



**Alzheimer Society**  
PEEL

**Date: October 14, 2021**

**Cost: \$150.00**

**Time: 8:30 - 3:30 pm**

To register please fill in the Request Form.  
Click link below to be redirected to the  
Request Form:

<https://forms.gle/wYhcVUxuB3Bu5dM26>

For more information please contact  
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**DEMENTIA TRAINING LAB**

## **Training Lab**

Training Lab workshop is for professionals in the dementia sector. It is very interactive with lots of activities to support the learning, and participants receive a certificate of completion. Participants do need to attend all 3 modules in order to receive their certificates. The workshop is provided over Zoom

### **Modules:**

#### ***Module 1 - What is Dementia***

- o What is Dementia
- o Various Forms of Dementia
- o Limbic System
- o Lobes of the Brain

#### ***Module 2 - Behaviours***

- o Eight A's of Dementia  
(common symptoms)
- o Three D's of Dementia  
(delirium, depression, dementia)
- o Protective Behaviours
- o 5 R's of Dementia

#### ***Modules 3 - Strategies and Tips***

- o Person Centered Approach
- o Validation Therapy
- o Montessori Methods
- o Self-Care