attorney for Property, what is Power of Attorney for Care, how to set up POA's, what is a Substitute Decision Maker, what to consider/ask when creating advance care plans, Disability Tax Credit, Compassionate Care Benefits.	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting.".You should then be able to view the presentation and hear the presenter.	
Wednesday Nov. 24	Advance Care Planning & Power of Attorneys - covers what is Power of Attorney for Property, what is Power of Attorney for Care, how to set up POA's, what is a Substitute Decision Maker, what to	10:00-11:30 am	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On	



	consider/ask when creating advance care plans, Disability Tax Credit, Compassionate Care Benefits.		the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.
Monday Nov. 29	Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia	6:30-8:00 pm	To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator. Email: d.farrell@alzheimerpeel.com The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.