

Programs Guide

April - June 2022

**EDUCATION,
RECREATION
AND
SUPPORT
PROGRAMS
FOR PEOPLE
LIVING WITH
DEMENTIA
AND THEIR
CARE
PARTNERS**

Support for the Alzheimer Society of Simcoe County has been provided by Ontario Health and the Government of Ontario.



**Ontario
Health**



Alzheimer Society

S I M C O E C O U N T Y

welcome

The staff and volunteers at the Alzheimer Society are committed to providing the highest quality programs and services that will help people living with dementia and their care partners live well and thrive in their community.

Our programs and services are available to people of any age who are:

- living with a progressive dementia OR
- a care partner supporting a person living with a progressive dementia

We also offer a number of awareness programs for the general public and health professionals. Please review the information contained in this guide and contact us with any questions.

Contact Us

BY PHONE: 705-722-1066 or 1-800-265-5391
BY MAIL: P.O. Box 1414, Barrie, ON L4M 5R4
BY EMAIL: simcoecounty@alzheimersociety.ca
WEB: www.alzheimersociety.ca/simcoecounty

IN PERSON: **20 Anne Street South, Barrie**
Monday—Friday
8:30 a.m.—12:00 p.m. (closed for lunch)
1:00—4:30 p.m.
25 Museum Drive (side entrance), Orillia
Thursdays only
1:00—4:30 p.m. (or by appointment)

 [AlzheimerSocietySimcoeCounty](https://www.facebook.com/AlzheimerSocietySimcoeCounty)  [@alzheimersimcoe](https://www.instagram.com/alzheimersimcoe)  [@alzsimcoecounty](https://twitter.com/alzsimcoecounty)



The Alzheimer Society of Simcoe County celebrates diversity and strives to provide equitable and inclusive services to persons of all abilities, religions, cultures, sexual orientation or gender identity.

Charitable Number: 11921 2116 RR0001

Program Information

All of our programs require registration in order to ensure we are fully prepared with sufficient supplies and adequate space for everyone to safely and comfortably attend. Registration information will be listed with each program. Many programs and services are free. Fees are clearly noted where they are applicable.

We know that the best laid plans can go awry. **If you have registered for a program**, but are no longer able to attend, please contact the office to let us know that you will not be participating. Often there are waitlists for programs so you will be freeing up a space for another person to get the information they need! Thank you!



Program Cancellations

There are times when we have to cancel a program due to weather, facilitator illness, low registration or unforeseen circumstances. The Alzheimer Society will make every effort to cancel a program in a timely manner.

When inclement weather is in the forecast, consideration is given to weather warnings, bus cancellations and projected deterioration of conditions. For day of program cancellations, registered program participants will be notified by phone.

Cancellation notices will also be placed on social media and sent to news outlets. The safety of our clients and staff is a top concern so it is never our expectation for you to drive in poor weather. Please use your discretion.



**24/7
DEMENTIA
ADVICE AND
SUPPORT**

**CALL
1-866-797-0000**

After-hours support for
persons with dementia
and their caregivers.

EDUCATION PROGRAMS for Persons Living with Dementia

First Steps

This 4-week introductory program is for persons living with dementia and their care partners and serves as an opportunity to learn more about symptoms, strategies and planning ahead.

Format	Location	Day	Date	Time	To Register Contact:
In-person	Alliston Matthews House 131 Wellington St E.	Mondays	June 6, 13, 20, 27	1:30— 3:30 p.m.	Taryl Bougie 705-722-1066 ext. 226

Living Well with Dementia

This 6-part series is for people newly diagnosed with dementia and their care partners. It provides an opportunity to receive information, learn more about the symptoms and changes that may be experienced. Discussions around coping skills and strategies are encouraged. It is recommended that participants attend all sessions in this series.

Format	Location	Day	Date	Time	To Register Contact:
In-person	Barrie 20 Anne St. South	Thursday	April 7, 14, 21, 28 May 5, 12	1:00 –2:30 p.m.	Taryl Bougie 705-722-1066 ext. 226
In-person	Orillia 25 Museum Dr. (side entrance)	Wednesday	May 11, 18, 25 June 8, 15, 22	1:30— 3:00 p.m.	Maryse Raymond 705-722-1066 ext. 229
In-person	Wasaga Beach United Church 380 Zoo Park Rd	Thursday	May 19, 26, June 2, 9, 16, 23	10:30 a.m. —12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229
Online		Tuesday	May 24, 31, June 7, 14, 21, 28	6:30— 8:00 pm	Maryse Raymond 705-722-1066 ext. 229

EDUCATION PROGRAMS For Care Partners

Next Steps

Next Steps is an introductory series for care partners that focuses on understanding & supporting a person living with dementia.

This 2-part series covers:

- What is dementia?
- Adapting to changes in the brain
- Assessing and managing risk

Format	Location	Day	Date	Time	To Register Contact:
Online		Wednesday	April 12 & 19	6:00—8:00 p.m.	Maryse Raymond 705-722-1066 ext. 229
In-person	Orillia 25 Museum Dr. (side entrance)	Wednesday	April 20 & 27	1:00—3:00 p.m.	Maryse Raymond 705-722-1066 ext. 229
In-person	Barrie 20 Anne St. S	Tuesday	May 3 & 10	10:00 a.m.— 12:00p.m.	Taryl Bougie 705-722-1066 ext. 226



*100% of persons living with dementia
reported that the services and supports received from the Alzheimer
Society of Simcoe County helped to improve their overall quality of life.*

*84% of care partners reported that they were
better able to manage daily routines and plan ahead.*

EDUCATION PROGRAMS

For Care Partners

Care Essentials

Care Essentials is a 2-week series that covers issues commonly faced by care partners supporting someone in the middle stages of dementia. Topics that are reviewed include:

- Strategies to Enhance Communication
- Understanding & Responding to Behaviours

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesday	May 3 & 10	1:00—3:00 p.m.	Maryse Raymond 705-722-1066 ext. 229
In-person	Barrie 20 Anne St. S	Wednesday	June 8 & 15	2:00—4:00 p.m.	Taryl Bougie 705-722-1066 ext. 226

Care Essentials—On Demand

Care Essentials On Demand is a 4-part video series that contains all information and key points from the Care Essentials program. Participants will receive an email link to videos that they can watch when convenient.

Participants are encouraged to participate in one of several monthly meetings that have been scheduled to discuss the content of the videos, ask questions and/or connect with other care partners.

Format	Location	Videos 1 & 2 Discussion Groups	Videos 3 & 4 Discussion Groups	Time	To Register Contact:
Online		Wed. April 13 Mon. May 16 Wed. June 15	Wed. April 27 Mon. May 30 Wed. June 29	7:00—8:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

EDUCATION PROGRAMS For Care Partners

Navigating the Long Term Care Journey

This session for care partners will explore how to access long term care (LTC), what the application process is and what are some things to consider when looking into LTC options. We will be joined by a guest speaker from Home & Community Care Support Services.

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesday	April 5	11:00 a.m.— 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

Ambiguous Loss & Grief

The issue of loss and grief is one of the most significant underlying issues that care partners experience when supporting people living with dementia. This workshop is designed to help care partners identify and work through the losses and grieving that occurs in different ways at all stages in the dementia caregiving journey.

Format	Location	Day	Date	Time	To Register Contact:
Online		Saturday	April 30	10:30 a.m.— 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229
In-person	Barrie 20 Anne St. S	Thursday	June 23	1:00—2:30 p.m.	Taryl Bougie 705-722-1066 ext. 226



“The word ‘ambiguous’ helped me understand what was going on. I’m still married to my wife. I love her, but I don’t live with her. I’ve always been crazy about her and still am. She’s looked after, but it is a huge loss for me. The ambiguity is exactly how I feel.”

EDUCATION PROGRAMS

For Care Partners


Virtual Care for Carers

Virtual Care of Carers (VCFC) is a workshop series especially designed for caregivers who are feeling high stress and anxiety. It is offered in partnership with Catholic Family Services Simcoe County.

This series consists of four pre-recorded videos that will be made available to registrants to access online and watch at their convenience. Two live sessions will also take place to facilitate discussion and address any questions that may arise.

The four pre-recorded videos cover the following themes: Caregiver Resiliency; The Power of Emotion; Grief: Processing Change & Closure; Self-Care

Click this link to register [Virtual Care for Carers - Winter Session Tickets, Mon, Mar 28, 2022 at 3:00 PM | Eventbrite](#) or contact Taryl Bougie, 705-722-1066 ext. 226

Format	Location	Discussion Group for Videos 1 & 2	Discussion Group for Videos 3 & 4	Time
Online		Wednesday April 13	Wednesday April 27	3:00—4:00 p.m.

U-First! For Care Partners

This 3 session program is for care partners who are providing direct support to someone experiencing behaviour changes as a result of dementia.

This program is designed to help you to:

- Enhance well-being
- Reduce responsive behaviours by using the U-First!® framework
- Improve collaboration among all team members through a common knowledge, language and approach to care.

Format	Location	Day	Date	Time	To Register Contact:
Online		Thursday	May 19, 26 June 2	1:00—3:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

EDUCATION PROGRAMS For Health Care Professionals

U-First for Health Care Professionals

U-First!® is an innovative and unique training program that helps frontline staff develop common values and a common knowledge base, language and approach to caring for people with Alzheimer's disease and other dementias. Certificate will be provided at the completion of the course. Cost: \$80

Format	Location	Day	Date	Time	To Register Contact:
In-person & Online	Midland 	Tuesday	June 7	8:30 a.m.— 4:30 p.m.	Maryse Raymond 705-722-1066 ext. 229

EDUCATION PROGRAMS for the General Public

Ask an Educator!

Do you have questions about dementia?
Signs & Symptoms? Care and Support
strategies? Living well with dementia?
Services you can access? Join our
Education Team for a monthly open Q & A
Click here: <https://us02web.zoom.us/j/84403311219?pwd=alFzTnhhMWgraGRqaVh3TTFGbEM5UT09>



Format	Location	Day	Date	Time	To Register Contact:
Online		4th Wednesday	April 27 May 25 June 22	1:30—2:30 p.m.	Join by link or call Maryse Raymond 705-722-1066 ext. 229

EDUCATION PROGRAMS for the General Public

Dementia 101: Overview

A presentation that provides general knowledge and awareness of Alzheimer's disease and related dementias, warning signs, communication tips as well as the services and programs offered at your local Alzheimer Society.

Format	Location	Day	Date	Time	To Register Contact:
In-person	Barrie 20 Anne St. S.	Wednesday	April 20	2:00— 3:30 p.m.	Taryl Bougie 705-722-1066 ext. 226
In-person	Angus Essa Public Library 8505 County Rd 10 Unit 1	Wednesday	May 11	10:30 a.m.— 12:00 p.m.	Taryl Bougie 705-722-1066 ext. 226
Online		Monday	June 13	1:00— 2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229

Supporting Communication

Supporting Communication will focus on understanding how dementia impacts the many aspects of communication. Strategies and tips on how to enhance communication will be shared.

Format	Location	Day	Date	Time	To Register Contact:
In-person	Orillia 25 Museum Drive (side entrance)	Friday	April 29	10:30 a.m.— 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

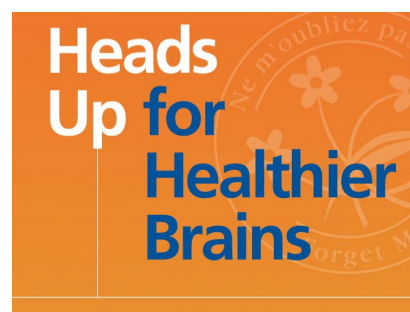


Communication is a vital part of our lives. It allows us to express who we are and relate to one another. Communication is more than talking and Listening. – it involves understanding and interpreting.

EDUCATION PROGRAMS for the General Public

Heads Up! for Healthier Brains

This is a 4-week series that provides information on keeping your brain healthy and reducing the risk of dementia. It includes information about dementia vs. normal aging, provides memory strategies and looks at the importance of proper nutrition, exercise, stress management and social engagement for reducing the risk of dementia.



Format	Location	Day	Date	Time	To Register Contact:
In-person	Wasaga Beach Public Library 120 Glenwood Dr.	Thursday	April 7, 14, 21, 28	10:00 a.m. - 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229
In-person	Alliston Matthews House 131 Wellington St E.	Monday	May 2, 9, 16, 30	1:00—3:00 p.m.	Taryl Bougie 705-722-1066 ext. 226
In-person	Orillia Public Library 36 Mississauga St W.	Friday	May 6, 13, 20, 27	10:00 a.m.— 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229
Online		Friday	June 3, 10, 17, 24	10:00 a.m.— 12:00 p.m.	Taryl Bougie 705-722-1066 ext. 226



It's never too soon, or too late to make the lifestyle changes necessary to help improve your brain health, changes that may also help to reduce your risk for Alzheimer's disease or other dementias.

Technical Support

ACCESSING OUR ONLINE PROGRAMS AND SERVICES

The online platform we use for all our Education, Support and Social Recreation programs is called Zoom. Zoom is an application that allows users to make free video calls with individuals or groups of people.

All that is required to use Zoom is:

- a laptop, tablet or smartphone,
- a connection to the internet, and
- an email address



Once you register for a program, a staff member will send you an email with a link to the session. When it is time for the program to begin, click the link and the session will open up.

We know it can be overwhelming to try something new and perhaps out of your comfort zone. That's why our staff team will help walk you through this process by sharing tip sheets and providing 1:1 support to help you get started!

We have taken safeguards to protect these sessions for registered participants only. Please contact our staff team if you have any questions.

Living Safely in the Community



Learn more about how to live safely while being active in your community. The **Finding Your Way**® program provides information about why people with dementia get lost or go missing, how the risk of missing incidents can be reduced, and what to do if someone does go missing. Review the Finding Your Way® *Living Safely with Dementia Resource Guide*, available in hard copies from our office or online. Free on-line courses also available.

www.findingyourwayontario.ca

 **MedicAlert**® *Safely Home*®

www.medicalert.ca/safelyhome

South Simcoe Police:

www.vulnerablepersonsregister.ca

Barrie Police:

www.barriepolice.ca/vulnerable-person-registry-vpr

The **MedicAlert**® **Safely Home**® program is a nationwide program that provides emergency and critical health information for registered participants who wear a specially engraved identification bracelet. An emergency 24 hour hotline is staffed by medically trained specialists who communicate with police and emergency responders. An annual fee applies.

Vulnerable Persons Registries are voluntary registries that provide police with up-to-date emergency contact information, detailed physical descriptions, known routines and any special needs of the registered individual. This information is only available to police in an emergency. Several local police forces maintain their own lists.

Collingwood OPP:

Call 705-445-4321

Orillia OPP:

Call 705-326-3536

Project LifeSaver® **Simcoe** is a program that uses FM radio signals to locate missing individuals. Currently this program is available within the City of Barrie and the South Simcoe region. A start-up and annual fee applies.



www.projectlifesaversimcoe.ca

Support Services



We provide free dementia support to anyone impacted by any type of dementia, whether you are a person living with dementia or their family member, friend, or caregiver.

Our Support Services Team are go-to persons for families after a dementia diagnosis and can help with identifying needs, navigating services and assisting with care planning throughout the dementia journey.

Our Supportive Counselling and Navigation services are offered over the phone, by email, video conference and in-person visits by appointment. In-person visits may be conducted at our Barrie & Orillia office locations or in a person's home.

Supportive Counselling

Our team of Family Support Coordinators provide safe, confidential counselling where you can talk about your experience, gain insight and practical coping strategies to help cope. Staff can help you plan for the future and get connected to other local services.

First Link® Care Navigation

Get the assistance you need connecting to various dementia support and services. Our highly experienced First Link Care Navigator can help get you started, create a support plan and link you with dementia supports in the community.



To access our supportive counselling or navigation services, please contact our office at 705-722-1066 to begin the intake process.



Support Services

Enhancing Care for Ontario Care Partners Program

Delivered in partnership with the Sinai Health System Reitman Centre.

The Enhancing Care (EC) Program consists of clinical services and group programs designed to help care partners manage the day-to-day care of the person living with dementia, reduce emotional stress and burden, and improve their ability to cope with the demands of caregiving.

The Alzheimer Society of Simcoe County offers the following Enhancing Care Program group programs. **For upcoming dates and information, please contact the Enhancing Care Clinician at 705-722-1066.**

CARERS (*CARERS - Coaching, Advocacy, Respite, Education, Relationship, Simulation*)

CARERS is an eight-week program for family caregivers of people living with early and mid-stage dementia in the community. CARERS:

- Focuses on practical skills and emotional supports needed to care for people with living with dementia
- Teaches problem solving techniques, a structured approach to address problems
- Coaches care partners in communication skills through the use of simulation
- Provides strategies for keeping a meaningful relationship with the person living with dementia
- Is an evidence-based program developed by the Reitman Centre, Sinai Health System in Toronto



TEACH (*TEACH — Training, Education and Assistance for Caregiving at Home*)

The TEACH program is a four-week program for care partners of persons living with dementia. It is an innovative therapeutic group intervention aimed at providing education and enhancing coping skills of care partners.

Support Services

Care Partner Support Groups—In-Person

These groups are for care partners of persons with dementia in early, middle and late stages, regardless of their living arrangements.

In-person groups are time-limited and run for a period of 3 months. Registration is required.

Location	Day	Dates	Time	To Register Contact:
Alliston St. John's United Church 56 Victoria St.	3rd Monday	April 18 May 16 June 20	10:00— 11:30 a.m.	Taryl Bougie 705-722-1066 ex.226
Barrie 20 Anne Street South	3rd Tuesdays	April 19 May 17 June 21	10:00— 11:30 a.m.	Heidi Haupt 705-722-1066 ex.227
Bradford Bradford United Church 66 Barrie St.	3rd Tuesdays	April 19 May 17 June 21	10:00— 11:30 a.m.	Sanju Hirji 705-722-1066 ex. 257
Orillia Side entrance of Leacock Care Centre 25 Museum Dr.	3rd Thursdays	April 21 May 19 June 16	7:00— 8:30 p.m.	Susan Nagy 705-329-0909 Ex. 3803
Orillia Side entrance of Leacock Care Centre 25 Museum Drive	1st Wednesday	April 6 May 4 June 1	1:00— 2:30 p.m.	Susan Nagy 705-329-0909 Ex. 3803
Penetang First Presbyterian Church 20 Robert St. E.	Last Wednesday	April 27 May 25 June 29	1:00— 2:30 p.m.	Meredith Joy 705-715-8625 (direct line)
Wasaga Beach WB United Church 380 Zoo Park Rd.	1st Wednesday	April 6 May 4 June 1	10:00— 11:30 a.m.	Dana Bessette, 705-722-1066 ex. 225

Support Services

Care Partner Support Groups—Online

These groups are for care partners of persons with dementia in early, middle and late stages, regardless of their living arrangements.

Online groups will run continuously, however registration is required.

Once registered, you will receive the Video Conferencing (Zoom) link to participate in the meeting.

Location	Day	Dates	Time	To Register Contact:
	1st Tuesday	April 5 May 10 June 7	7:00— 8:00 p.m.	Heidi Haupt 705-722-1066 ex. 227
	2nd Wednesday	April 13 May 11 June 8	10:00— 11:30 a.m.	Meredith Joy 705-715-8625 (direct line)
	4th Wednesday	April 27 May 25 June 22	1:00— 2:30 p.m.	Dana Bessette, 705-722-1066 ex. 225

Care Partner support groups are designed to provide informal education and support to family / friend care partners. Support Groups provide an opportunity for care partners to meet and get to know others who are going through similar experiences, talk about their personal experience, and learn and share coping strategies.



Social/Recreation Programs

Minds in Motion®

Minds in Motion® is an 8-week program that incorporates gentle & easy-to-follow physical activity with fun & social cognitive stimulation activities for people with early to mid-stage dementia, and their care partners.

COST: \$20 per person

To register, please contact Leigh Ann Febrey, Minds in Motion Coordinator, 705-795-6259 (direct line)

Format	Location	Day	Date	Time
In-person	Orillia Rotary Place 100 University Ave.	Thursday	May 5—June 30 (no pgm June 2)	1:30—3:30 pm
In-person	Barrie Parkview Senior Centre 189 Blake Street	Monday	May 30—July 18	9:15—11:15 a.m.
In-person	Innisfil Knock Community Hall 7756 10 Sideroad	Monday	May 30—July 18	1:30—3:30 p.m.
In-person	Barrie Allandale Senior Centre 190 Bayview Dr	Tuesday	May 31—July 19	1:30—3:30 p.m.



"Minds in Motion has been the best thing for me and my husband. He really enjoyed the group and we have signed up for more sessions!"

Social/Recreation Programs

Minds in Motion® - ONLINE

For people interested in attending a group program online, we have broken the components of the Minds in Motion program into different online options.


To register, please contact Leigh Ann Febrey, Minds in Motion Coordinator, 705-795-6259 (direct line)

Format	Activity	Day	Date	Time
Online	Cognitive Games	Tuesday	March 29— May 17	2:00— 3:00 p.m.
Online	Cognitive Games	Thursday	Mar. 31—May 19 June 2—July 21	10:30— 11:30 a.m.
Online	Cognitive Games	Wednesday	June 1—July 20	2:00—3:00 p.m.
Online	Exercises	Wed. Ongoing	Every Wednesday	10:00— 11:00 a.m.

Good Day Café

The Good Day Café is a social program for people living with dementia and their care partners. Typically held in local venues and coffee shops, cafés provide an opportunity for you to chat with other people, exchange information and experiences and have some fun over a cup of coffee and/or something to eat in a supportive and welcoming environment.

To register, please contact Leigh Ann Febrey, Minds in Motion Coordinator, 705-795-6259 (direct line)

Format	Location	Day	Date	Time
Online		Friday	Weekly	10:00—11:00 a.m.

Social/Recreation Programs

Musical Memories

We are pleased to be partnering with Music Therapy Services of Simcoe County to provide online music sessions for people living with dementia and their care partners. The 6-week sessions are facilitated by a Music Therapist over Zoom.



Location	Format	Day	Date	Time	To Register Contact
Online		Wednesday	June 22, 29 July 6, 13, 20, 27	3:30—4:30 p.m.	Taryl Bougie 705-722-1066 ext. 226

"This is such a great program! It is the highlight of my Mother's week... she loves to sing...I believe this was our 4th or 5th session...thoroughly enjoy this time with my Mom, she is happiest when singing."



"We love this program. My husband looks forward to the music and the interactions. It's wonderful how the program is personalized for each participant!"

Alzheimer Society **music project**

The Music Project provides a FREE music player and personalized music to individuals living with dementia to help improve their quality of life. The music package includes: a Sandisk device, over the ear headphones, a personalized music playlist and on-going technical support. If you or someone you know would benefit from the Music Project, please call 705-722-1066 or fill out an online registration form at

www.musicproject.ca/register

Social/Recreation Programs

Activity Kits

Free activity kits and items are available from the Alzheimer Society for a range of abilities and interests. The items provided are meant to tap into a person's **physical, cognitive, social, emotional and spiritual functioning in order to enhance a persons quality of life.** Items range from a variety of sizes of easy-handling puzzles, crafting supplies/art kits, board games and birdhouses. There is something for everyone!

To find out more and/or to order your kit, please contact Taryl Bougie at 705-722-1066 ext. 226 or taryl.bougie@alzheimersociety.ca

Creative Connections

A 6 week art program for people living with early stage dementia and their care partners. Art supplies will be delivered to registered participants ahead of the first class.



For upcoming dates & information please contact Taryl Bougie at 705-722-1066 ext. 226

"We really enjoyed the facilitator's positive energy each week. Watching everyone's connections through art was very rewarding. The positive impact this class made extended beyond the hour class."



Volunteering

Raise your hand to volunteer at the Alzheimer Society. We help you to give back to your community. Whether you have a short time or have more time to help at our IG Wealth Management Walk for Alzheimer's, or want to deliver Activity Kits, raise your hand, get involved, and give back.

For more information call our office or visit:

<http://www.alzheimer.ca/en/simcoecounty/Get-Involved/Volunteering> to find out more!



National Volunteer Week is April 24-29, 2022!



Thank you volunteers, for your amazing commitment and dedication in partnering with us to meet the needs of persons living with dementia and their care partners in Simcoe County.

Quite simply, we could not do it without you!

Events



Will you register to walk 10,500 steps for the 10,500 people living with dementia in Simcoe County?

There are 10,500 people living with dementia in Simcoe County. For every person with a diagnosis of dementia, it is estimated that 2 more people are directly impacted either as a care partner, as a family member or as a friend. That means that over 30,000 people in our region are dealing with Alzheimer's or other forms of dementia and this estimation is low.

People across Simcoe County are walking during the month of May to support the programs that you're reading about here and / or have been enjoying year round. You can participate by walking with us on May 29th! Here's a [LINK](#) to our registration page where you can register yourself or a team, OR sponsor a team or an individual and read about who they are walking for.

We hope you will join us on May 29th when we will come together at Simcoe County Museum. We can walk together for the first time since May 2019 and celebrate everyone who walked during the month of May! It will be a fun-filled, family friendly event featuring local entertainment, food, vendors and more. We hope to see you there!

And there's more! We will be holding an online auction that will launch on Sunday, May 22nd and close at midnight on Sunday June 5th. Visit www.alzheimer.ca/simcoecounty for the latest walk and auction updates.

All funds raised will support the critical programs and services offered by ASSC to people living with dementia and their families and care partners.



Donations

Making a donation to the Alzheimer Society of Simcoe County is investing in the health and well-being of the growing seniors community in Simcoe County. We depend on the generosity of our donors for more than 40 per cent of our annual budget and your gift helps us to continue to provide and grow services and support to those living with dementia **here in our community.**

Memorial donations

Honour the passing of a loved one or friend by making a donation in their memory. Donations can be made through a funeral home or directly to the Alzheimer Society of Simcoe County. The Society will send a note to the family informing them that a donation has been made by you in memory of their family member.

In Honour (Tribute) donations

Donations can be made in honour of a birthday, wedding anniversary, retirement or any special occasion. A note will be sent to the individual informing them that a donation has been made in their honour.

Legacy Donations

Individuals like you are our main source of funding for services to families living in Simcoe County. There are many different ways to make a charitable gift. We can help you plan a contribution that meets your financial and personal needs. You may choose to make a gift during your lifetime or through your estate, or create a named fund with family and friends in honour of a person living with dementia. The Alzheimer Society of Simcoe County understands that estate and gift planning is a strictly confidential matter. Please be assured your inquiry will be handled in a manner that respects your privacy. Just as you've supported the Alzheimer Society of Simcoe County throughout your lifetime, you can include a provision for us in your Will. Your gift will continue your support of our mission to find a cure for Alzheimer's disease and other dementias, and support those living with this devastating

Donations

General donations can be a one-time event or part of your monthly giving plan. Donations can be made:

- ⇒ **Online** alzheimersocietysimcoecounty.com to donate today
- ⇒ **By Telephone** with a credit card. Please call 705-722-1066 or 1-800-265-5391
- ⇒ **By Mail** (make cheques payable to the Alzheimer Society of Simcoe County)
20 Anne St. South, P.O. Box 1414, Barrie, ON L4M 5R4
- ⇒ **In Person** (during regular office hours)
20 Anne St. South, Barrie, On L4N 2C6



Location & Contact Information



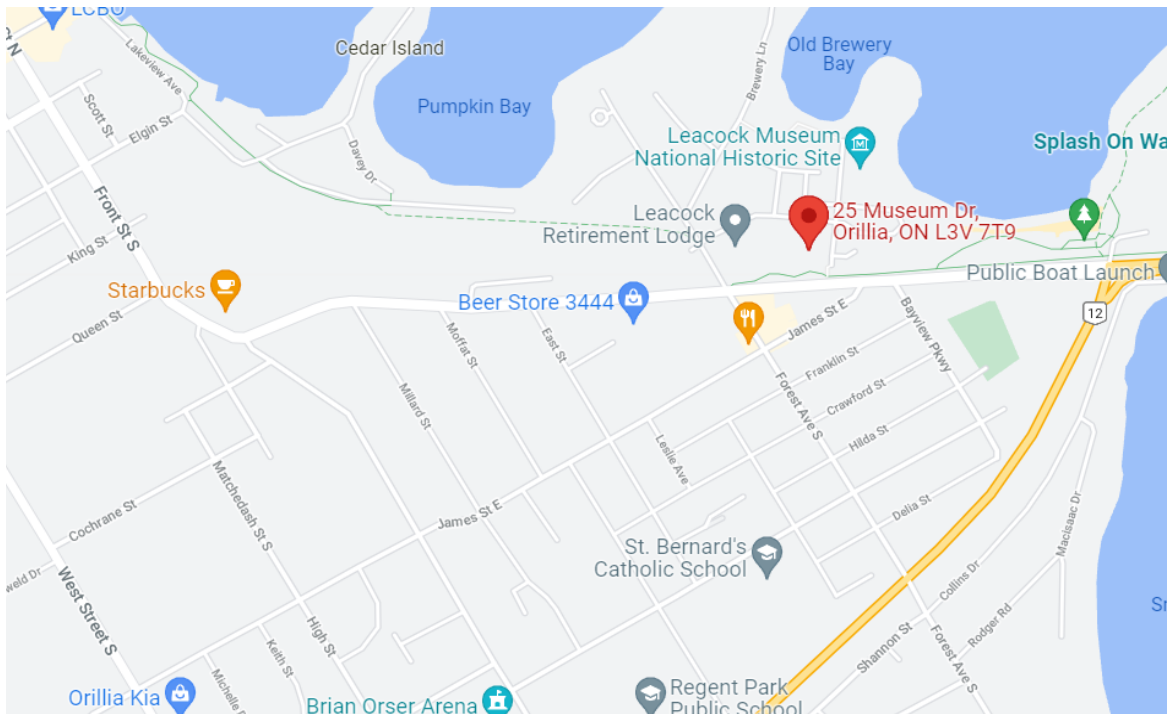
Alzheimer Society of Simcoe County Main Office—Barrie

20 Anne Street South, Barrie, ON L4N 2C6
P.O. Box 1414, Barrie, ON L4M 5R4

705-722-1066
1-800-265-5391

www.alzheimer.ca/Simcoecounty
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Location & Contact Information



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