

Please note special instructions for attending an in-person education session: These instructions only apply to sessions you plan to attend in-person.

- 1) Completing a screening form the day of is required and can be done online or in-person. The day prior you will receive the link to the Self Screener Form via email.
- 2) Masks are required
- 3) Two vaccines needed
- 4) Please arrive 15 minutes prior to session to allow for screening process

| Date          | Topic/Description  | Time         | Instructions/Registration  |
|---------------|--|--------------|--|
| Tuesday Nov 1 | Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia | 6:30-8:00 pm | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator.  Email: d.farrell@alzheimerpeel.com  The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter. |



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| Thursday 3    | Getting Started - covers what is Dementia, The 8 Common symptoms in Dementia, and how to communicate effectively with someone living with dementia                              | 2:00-3:30 pm | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator.  Email: d.farrell@alzheimerpeel.com  The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting.".You should then be able to view the presentation and hear the presenter. |
| Tuesday Nov 8 | Montessori for Dementia-<br>covers what is Montessori for<br>dementia, why we use the<br>techniques, activity ideas for<br>home use & how to adapt<br>them for stage/abilities. | 6:30-8:00 pm | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator.  Email: d.farrell@alzheimerpeel.com  The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter. |



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| Thursday Nov 10 | Montessori for Dementia-<br>covers what is Montessori for<br>dementia, why we use the<br>techniques, activity ideas for<br>home use & how to adapt<br>them for<br>stage/abilities. | 2:00-3:30 pm | To join please pre-register, via email or call to, Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator.  Email: d.farrell@alzheimerpeel.com  The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter. |
| Tuesday Nov 15  | Stages & Progression - covers brain changes, the 3 and 7 stage models, what scores on the assessments indicate, and tips for each stage.   | 6:30-8:00 pm | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator.  Email: d.farrell@alzheimerpeel.com  The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter.       |



| Thursday Nov 17 | Stages & Progression - covers brain changes, the 3 and 7 stage models, what scores on the assessments indicate, and tips for each stage.                        | 2:00-3:30 pm    | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator.  Email: d.farrell@alzheimerpeel.com  The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting.".You should then be able to view the presentation and hear the presenter. |
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| Tuesday Nov 22  | Town Hall - Join us for a talk on Disability Pension and Benefits with guest speaker Gajenthe Ganeshamoorthy - Citizen Services Specialist from Service Canada. | 6:30-7:00<br>pm | Register in advance for this webinar at this link:  https://alzheimersociety.zoom.us/webinar/register/WN v-UQR0uzQnqAjB72lARxNw  After registering, you will receive a confirmation email containing information about joining the webinar.  |



| Tuesday Nov 29  Care Partner Burnout - covers signs and symptoms of caregiver burnout, tips to overcome burnout, what is self-care and how to accomplish it, & grief and its effects. | 6:30-8:00 pm | To join please pre-register, via email, with Public Education Coordinator Danielle Farrell by day before session, or through a Counsellor or Care Navigator.  Email: d.farrell@alzheimerpeel.com  The day before the session you will receive an email that includes a link to the meeting. On the meeting date and time, simply go into your email and click on the link, or copy and paste the link into your browser, and it will take you to the meeting where you click on "join meeting." You should then be able to view the presentation and hear the presenter. |
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