

In-Home Recreation Volunteer

Mission, Vision & Strategies Directions

Mission

Improving the quality of life for those affected by Alzheimer's disease and other dementias

Vision

We are the number one contact for anyone impacted by Alzheimer's disease and other dementias in our community

Five Strategic Directions

Program Excellence; Advocacy; Partnership & Awareness; Revenue Growth; Research; Federation Excellence

Role Description

Title: In-Home Recreation Volunteer

Location: Throughout Peterborough, Kawartha Lakes, Northumberland &

Haliburton Counties

Assigned Supervisor: Volunteer Engagement Coordinator

Role Summary

In-Home Recreation volunteers are those who are willing to share their time to make a difference in the life of an individual who has been living with dementia. Volunteers visit our clients once per week at the client's home. The volunteer will engage the client in a meaningful activity during their visit, such as: conversation, walking, reading, playing cards, or some other mutually agreed up activity that is important to the client. In addition to providing companionship to our client, this program will also provide relief for the caregiver.

Responsibilities

- Visit the client regularly, on a mutually agreeable time and day.
- Call or email a client ahead of time if for any reason a visit needs to be postponed or rescheduled.
- Inform assigned supervisor as to any changes in the client's or volunteer's situation, which would affect the visit; this includes address changes, holidays, illness, etc.
- Report any observations, comments or concerns regarding the client or the match to the assigned supervisor.



- Volunteers are visitors and as such will limit their duties to socialization and companionship activities only.
- Report volunteer hours, either through our volunteer database or by direct email to the Volunteer Engagement Coordinator

In-Home Recreational Volunteer will not:

- Influence the person with dementia/caregiver or family members with his/her own personal views, beliefs, or attitudes.
- Break confidentiality with anyone other than Alzheimer Society staff, when necessary
- Perform personal care duties or be responsible for the care of a client.
- Provide private, one-on-one counselling.

The Alzheimer Society will:

- Provide all required orientation and training.
- Provide on-going support to In-Home Recreational volunteers.
- Hold periodic support meetings for all volunteers.
- Provide an emergency contact list for client.

Required Skills/Experience

- Ability to work with our clients, their families, and Alzheimer Society staff.
- Warm and caring personality.
- Be reliable and flexible.
- Be able to communicate with others on a one-to-one basis in an understanding, caring, and sensitive manner.
- Ability to listen objectively and be tolerant of others' cultural, religious or lifestyle beliefs and attitudes.
- Interest in other people and what is important to them.
- Interest in working with older adults.
- Experience working with persons with dementia and their care partners is an asset.

Training Requirements

- Orientation to agency, ASPKLNH programs, policies & procedures
- Completion of Client-Facing Volunteer Training

Other Requirements

• Completion of two reference checks



• Vulnerable Sector Police Check

Risk Assessment: High

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