

# *Programs & Services Guide*

J U L Y - S E P T E M B E R 2 0 2 2



E D U C A T I O N , S O C I A L R E C R E A T I O N A N D  
S U P P O R T P R O G R A M S  
F O R P E O P L E L I V I N G W I T H D E M E N T I A  
A N D T H E I R C A R E P A R T N E R S

# Alzheimer Society

S I M C O E C O U N T Y

welcome

The staff and volunteers at the Alzheimer Society are committed to providing the highest quality programs and services that will help people living with dementia and their care partners live well and thrive in their community.

Our programs and services are available to people of any age who are:

- living with a progressive dementia OR
- a care partner supporting a person living with a progressive dementia

We also offer a number of awareness programs for the general public and health professionals. Please review the information contained in this guide and contact us with any questions.

## Contact Us

**BY PHONE:** 705-722-1066 or 1-800-265-5391  
**BY MAIL:** P.O. Box 1414, Barrie, ON L4M 5R4  
**BY EMAIL:** [simcoecounty@alzheimersociety.ca](mailto:simcoecounty@alzheimersociety.ca)  
**WEB:** [www.alzheimersociety.ca/simcoecounty](http://www.alzheimersociety.ca/simcoecounty)

**IN PERSON:** **20 Anne Street South, Barrie \* Summer Hours\***  
Monday—Thursday 8:30 a.m.—12:00 p.m. 1:00—4:30 p.m.  
Friday 8:30—2:30 p.m.

**25 Museum Drive (side entrance), Orillia**  
Thursdays only  
1:00—4:30 p.m. (or by appointment)

 [AlzheimerSocietySimcoeCounty](https://www.facebook.com/AlzheimerSocietySimcoeCounty)  [@alzheimersimcoe](https://www.instagram.com/alzheimersimcoe)  [@alzsimcoecounty](https://twitter.com/alzsimcoecounty)



The Alzheimer Society of Simcoe County celebrates diversity and strives to provide equitable and inclusive services to persons of all abilities, religions, cultures, sexual orientation or gender identity.

Charitable Number: 11921 2116 RR0001

## Program Information

All of our programs require registration in order to ensure we are fully prepared with sufficient supplies and adequate space for everyone to safely and comfortably attend. Registration information will be listed with each program. Many programs and services are free. Fees are clearly noted where they are applicable.

We know that the best laid plans can go awry. **If you have registered for a program**, but are no longer able to attend, please contact the office to let us know that you will not be participating. Often there are waitlists for programs so you will be freeing up a space for another person to get the information they need! Thank you!



## Program Cancellations

There are times when we have to cancel a program due to weather, facilitator illness, low registration or unforeseen circumstances. The Alzheimer Society will make every effort to cancel a program in a timely manner.

When inclement weather is in the forecast, consideration is given to weather warnings, bus cancellations and projected deterioration of conditions. For day of program cancellations, registered program participants will be notified by phone.

Cancellation notices will also be placed on social media and sent to news outlets. The safety of our clients and staff is a top concern so it is never our expectation for you to drive in poor weather. Please use your discretion.



**24/7  
DEMENTIA  
ADVICE AND  
SUPPORT**

**CALL  
1-866-797-0000**

After-hours support for  
persons with dementia  
and their caregivers.

# EDUCATION PROGRAMS for Persons Living with Dementia

## First Steps

This 4-week introductory program is for persons living with dementia and their care partners and serves as an opportunity to learn more about symptoms, strategies and planning ahead.

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesdays	July 5, 12, 19, 26	1:00— 3:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

## Taking Control of Our Lives

This 8-week program focuses on empowering and supporting people living with dementia to develop/strengthen and put into practice the necessary knowledge, skills and attitudes needed in order to live well with dementia. Topics covered include: finding meaning, communication, decision-making, emotional wellness & adapting to change.

Format	Location	Day	Date	Time	To Register Contact:
In-person	<b>Barrie</b> 20 Anne St. South	Tuesdays	September 6, 13, 20, 27 October 4, 11, 18, 25	1:00— 3:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

### What's it like to live with dementia?

*"I just keep going on. I don't hide my diagnosis; I share with people what I am living with. It's just that the wires are crossed so I might do things differently. I like to be involved and participate in making decisions but it is easier for me to keep up with what is going on if it is slowed down. Then I can more easily participate."*

- Lynn

# EDUCATION PROGRAMS

## For Care Partners

### Dementia Series

Over the course of the summer, we will be discussing specific diseases that cause dementia symptoms, as well as, ways to support a person living with a dementia diagnosis. You can attend all or just the topic you are most interested in.

Topic	Location	Day	Date	Time	To Register Contact:
<b>What is Alzheimer's Disease</b>		Wednesday	July 6	1:00—2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229
<b>What is Vascular Dementia?</b>		Wednesday	July 13	1:00—2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229
<b>What is Lewy Body Dementia?</b>		Wednesday	July 20	1:00—2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229
<b>What is Fronto-Temporal Dementia?</b>		Wednesday	July 27	1:00—2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229
<b>What is Young Onset Dementia?</b>		Wednesday	August 10	1:00—2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229
<b>Supporting Communication</b>		Wednesday	August 17	1:00—2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229
<b>Responding to Behaviours</b>		Wednesday	August 24	1:00—2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229
<b>Meaningful Activities</b>		Wednesday	August 31	1:00—2:30 p.m.	Maryse Raymond 705-722-1066 ext. 229

# EDUCATION PROGRAMS

## For Care Partners

### Care Essentials

Care Essentials is a 2-week series that covers issues commonly faced by care partners supporting someone in the middle stages of dementia. Topics that are reviewed include:

- Strategies to Enhance Communication
- Understanding & Responding to Behaviours

Format	Location	Day	Date	Time	To Register Contact:
In-person	<b>Barrie</b> 20 Anne St. S	Wednesday	August 10 & 17	10:00 a.m.— 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

### Care Essentials—On Demand

Care Essentials On Demand is a 4-part video series that contains all information and key points from the Care Essentials program. Participants will receive an email link to videos that they can watch when convenient.

Participants are encouraged to participate in one of several monthly meetings that have been scheduled to discuss the content of the videos, ask questions and/or connect with other care partners.

Format	Location	Videos 1 & 2 Discussion Groups	Videos 3 & 4 Discussion Groups	Time	To Register Contact:
Online		Wed. Sept. 14	Wed. Sept. 28	7:00—8:00 p.m.	Maryse Raymond 705-722-1066 ext. 229



# EDUCATION PROGRAMS For Care Partners

## Navigating the Long Term Care Journey

This session for care partners will explore how to access long term care (LTC), what the application process is and what are some things to consider when looking into LTC options. We will be joined by a guest speaker from Home & Community Care Support Services.

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesday	July 12	11:00 a.m.— 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

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## Ambiguous Loss & Grief

The issue of loss and grief is one of the most significant underlying issues that care partners experience when supporting people living with dementia. This workshop is designed to help care partners identify and work through the losses and grieving that occurs in different ways at all stages in the dementia caregiving journey.

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesday	August 16	1:00—3:00 p.m.	Maryse Raymond 705-722-1066 ext. 229



*“The word ‘ambiguous’ helped me understand what was going on. I’m still married to my wife. I love her, but I don’t live with her. I’ve always been crazy about her and still am. She’s looked after, but it is a huge loss for me. The ambiguity is exactly how I feel.”*

# EDUCATION PROGRAMS

## For Care Partners

### **Care in the Later Stages**

This 3-part series is for care partners of a person living with dementia. In this series, you will learn more about what to expect at the end stage of dementia such as physical changes and decision making at end of life.

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesday	August 9, 16, 23	10:00 a.m.— 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

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### **U-First! For Care Partners**

This 3 session program is for care partners who are providing direct support to someone experiencing behaviour changes as a result of dementia.

This program is designed to help you to:

- Enhance well-being
- Reduce responsive behaviours by using the U-First!® framework
- Improve collaboration among all team members through a common knowledge, language and approach to care.

Format	Location	Day	Date	Time	To Register Contact:
Online		Thursday	July 7, 14, 21	10:00 a.m.— 12:00 p.m.	Maryse Raymond 705-722-1066 ext. 229



# EDUCATION PROGRAMS

## For Care Partners

### **8 A's Series**

There are common symptoms of dementia that people may experience, regardless of their actual diagnosis. In this weekly series we will take an in-depth look at each “A” (symptom) to understand the change better and discuss strategies that can be utilized to help support someone with that symptom. Come join us to learn more about Amnesia (memory loss); Aphasia (communication changes); Apraxia (loss of purposeful movement); Agnosia (difficulty recognizing familiar things); Agnosognosia (loss of insight); Apathy (loss of initiative);

Format	Location	Day	Date	Time	To Register Contact:
Online		Wednesdays	Sept. 14— October 5	6:30—8:00 p.m.	Maryse Raymond 705-722-1066 ext. 229

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### **Dementia & Driving**

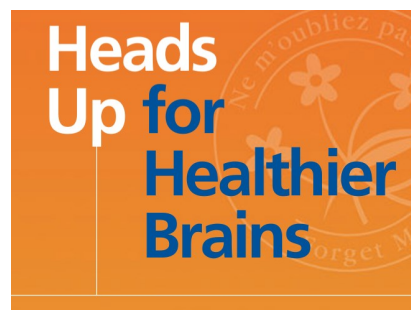
Learn about how dementia impacts driving and the importance of planning for driving cessation.

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesday	July 26	10:00—11:00 am	Maryse Raymond 705-722-1066 ext. 229

# EDUCATION PROGRAMS for the General Public

## Heads Up! for Healthier Brains

This is a 4-week series that provides information on keeping your brain healthy and reducing the risk of dementia. It includes information about dementia vs. normal aging, provides memory strategies and looks at the importance of proper nutrition, exercise, stress management and social engagement for reducing the risk of dementia.



\*Held in partnership with the Elmvale Public Library.

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesday	Sept. 13— Oct. 4	6:00—8:00 p.m.	Maryse Raymond 705-722-1066 ext. 229



*It's never too soon, or too late to make the lifestyle changes necessary to help improve your brain health, changes that may also help to reduce your risk for Alzheimer's disease or other dementias.*

## Fraud Awareness for Seniors

Come to learn about current scams and how seniors can avoid becoming victims.

Guest Speaker: Tom Chell, OPP

Format	Location	Day	Date	Time	To Register Contact:
Online		Tuesday	July 19	10:00— 11:00 a.m.	Maryse Raymond 705-722-1066 ext. 229

# Technical Support

## ACCESSING OUR ONLINE PROGRAMS AND SERVICES

The online platform we use for all our Education, Support and Social Recreation programs is called Zoom. Zoom is an application that allows users to make free video calls with individuals or groups of people.

All that is required to use Zoom is:

- a laptop, tablet or smartphone,
- a connection to the internet, and
- an email address



Once you register for a program, a staff member will send you an email with a link to the session. When it is time for the program to begin, click the link and the session will open up.

We know it can be overwhelming to try something new and perhaps out of your comfort zone. That's why our staff team will help walk you through this process by sharing tip sheets and providing 1:1 support to help you get started!

We have taken safeguards to protect these sessions for registered participants only. Please contact our staff team if you have any questions.

# Living Safely in the Community



Learn more about how to live safely while being active in your community. The **Finding Your Way®** program provides information about why people with dementia get lost or go missing, how the risk of missing incidents can be reduced, and what to do if someone does go missing. Review the Finding Your Way® *Living Safely with Dementia Resource Guide*, available in hard copies from our office or online. Free on-line courses also available.

[www.findingyourwayontario.ca](http://www.findingyourwayontario.ca)

[www.medicalert.ca/safelyhome](http://www.medicalert.ca/safelyhome)

The **MedicAlert®** program is a nationwide program that provides emergency and critical health information for registered participants who wear a specially engraved identification bracelet. An emergency 24 hour hotline is staffed by medically trained specialists who communicate with police and emergency responders. An annual fee applies.

South Simcoe Police:  
[www.vulnerablepersonsregister.ca](http://www.vulnerablepersonsregister.ca)

Barrie Police:  
[www.barriepolice.ca/vulnerable-person-registry-vpr](http://www.barriepolice.ca/vulnerable-person-registry-vpr)

**Vulnerable Persons Registries** are voluntary registries that provide police with up-to-date emergency contact information, detailed physical descriptions, known routines and any special needs of the registered individual. This information is only available to police in an emergency. Several local police forces maintain their own lists.

Collingwood OPP:  
Call 705-445-4321

Orillia OPP:  
Call 705-326-3536

**Project LifeSaver® Simcoe** is a program that uses FM radio signals to locate missing individuals. Currently this program is available within the City of Barrie and the South Simcoe region. A start-up and annual fee applies.



[www.projectlifesaversimcoe.ca](http://www.projectlifesaversimcoe.ca)

# Support Services



We provide free dementia support to anyone impacted by any type of dementia, whether you are a person living with dementia or their family member, friend, or caregiver.

Our Support Services Team are go-to persons for families after a dementia diagnosis and can help with identifying needs, navigating services and assisting with care planning throughout the dementia journey.

Our Supportive Counselling and Navigation services are offered over the phone, by email, video conference and in-person visits by appointment. In-person visits may be conducted at our Barrie & Orillia office locations or in a person's home.

## Supportive Counselling

Our team of Family Support Coordinators provide safe, confidential counselling where you can talk about your experience, gain insight and practical coping strategies to help you manage circumstances and build resiliency. Staff can help you plan for the future and get connected to other local services.

## First Link<sup>®</sup> Care Navigation

Get the assistance you need connecting to various dementia support and services. Our highly experienced First Link Care Navigator can help get you started, create a support plan and link you with dementia supports in the community.



To access our supportive counselling or navigation services, please contact our office at 705-722-1066 to begin the intake process.



# Support Services

## **Enhancing Care for Ontario Care Partners Program**

**Delivered in partnership with the Sinai Health System Reitman Centre.**

The Enhancing Care (EC) Program consists of clinical services and group programs designed to help care partners manage the day-to-day care of the person living with dementia, reduce emotional stress and burden, and improve their ability to cope with the demands of caregiving.

The Alzheimer Society of Simcoe County offers the following Enhancing Care group programs. **For upcoming dates and information, please contact our Enhancing Care Clinician at 705-722-1066**

### **CARERS** (*CARERS - Coaching, Advocacy, Respite, Education, Relationship, Simulation*)

CARERS is an eight-week program for family caregivers of people living with early and mid-stage dementia in the community. CARERS:

- Focuses on practical skills and emotional supports needed to care for people with living with dementia
- Teaches problem solving techniques, a structured approach to address problems
- Coaches care partners in communication skills through the use of simulation
- Provides strategies for keeping a meaningful relationship with the person living with dementia
- Is an evidence-based program developed by the Reitman Centre, Sinai Health System in Toronto



### **TEACH** (*TEACH — Training, Education and Assistance for Caregiving at Home*)

The TEACH program is a four-week program for care partners of persons living with dementia. It is an innovative therapeutic group intervention aimed at providing education and enhancing coping skills of care partners.

# Support Services

## Care Partner Support Groups—In-Person

These groups are for care partners of persons with dementia in early, middle and late stages, regardless of their living arrangements.

**In-person groups are time-limited and run for a period of 3 months. Registration is required.**

Location	Day	Dates	Time	To Register Contact:
<b>Alliston</b> St. John's United Church 56 Victoria St.	3rd Monday	July 18 August 15 Sept. 18	10:00— 11:30 a.m.	Alzheimer Society office 705-722- 1066
<b>Barrie</b> 20 Anne Street South	3rd Tuesdays	July 19 August 16 Sept. 19	10:00— 11:30 a.m.	Heidi Haupt 705-722-1066 ex.227
<b>Orillia</b> Side entrance of Leacock Care Centre 25 Museum Dr.	3rd Thursdays	July 21 August 18 Sept. 15	7:00— 8:30 p.m.	Susan Nagy 705-329-0909 Ex. 3803
<b>Orillia</b> Side entrance of Leacock Care Centre 25 Museum Drive	1st Wednesday	July 6 August 3 Sept. 7	1:00— 2:30 p.m.	Susan Nagy 705-329-0909 Ex. 3803
<b>Penetang</b> First Presbyterian Church 20 Robert St. E.	Last Wednesday	July 27 August 31 Sept. 28	1:00— 2:30 p.m.	Meredith Joy 705-715-8625 (direct line)
<b>Wasaga Beach</b> WB United Church 380 Zoo Park Rd.	1st Wednesday	July 6 August 3 Sept. 7	10:00— 11:30 a.m.	Dana Bessette, 705-722-1066 ex. 225



# Support Services

## **Care Partner Support Groups—Online**

These groups are for care partners of persons with dementia in early, middle and late stages, regardless of their living arrangements.

**Online groups will run continuously, however registration is required.**

Once registered, you will receive the Video Conferencing (Zoom) link to participate in the meeting.

Location	Day	Dates	Time	To Register Contact:
	1st Tuesday	July 5 August 2 Sept. 6	7:00— 8:00 p.m.	Heidi Haupt 705-722-1066 ex. 227
	2nd Wednesday	July 13 August 10 Sept. 14	10:00— 11:30 a.m.	Meredith Joy 705-715-8625 (direct line)
	4th Wednesday	July 27 August 24 Sept. 28	1:00— 2:30 p.m.	Dana Bessette, 705-722-1066 ex. 225

Care Partner support groups are designed to provide informal education and support to family / friend care partners. Support Groups provide an opportunity for care partners to meet and get to know others who are going through similar experiences, talk about their personal experience, and learn and share coping strategies.



# Support Services

**NEW SUPPORT GROUPS  
COMING SOON!**



## **YOUNG ONSET EDUCATION & SUPPORT GROUP**

If a person with dementia develops symptoms between ages 18 and 64, we call it “young onset dementia.”

Most people with young onset dementia are in their 40s, 50s or early 60s. Persons living with young onset dementia may have different issues that are affecting them, like still being in the workforce or raising young families.

## **YOUNG CAREGIVER SUPPORT GROUP**

The people caring for folks with young onset dementia are more likely to be younger, too, and need to access different types of supports than older caregivers do. Young caregivers can range in age from early twenties or teens—or younger.

We are looking to hold two groups this fall, one for folks living with **young onset dementia** and another for **young caregivers**.

If this is something you'd be interested in, please contact our office at 705-722-1066.

# Social/Recreation Programs

## **Minds in Motion®**

Minds in Motion® is an 8-week program that incorporates gentle & easy-to-follow physical activity with fun & social cognitive stimulation activities for people with early to mid-stage dementia, and their care partners.

**COST: \$20 per person**


**To register, please contact Jana Douglas, Minds in Motion Coordinator, 705-795-6259 (direct line)**

Format	Location	Day	Date	Time
In-person	<b>Barrie</b> Parkview Senior Centre 189 Blake Street	Monday	August 29— September 26 *5 week program, adjusted fee	9:15— 11:15 a.m.
In-person	<b>Barrie</b> Allandale 55+ Centre 190 Bayview Dr, Barrie	Tuesday	August 30— September 27 *5 week program, adjusted fee	1:30—3:30 p.m.
In-person	<b>Wasaga Beach</b> Wasaga Beach United Church 380 Zoo Park Rd	Thursdays	September 1— October 20	1:30—3:30 p.m.

## **Minds in Motion® - Cognitive Games Groups**

This group for persons living with dementia and their care partners challenges participants with a variety of different weekly programs that include, trivia, travelogues, word game, etc, - all designed to stimulate discussion.

**Sessions are held over Zoom. Please contact Jana Douglas, Minds in Motion Coordinator, at 705-795-6259 to register.**

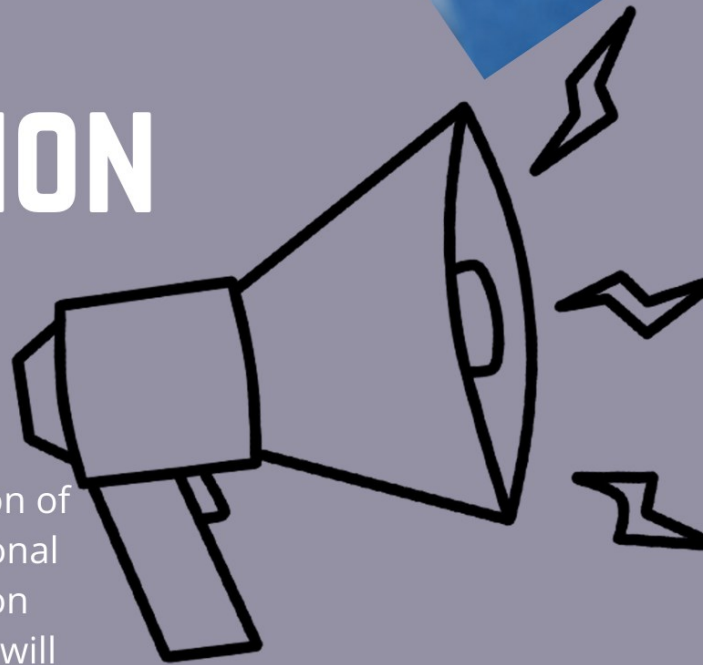
Format	Location	Day	Date	Time
Online		Friday	September 2— September 30	10:00—11:00 a.m.

# Social/Recreation Programs

**NEW PROGRAM!**

## IN HOME RECREATION THERAPY

Consists of weekly visits for a duration of 12 weeks. This program offers personal visits from a Therapeutic Recreation Specialist or trained volunteer, who will facilitate a variety of person-centered recreation and leisure-based activities, in the comfort of your own home.



### PROGRAM ELIGIBILITY

Person must be living in the community and referred to the program from a Family Support Coordinator within the Alzheimer Society of Simcoe County.

If interested, contact your Family Support Coordinator or call to get connected to our support services.  
705-722-1066

for more information visit the link

[HTTPS://ALZHEIMER.CA/SIMCOECOUNTY/EN/HELP-SUPPORT/PROGRAMS-SERVICES/SOCIAL-RECREATIONAL-PROGRAMS/HOME-RECREATION-THERAPY](https://alzheimer.ca/simcoecounty/en/help-support/programs-services/social-recreational-programs/home-recreation-therapy)



# Social/Recreation Programs

## Creative Connections

A 6 week art program for people living with early stage dementia and their care partners. If attending an online session, art supplies will be delivered to registered participants ahead of the first class.



Format	Location	Day	Date	Time	To Register Contact:
Online		Thursdays	July 14— August 18	10:00 a.m.— 12:00 p.m.	Jana Douglas <b>705-795-6259</b>
In-Person	Quest Art School + Gallery 338 King Street, Midland	Tuesdays	Sept. 13— Oct. 18	10:00 a.m.— 12:00 p.m.	Jana Douglas <b>705-795-6259</b>



*We really enjoyed the facilitator's positive energy each week. Watching everyone's connections through art was very rewarding. The positive impact this class made extended beyond the hour class."*

## Alzheimer Society music project

The Music Project provides a FREE music player and personalized music to individuals living with dementia to help improve their quality of life. The music package includes: a Sandisk device, over the ear headphones, a personalized music playlist and on-going technical support. If you or someone you know would benefit from the Music Project, please call 705-722-1066 or fill out an online registration form at

[www.musicproject.ca/register](http://www.musicproject.ca/register)

# Social/Recreation Programs

## Musical Memories

We are pleased to be partnering with Music Therapy Services of Simcoe County to provide online music sessions for people living with dementia and their care partners. The 6-week sessions are facilitated by a Music Therapist over Zoom. The next session will be held in October/November. Please contact Jana Douglas, Minds in Motion Coordinator, at **705-795-6259** to add your name to the interest list.



*"We love this program. My husband looks forward to the music and the interactions. It's wonderful how the program is personalized for each participant!"*

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## Activity Kits

Free activity items are available from the Alzheimer Society for a range of abilities and interests. The items provided are meant to tap into a person's **physical, cognitive, social, emotional and spiritual functioning in order to enhance a persons quality of life.** Items range from a variety of sizes of easy-handling puzzles, crafting supplies/art kits, board games and birdhouses. There is something for everyone!

**To find out more and/or to receive some items, please connect with your staff contact or phone our office for more information at 705-722-1066.**

# Volunteers Needed!

## Raise your hand to volunteer with us.

We help you to give back to your community. Whatever amount of time you have, raise your hand, get involved, and give back.

For more information call our office or visit:  
<http://www.alzheimer.ca/en/simcoecounty/Get-Involved/Volunteering>

**Make a difference!**



**Volunteers help to support our organization in many ways - from volunteering in our programs to fundraising events to joining our Board of Directors. We need volunteers of all backgrounds, skills and interests!**



# Donations

Donating to the Alzheimer Society of Simcoe County is investing in the health and well-being of person's living with dementia in our community. We depend on the generosity of our donors for more than 40 per cent of our annual budget and your gift helps us to accelerate our mission to provide the best care & support to those living with dementia. All donations to the Alzheimer Society of Simcoe County stay in the Simcoe County to provide information, education, support and counselling services to affected individuals and their families and caregivers.

## **Memorial donations**

Honour the passing of a loved one or friend by making a donation in their memory. Donations can be made through a funeral home or directly to the Alzheimer Society of Simcoe County. The Society will send a note to the family informing them that a donation has been made by you in memory of their family member.

## **In Honour (Tribute) donations**

Donations can be made in honour of a birthday, wedding anniversary, retirement or any special occasion. A note will be sent to the individual informing them that a donation has been made in their honour.

## **Legacy Donations**

The most common type of legacy gift is a charitable bequest in a person's Will. However, Canadians are realizing the benefits of giving gifts of registered assets, life insurance policies, annuities, and charitable remainder trusts. We can have a conversation with you and your advisers to determine if a legacy gift fits your desires, financial objectives, family needs, tax situation and our funding objectives. All discussions are confidential and will not obligate you to make a gift.

*The Alzheimer Society of Simcoe County strongly recommends that you seek professional advice to ensure your financial goals are considered, your tax situation reviewed, and your legacy gift is tailored to your circumstances.*

# Donations

**General donations** can be a one-time event or part of your monthly giving plan. Donations can be made:

- ⇒ **Online** [alzheimersocietysimcoecounty.com](http://alzheimersocietysimcoecounty.com) to donate today
- ⇒ **By Telephone** with a credit card. Please call 705-722-1066 or 1-800-265-5391
- ⇒ **By Mail** (make cheques payable to the Alzheimer Society of Simcoe County)  
20 Anne St. South, P.O. Box 1414, Barrie, ON L4M 5R4
- ⇒ **In Person** (during regular office hours)  
20 Anne St. South, Barrie, On L4N 2C6

*Thank You!*

# Location & Contact Information



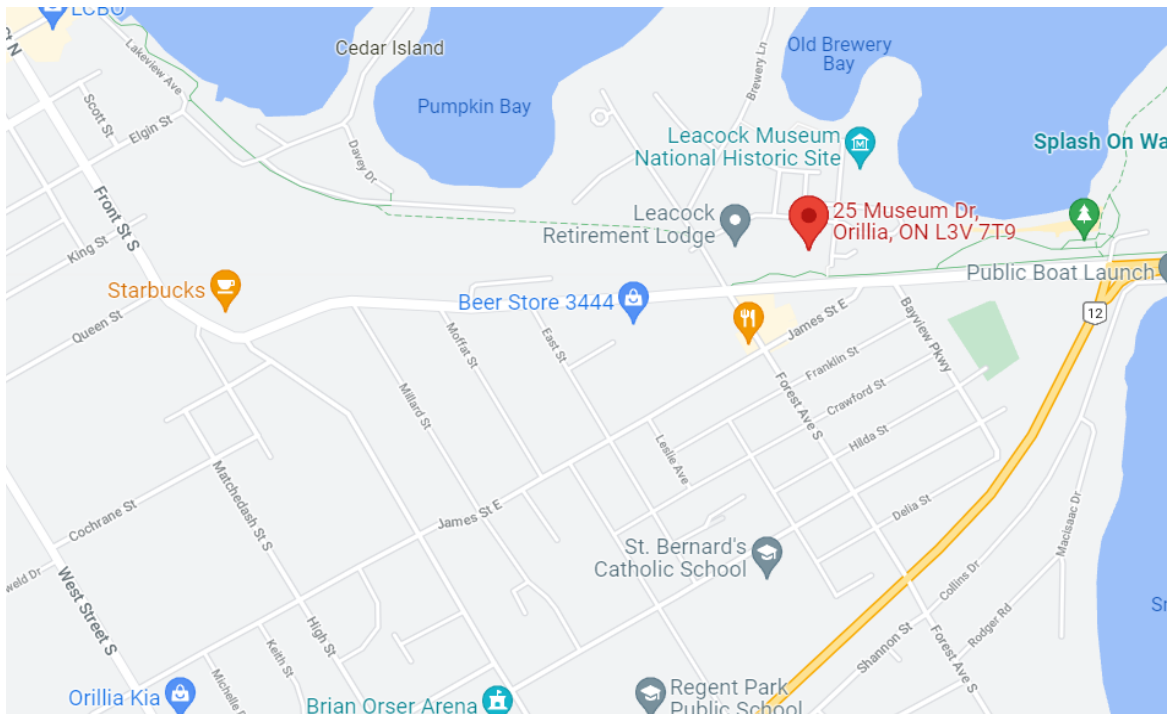
## **Alzheimer Society of Simcoe County Main Office—Barrie**

20 Anne Street South, Barrie, ON L4N 2C6  
P.O. Box 1414, Barrie, ON L4M 5R4

705-722-1066  
1-800-265-5391

[www.alzheimer.ca/Simcoecounty](http://www.alzheimer.ca/Simcoecounty)  
[Simcoecounty@alzheimersociety.ca](mailto:Simcoecounty@alzheimersociety.ca)

# Location & Contact Information



## **Alzheimer Society of Simcoe County Satellite Office—Orillia**

25 Museum Drive, Suite 175  
Orillia, ON L3V 7T9

Open by appointment only.  
705-329-0909

[www.alzheimer.ca/Simcoecounty](http://www.alzheimer.ca/Simcoecounty)  
[Simcoecounty@alzheimersociety.ca](mailto:Simcoecounty@alzheimersociety.ca)