

## Care in the Later Stages



### Dates and Time:

Tuesdays - March 26, April 2, April 9, 2024

9:30 - 11:30 am

### Location:

Peterborough  
(Exact Location Provided Upon  
Registration)

### Topics will include:

- Changes in the later stages of dementia
- Experiences of grief and loss
- How to recognize pain and distress
- How to provide care that promotes dignity, comfort, and quality of life

Care in the Later Stages is a 3-week learning series that is designed to help family members and friends of persons with dementia understand what to expect in the later stages of the dementia journey. Participants will learn strategies to prepare for the later stages, ways to enhance the quality of life for the person with dementia, and helpful approaches to promoting their own self care.

**Family members and care partners of people with Alzheimer's disease and related dementias are invited to attend this learning series.**

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**This series is offered FREE of charge, but spaces are limited. Registration is required for this program.**

If you would like to know if the *Care in the Later Stages* program is a good fit for your learning, or are interested in registering, please contact your Client Support Coordinator at the Alzheimer Society. If you are connecting with the Alzheimer Society for the first time, please contact our Intake Coordinator at (705) 748-5131 or 1-800-561-2588, ext. 235.

**Alzheimer Society of Peterborough, Kawartha Lakes, Northumberland, and Haliburton**

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[www.alzheimer.ca/pklnh](http://www.alzheimer.ca/pklnh)