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**#TogetherApart Club**

for more information call 705-748-5131

or email [info@alzheimerjourney.ca](mailto:info@alzheimerjourney.ca)

## June 2021

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
		<b>1</b> <b>2pm</b> Brain Games <b>10am</b> MIM with Jenn and Allison	<b>2</b> <b>10am</b> Minds in Motion with Jenn and Allison	<b>3</b> <b>2 pm-</b> Musical Memories  <b>10am</b> MIM with J&A	<b>4</b> <b>No program</b>	<b>5</b>
<b>6</b>	<b>7</b> <b>10am</b> MIM Yoga and Exercise with Jenn and Jen W	<b>8</b> <b>2pm-</b> Brain activities <b>10am</b> MIM with Jenn and Allison	<b>9</b> <b>10am</b> Minds in Motion with Jenn and Allison	<b>10</b> <b>2 pm</b> Musical Memories  <b>10am</b> MIM with J&A	<b>11</b> <b>11am</b> Join Sarnia for their Armchair Travelogue *see link below	<b>12</b>
<b>13</b>	<b>14</b> <b>10am</b> MIM Yoga and Exercise  <b>2pm</b> Caregiver Coffee with Jo and Susan	<b>15</b> <b>2pm</b> Brain Activities  <b>10am</b> MIM with Jenn and Allison	<b>16</b> <b>10am</b> Minds in Motion with Jenn and Allison	<b>17</b> <b>2 pm</b> Musical Memories  <b>10am</b> MIM with J&A	<b>18</b> <b>No program</b>	<b>19</b>
<b>20</b>	<b>21</b> <b>10am</b> MIM Yoga and Exercise with Jenn and Jen W	<b>22</b> <b>2pm</b> Brain Activities <b>10am</b> MIM with Jenn and Allison	<b>23</b> <b>10am</b> Minds in Motion with Jenn and Allison	<b>24</b> <b>2 pm</b> Musical Memories  <b>10am</b> MIM with J&A	<b>25 –</b> 2pm Book club  <b>11am-</b> Armchair travelogue Sarnia	<b>26</b>
<b>27</b>	<b>28</b> <b>10am</b> MIM Yoga and Exercise with Jenn and Jen W	29 <b>2pm</b> Brain Activities <b>10am</b> MIM with J&A	30 <b>10am</b> Minds in Motion with Jenn and Allison	<b>Links:</b> All 10 am on Zoom: <a href="https://zoom.us/j/93027840781">https://zoom.us/j/93027840781</a> All 2 pm on Zoom: <a href="https://zoom.us/j/96964146804">https://zoom.us/j/96964146804</a>		

\*\*\*\*\*Join Sarnia Alzheimer Society Fridays 11am on Zoom at this link: <https://zoom.us/j/91838601408>

Musical Memories Thursdays 2pm: <https://alzhimersociety.zoom.us/j/92858339938?pwd=eUdMZFpYUE9rV1RhbmxBMjNiYTJCUT09>