

In-Office Respite Volunteer

Role Description

Title: In-Office Respite Volunteer

Location: ASPKLNH Office

Assigned Supervisor: Volunteer Engagement Coordinator

Role Summary

To allow care partners an opportunity to attend our programs and services by providing one-on-one support to people with dementia in a recreational setting. Our volunteers will engage with people living with dementia in meaningful activities while providing companionship and social support. In addition to providing companionship to the person with dementia, this also provides short-term relief for the caregivers as they attend Alzheimer Society education programs or support groups.

Responsibilities

- Help with the set up and cleanup of activities.
- Use the client profile form to develop “themed” activities suitable for the person with dementia.
- Engage clients in a meaningful and purposeful activity, such as reading, crafting, conversation and listening to music, etc.
- Provide socialization and companionship.
- Report feedback to the staff member in attendance or Volunteer Engagement Coordinator.

Required Skills/Experience

- Enjoy working with others, comfortable initiating conversation and including others.
- Patient, outgoing, friendly, and fun; comfortable in a non-competitive, inclusive environment
- Have some experience communicating with older adults.
- Being flexible and having the instinct to make adjustments as necessary.
- Able to come up with different activities throughout the visit.

Training Requirements

- Completion of Alzheimer Society Orientation Training.

Alzheimer Society

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- Understanding Dementia and Supportive Communication.
- Completion of Alzheimer Society Client-Facing Training.
- Accessibility for Ontarians with Disabilities Act Training.

Other Requirements

- Completion of two reference checks
- Vulnerable Sector Police Check

Risk Assessment: Medium

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Last Updated: July 24, 2024