

# *Programs & Services* *Guide*

OCTOBER - DECEMBER 2022



EDUCATION, SOCIAL RECREATION AND  
SUPPORT PROGRAMS  
FOR PEOPLE LIVING WITH DEMENTIA  
AND THEIR CARE PARTNERS

# Alzheimer Society

S I M C O E C O U N T Y

## Welcome

The staff and volunteers at the Alzheimer Society are committed to providing the highest quality programs and services that will help people living with dementia and their care partners live well and thrive in their community.

Our programs and services are available to people of any age who are:

- living with a progressive dementia  
OR
- a care partner supporting a person living with a progressive dementia

We also offer a number of awareness programs for the general public and health professionals. Please review the information contained in this guide and contact us with any questions.

## Contact Us

**BY PHONE:** 705-722-1066 or 1-800-265-5391  
**BY MAIL:** P.O. Box 1414, Barrie, ON L4M 5R4  
**BY EMAIL:** [simcoecounty@alzheimersociety.ca](mailto:simcoecounty@alzheimersociety.ca)  
**WEB:** <https://alzheimer.ca/simcoecounty/en>

**IN PERSON:** **20 Anne Street South, Barrie**  
Monday—Friday 8:30am—4:30pm

**25 Museum Drive (side entrance), Orillia**  
Thursdays only  
1:00—4:30pm (or by appointment)

 [AlzheimerSocietySimcoeCounty](https://www.facebook.com/AlzheimerSocietySimcoeCounty)

 [@alzheimersimcoe](https://www.instagram.com/alzheimersimcoe)

 [@alzsimcoecounty](https://twitter.com/alzsimcoecounty)



The Alzheimer Society of Simcoe County celebrates diversity and strives to provide equitable and inclusive services to persons of all abilities, religions, cultures, sexual orientation or gender identity.

Charitable Number: 11921 2116 RR0001

## Program Information

All of our programs require registration in order to ensure we are fully prepared with sufficient supplies and adequate space for everyone to safely and comfortably attend. Registration information will be listed with each program. Many programs and services are free. Fees are clearly noted where they are applicable.

We know that the best laid plans can go awry. **If you have registered for a program**, but are no longer able to attend, please contact the office to let us know that you will not be participating. Often there are waitlists for programs so you will be freeing up a space for another person to get the information they need! Thank you!



## Program Cancellations

There are times when we have to cancel a program due to weather, facilitator illness, low registration or unforeseen circumstances. The Alzheimer Society will make every effort to cancel a program in a timely manner.

When inclement weather is in the forecast, consideration is given to weather warnings, bus cancellations and projected deterioration of conditions. For day of program cancellations, registered program participants will be notified by phone.

Cancellation notices will also be placed on social media and sent to news outlets. The safety of our clients and staff is a top concern so it is never our expectation for you to drive in poor weather. Please use your discretion.



**24/7  
DEMENTIA  
ADVICE AND  
SUPPORT**


**CALL  
1-866-797-0000**

After-hours support for persons with dementia and their caregivers.

# EDUCATION PROGRAMS for Persons Living with Dementia

## First Steps

This 4-week introductory program is for persons living with dementia and their care partners and serves as an opportunity to learn more about symptoms, strategies and planning ahead.

Format	Location	Day	Date	Time	Contact to Register
In-Person	<b>Barrie</b> 20 Anne St. S	Mondays	October 17- November 7	1—3pm	Maryse Raymond 705-722-1066 ext. 229
Online		Tuesdays	October 4-25	10am— 12pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	<b>Midland</b> 287 Bayshore Dr	Tuesdays	November 8-29	1—3pm	Maryse Raymond 705-722-1066 ext. 229

### **What's it like to live with dementia?**

*“I just keep going on. I don't hide my diagnosis; I share with people what I am living with. It's just that the wires are crossed so I might do things differently. I like to be involved and participate in making decisions but it is easier for me to keep up with what is going on if it is slowed down. Then I can more easily participate.”*

*- Lynn*

# EDUCATION PROGRAMS For Care Partners

## Next Steps

This 2-part series is for care partners covering what is dementia and its symptoms, adapting to changes, assessing & managing risk, planning for the future and creating a circle of support.

Format	Location	Day	Date	Time	Contact to Register
In-Person	<b>Wasaga Beach United Church</b> 380 Zoo Park Rd	Thursdays	October 20 & 27	10am— 12pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	<b>Orillia</b> 25 Museum Dr.	Thursdays	November 17 & 24	2—4pm	Maryse Raymond 705-722-1066 ext. 229
Online		Thursdays	November 17 & 24	9:30— 11:30am	Maryse Raymond 705-722-1066 ext. 229

## Care Essentials

Care Essentials is a 2-week series that covers issues commonly faced by care partners supporting someone in the middle stages of dementia. Topics that are reviewed include:

- Strategies to Enhance Communication
- Understanding & Responding to Behaviours

Format	Location	Day	Date	Time	Contact to Register
In-Person	<b>Orillia</b> 25 Museum Dr.	Thursdays	October 6 & 13	2—4pm	Maryse Raymond 705-722-1066 ext. 229

# EDUCATION PROGRAMS For Care Partners

## Care in the Later Stages

This 3-part series helps care partners provide quality end-of-life care for those living with dementia.

### Topics covered include:


- Preparing for the Later Stage
- Care Strategies—Enhancing Quality of Life
- Taking Care of You

Format	Location	Day	Date	Time	Contact to Register
Online		Wednesdays	November 16-30	1—3pm	Maryse Raymond 705-722-1066 ext. 229

## U-First! For Care Partners

This 3 session program is for care partners who are providing direct support to someone experiencing behaviour changes as a result of dementia. This program is designed to help you to:

- Enhance well-being
- Reduce responsive behaviours by using the U-First!® framework
- Improve collaboration among all team members through a common knowledge, language and approach to care.

Format	Location	Day	Date	Time	Contact to Register
Online		Wednesdays	November 9-23	6—8pm	Maryse Raymond 705-722-1066 ext. 229

# EDUCATION PROGRAMS For Care Partners


## Navigating the Long Term Care Journey

This session for care partners will explore how to apply to long term care, and things to consider when looking into options. Guest speakers from Home & Community Care.

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesday	October 18	7—8pm	Maryse Raymond 705-722-1066 ext. 229

## Dementia & Driving

Join guest speaker, *Wendy Nieuwland*, from Skill Builders to learn about how dementia impacts driving and the importance of planning for driving cessation.

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesday	October 4	6:30—8pm	Maryse Raymond 705-722-1066 ext. 229

## Advance Care Planning

Join us for this session with guest speaker, Melanie Linkletter – Financial Advisor.

Advance Care Planning is a process of reflection and communication. It is a time for you to reflect on your values and wishes, and to let people know what kind of health and personal care you would want in the future if you were unable to speak for yourself.

Format	Location	Day	Date	Time	Contact to Register
In-Person	Penetang 101 Main St	Wednesday	November 9	1—2:30pm	Maryse Raymond 705-722-1066 ext. 229
Online		Tuesday	November 22	6:30—8pm	Maryse Raymond 705-722-1066 ext. 229



# EDUCATION PROGRAMS For Care Partners

## Ambiguous Loss & Grief


The issue of loss and grief is one of the most significant underlying issues that care partners experience when supporting people living with dementia. This workshop is designed to help care partners identify and work through the losses and grieving that occurs in different ways at all stages in the dementia caregiving journey.

Format	Location	Day	Date	Time	Contact to Register
In-Person	<b>Midland</b> 287 Bayshore Dr	Thursday	October 13	10am— 12pm	Maryse Raymond 705-722-1066 ext. 229
Online		Wednesday	November 2	6—8pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	<b>Wasaga Beach United Church</b> 380 Zoo Park Rd	Thursday	November 10	10am— 12pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	<b>Barrie</b> 20 Anne St. S	Monday	November 21	1—3pm	Maryse Raymond 705-722-1066 ext. 229

## Virtual Care for Carers

Through a partnership with Catholic Family Services, this workshop series is designed for care partners who are feeling increased stress and anxiety in their role. This program consists of 4 self-guided and pre-recorded workshops that will be made available online for registrants to watch at their convenience; along with a workbook:

- Caregiver Resiliency
- The Power of Emotion
- Processing Grief and Change
- Self-Care

Format	Location	Day	Date	Time	Contact to Register
Online		Fridays	November 11 & 25	1:30— 2:30pm	Maryse Raymond 705-722-1066 ext. 229



# EDUCATION PROGRAMS For Care Partners

## Dementia Series

This fall, we will be discussing communication tips, how to prepare for the holidays as well as ways to support a person living with a dementia diagnosis . You can attend all or just the topic you are most interested in.

Topic	Location	Day	Date	Time	Contact to Register
Supporting Communication		Thursday	December 1	10— 11:30am	Maryse Raymond 705-722-1066 ext. 229
Meaningful Activities		Thursday	December 8	10— 11:30am	Maryse Raymond 705-722-1066 ext. 229
Preparing for the Holidays		Thursday	December 15	10— 11:30am	Maryse Raymond 705-722-1066 ext. 229

# EDUCATION PROGRAMS for the General Public

## Heads Up! for Healthier Brains

This is a 4-week series that provides information on keeping your brain healthy and reducing the risk of dementia. It includes information about dementia vs. normal aging, memory strategies and looks at the importance of proper nutrition, exercise, stress management and social engagement for reducing the risk of dementia.

**\*Held in partnership with Matthews House**

Format	Location	Day	Date	Time	Contact to Register
In-Person	Alliston 131 Wellington St. E	Fridays	October 7-28	10am— 12pm	Maryse Raymond 705-722-1066 ext. 229

# EDUCATION PROGRAMS for the General Public

## Dementia Overview 101


A presentation that provides general knowledge and awareness of a variety of related dementias, communication tips as well as the services and programs offered at your local Alzheimer Society.

Format	Location	Day	Date	Time	Contact to Register
Online		Monday	October 17	10— 11:30am	Maryse Raymond 705-722-1066 ext. 229

**NOUVEAU**

## Introduction à la Démence (en français)

Une présentation qui fournit de la culture générale et une sensibilisation à une variété de démence, des conseils de communication, ainsi que les programmes et services offerts à votre Société Alzheimer locale.

Format	Location	Day	Date	Time	Contact to Register
En ligne		Mercredi	7 décembre	1—2:30pm	Maryse Raymond 705-722-1066 ext. 229



*It's never too soon, or too late to make the lifestyle changes necessary to help improve your brain health, changes that may also help to reduce your risk for Alzheimer's disease or other dementias.*

# Technical Support

## ACCESSING OUR ONLINE PROGRAMS AND SERVICES

The online platform we use for all our Education, Support and Social Recreation programs is called Zoom. Zoom is an application that allows users to make free video calls with individuals or groups of people.

All that is required to use Zoom is:

- a laptop, tablet or smartphone
- a connection to the internet
- an email address



Once you register for a program, a staff member will send you an email with a link to the session. When it is time for the program to begin, click the link and the session will open up.

We know it can be overwhelming to try something new and perhaps out of your comfort zone. That's why our staff team will help walk you through this process by sharing tip sheets and providing 1:1 support to help you get started!

We have taken safeguards to protect these sessions for registered participants only. Please contact our staff team if you have any questions.

# Living Safely in the Community



Learn more about how to live safely while being active in your community. The **Finding Your Way®** program provides information about why people with dementia get lost or go missing, how the risk of missing incidents can be reduced, and what to do if someone does go missing. Review the Finding Your Way® *Living Safely with Dementia Resource Guide*, available in hard copies from our office or online. Free on-line courses also available.

[www.findingyourwayontario.ca](http://www.findingyourwayontario.ca)

[www.medicalert.ca](http://www.medicalert.ca)

South Simcoe Police:

[www.vulnerablepersonsregister.ca](http://www.vulnerablepersonsregister.ca)

The **MedicAlert®** program is a nationwide program that provides emergency and critical health information for registered participants who wear a specially engraved identification bracelet. An emergency 24 hour hotline is staffed by medically trained specialists who communicate with police and emergency responders. An annual fee applies.

Barrie Police:

<https://www.barriepolice.ca/vulnerable-person-registry-vpr/>

**Vulnerable Persons Registries** are voluntary registries that provide police with up-to-date emergency contact information, detailed physical descriptions, known routines and any special needs of the registered individual. This information is only available to police in an emergency. Several local police forces maintain their own lists.

Collingwood OPP:

Call 705-445-4321

Orillia OPP:

Call 705-326-3536



**Project LifeSaver® Simcoe** is a program that uses FM radio signals to locate missing individuals. Currently this program is available within the City of Barrie and the South Simcoe region. A start-up and annual fee applies.

[www.projectlifesaversimcoe.ca](http://www.projectlifesaversimcoe.ca)

# Support Services



We provide free dementia support to anyone impacted by any type of dementia, whether you are a person living with dementia or their family member, friend, or care partner.

Our Support Services Team are go-to persons for families after a dementia diagnosis and can help with identifying needs, navigating services and assisting with care planning throughout the dementia journey.

Our Supportive Counselling and Navigation services are offered over the phone, by email, video conference and in-person visits by appointment. In-person visits may be conducted at our Barrie & Orillia office locations or in a person's home.

## Supportive Counselling

Our team of Family Support Coordinators provide safe, confidential counselling where you can talk about your experience, gain insight and practical coping strategies to help you manage circumstances and build resiliency. Staff can help you plan for the future and get connected to other local services.

## First Link<sup>®</sup> Care Navigation

Get the assistance you need connecting to various dementia support and services. Our highly experienced First Link Care Navigator can help get you started, create a support plan and link you with dementia supports in the community.



To access our supportive counselling or navigation services, please contact our office at 705-722-1066 to begin the intake process.



# Support Services

## **Enhancing Care for Ontario Care Partners Program**

**Delivered in partnership with the Sinai Health System Reitman Centre.**

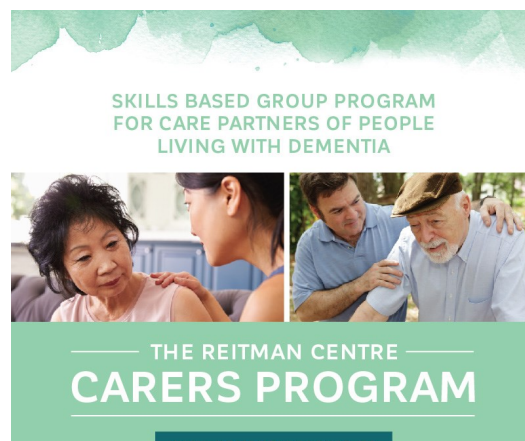
The Enhancing Care (EC) Program consists of clinical services and group programs designed to help care partners manage the day-to-day care of the person living with dementia, reduce emotional stress and burden, and improve their ability to cope with the demands of caregiving.

The Alzheimer Society of Simcoe County offers the following Enhancing Care group programs. **For upcoming dates and information, please contact our Enhancing Care Clinician at 705-722-1066**

### **CARERS** (*CARERS - Coaching, Advocacy, Respite, Education, Relationship, Simulation*)

CARERS is an eight-week program for family care partners of people living with early and mid-stage dementia in the community. CARERS:

- Focuses on practical skills and emotional supports needed to care for people with living with dementia
- Teaches problem solving techniques, a structured approach to address problems
- Coaches care partners in communication skills through the use of simulation
- Provides strategies for keeping a meaningful relationship with the person living with dementia
- Is an evidence-based program developed by the Reitman Centre, Sinai Health System in Toronto



Alzheimer Society  
SIMCOE COUNTY

Sinai Health

Cyril & Dorothy, Joel & Jill  
Reitman Centre for Alzheimer's  
Support and Training

### **TEACH** (*TEACH — Training, Education and Assistance for Caregiving at Home*)

The TEACH program is a four-week program for care partners of persons living with dementia. It is an innovative therapeutic group intervention aimed at providing education and enhancing coping skills of care partners.

# Support Services

## Care Partner Support Groups—In-Person

These groups are for care partners of persons with dementia in early, middle and late stages, regardless of their living arrangements.

**In-person groups are time-limited and run for a period of 3 months.**

**Registration is required.**

Location	Day	Dates	Time	To Register Contact:
<b>Alliston</b> St. John's United Church 56 Victoria St. E	3rd Monday	October 17 November 21 December 19	10—11:30am	Jennifer Houthuyzen 705-722-1066 ext. 223
<b>Barrie</b> Alzheimer Society Office 20 Anne St. S	1st Tuesday	October 4 November 1 December 6	10—11:30am	Heidi Haupt 705-722-1066 ext. 227
<b>Barrie</b> Alzheimer Society Office 20 Anne St. S	3rd Tuesday	October 18 November 15 December 20	10 — 11:30am	Heidi Haupt 705-722-1066 ext. 227
<b>Bradford</b> Bradford United Church Irene Turner Hall 66 Barrie St.	3rd Tuesday	October 18 November 15 December 20	10 — 11:30am	Jennifer Houthuyzen 705-722-1066 ext. 223
<b>Orillia</b> Leacock Care Centre 25 Museum Dr.	3rd Thursday	October 20 November 17 December 15	7—8:30pm	Susan Nagy 705-329-0909 ext. 3803
<b>Orillia</b> Leacock Care Centre 25 Museum Dr.	1st Wednesday	October 5 November 2 December 7	1—2:30pm	Susan Nagy 705-329-0909 ext. 3803
<b>Penetanguishene</b> First Presbyterian Church 20 Robert St. E	Last Wednesday	October 26 November 30	1—2:30pm	Meredith Joy 705-715-8625 (direct line)



# Support Services

## Care Partner Support Groups—Online

These groups are for care partners of persons with dementia in early, middle and late stages, regardless of their living arrangements.

**In-person groups are time-limited and run for a period of 3 months.**

**Registration is required.**

Once registered, you will receive the Video Conferencing (Zoom) link to participate in the meeting.

Location	Day	Dates	Time	To Register Contact:
	1st Tuesday	October 4 November 1 December 6	7—8:30pm	Dana Bessette, 705-722-1066 ext. 225
	2nd Wednesday	October 12 November 9 December 14	10—11:30am	Meredith Joy 705-715-8625 (direct line)
	4th Wednesday	October 26 November 23	1—2:30pm	Dana Bessette, 705-722-1066 ext. 225

Care Partner support groups are designed to provide informal education and support to family / friend care partners. Support Groups provide an opportunity for care partners to meet and get to know others who are going through similar experiences, talk about their personal experience, and learn and share coping strategies.



## NEW SUPPORT GROUPS COMING SOON!



### YOUNG ONSET EDUCATION & SUPPORT GROUP

If a person with dementia develops symptoms between ages 18 and 64, we call it “young onset dementia.”

Most people with young onset dementia are in their 40s, 50s or early 60s. Persons living with young onset dementia may have different issues that are affecting them, like still being in the workforce or raising young families.

### YOUNG CAREGIVER SUPPORT GROUP

The people caring for folks with young onset dementia are more likely to be younger, too, and need to access different types of supports than older caregivers do. Young caregivers can range in age from early twenties or teens—or younger.

We are looking to hold two groups this fall, one for folks living with **young onset dementia** and another for **young caregivers**.

If this is something you'd be interested in, please contact our office at 705-722-1066.

# Social/Recreation Programs

## **Minds in Motion**<sup>®</sup>

Minds in Motion<sup>®</sup> is an 8-week program that incorporates gentle & easy-to-follow physical activity with fun & social cognitive stimulation activities for people with early to mid-stage dementia, and their care partners.

Format	Location	Day	Date	Time	Contact to Register
In-Person	<b>Alliston</b> Gibson Center 63 Tupper St. W	Mondays	November 7— December 19	1–3pm	Jana Douglas 705-795-6259 (direct line)
In-Person	<b>Barrie</b> Parkview Centre 189 Blake St.	Wednesdays	November 2— December 21	12:45— 2:45pm	Jana Douglas 705-795-6259 (direct line)
In-Person	<b>Orillia</b> Recreation Center 255 West St. S	Thursdays	November 3— December 22	9:30— 11:30am	Jana Douglas 705-795-6259 (direct line)
In-Person	<b>Midland</b> Recreation Center 527 Len Self Blvd	Thursdays	November 3— December 22	1:30- 3:30pm	Jana Douglas 705-795-6259 (direct line)

## **Minds in Motion**<sup>®</sup> –Cognitive Games Groups

This group for persons living with dementia and their care partners challenges participants with a variety of different weekly programs that include trivia, travelogues, word games, etc.

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesdays	November 1— 29	2:30— 3:30pm	Jana Douglas 705-795-6259 (direct line)

# Social/Recreation Programs

## Creative Connections

A 6-week art program for people living with early stage dementia and their care partners. If attending an online session, art supplies will be delivered to registered participants ahead of the first class.



Format	Location	Day	Date	Time	Contact to Register
In-Person	<b>Midland</b> Quest Art School + Gallery 333 King St.	Tuesdays	November 1— December 6	10am— 12pm	Jana Douglas 705-795-6259 (direct line)




*“We really enjoyed the facilitator’s positive energy each week. Watching everyone’s connections through art was very rewarding. The positive impact this class made extended beyond the hour class.”*

## Musical Memories

We are pleased to be partnering with Music Therapy Services of Simcoe County to provide online music sessions for people living with dementia and their care partners. The 6-week sessions are facilitated by a Music Therapist over Zoom.



Format	Location	Day	Date	Time	Contact to Register
Online		Wednesdays	November 2— December 7	3:30—4pm	Jana Douglas 705-795-6259 (direct line)



*“We love this program. My husband looks forward to the music and the interactions. It’s wonderful how the program is personalized for each participant!”*

# Social/Recreation Programs

## ACTIVITY KITS

### WHAT



Activity Kits are sent to your home from a staff member at the Alzheimer Society, filled with activities pertaining to the interests of the individual. Something to keep some the mind and body going.

### WHERE



Right in the comfort of your home!! We will carefully hand pick activities based on likes, arrange pick up or drop off and just like that a package full of activities at your fingertips!

### WHEN



Contact any staff member at the Alzheimer Society today - pass along some interests & you will receive a phone call/email that your kit is ready within 2-3 weeks!

### HOW



A staff member will carefully hand pick activities based on the list of interests sent in, place in a bag & arrange pick up or drop off!

### EXAMPLES

- Word Search Books
- Craft Kits
- Puzzles
- (Need to check out what else we have here!!)

### CONTACT

We are located at 20 Anne Street South, Barrie, Ontario L4N 2C6

You can call us at 705-722-1066

Email us at [simcoecounty@alzheimersociety.ca](mailto:simcoecounty@alzheimersociety.ca)

Or

Reach out to your Support Counsellor and let them know you are interested in receiving an Activity Kit





## Social/Recreation Programs

### **Music Project**

The Music Project provides a FREE music player and personalized music to improve their quality of life. The music package includes:

- Sandisk device
- Over-the-ear headphones
- Personalized music playlist
- On-going technical support

**If you or someone you know would benefit from the Music Project, please call our office at 705-722-1066 or fill out an online registration form with the person living with dementia.**

[www.musicproject.ca/apply](http://www.musicproject.ca/apply)

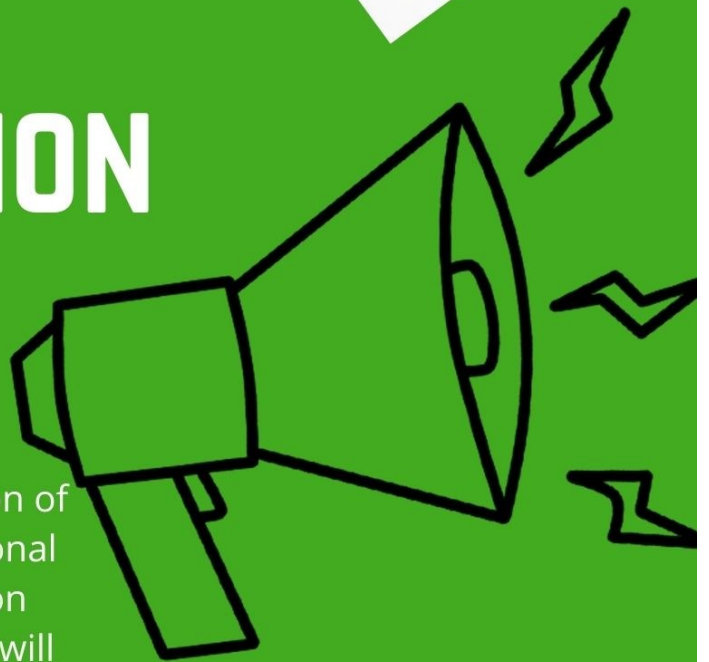


# Social/Recreation Programs

**NEW PROGRAM!**

## IN HOME RECREATION THERAPY

Consists of weekly visits for a duration of 12 weeks. This program offers personal visits from a Therapeutic Recreation Specialist or trained volunteer, who will facilitate a variety of person-centered recreation and leisure-based activities, in the comfort of your own home.



### **PROGRAM ELIGIBILITY**

Person must be living in the community and referred to the program from a Family Support Coordinator within the Alzheimer Society of Simcoe County.

If interested, contact your Family Support Coordinator or call to get connected to our support services.  
705-722-1066

For more information visit the link

[HTTPS://ALZHEIMER.CA/SIMCOECOUNTY/EN/HELP-SUPPORT/PROGRAMS-SERVICES/SOCIAL-RECREATIONAL-PROGRAMS/HOME-RECREATION-THERAPY](https://alzheimer.ca/simcoecounty/en/help-support/programs-services/social-recreational-programs/home-recreation-therapy)





# THANK YOU TO OUR 2022 WFA SPONSORS!!



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☎ (705) 735-3235 X 1200







[tathameng.com](http://tathameng.com)



# Volunteers Needed!

**Raise your hand to volunteer with us.**

We help you to give back to your community. Whatever amount of time you have, raise your hand, get involved, and give back.

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**For more information call our office or visit:**

<http://www.alzheimer.ca/en/simcoecounty/Get-Involved/Volunteering>

**Make a difference!**



**Volunteers help to support our organization in many ways - from volunteering in our programs to fundraising events to joining our Board of Directors. We need volunteers of all backgrounds, skills and interests!**

# Donations

Donating to the Alzheimer Society of Simcoe County is investing in the health and well-being of persons living with dementia in our community. We depend on the generosity of our donors for more than 40 per cent of our annual budget and your gift helps us to accelerate our mission to provide the best care & support to those living with dementia. All donations to the Alzheimer Society of Simcoe County stay in the Simcoe County to provide information, education, support and counselling services to affected individuals and their families and caregivers.

## **Memorial Donations**

Honour the passing of a loved one or friend by making a donation in their memory. Donations can be made through a funeral home or directly to the Alzheimer Society of Simcoe County. The Society will send a note to the family informing them that a donation has been made by you in memory of their family member.

## **In Honour (Tribute) Donations**

Donations can be made in honour of a birthday, wedding anniversary, retirement or any special occasion. A note will be sent to the individual informing them that a donation has been made in their honour.

## **Legacy Donations**

The most common type of legacy gift is a charitable bequest in a person's Will. However, Canadians are realizing the benefits of giving gifts of registered assets, life insurance policies, annuities, and charitable remainder trusts. We can have a conversation with you and your advisers to determine if a legacy gift fits your desires, financial objectives, family needs, tax situation and our funding objectives. All discussions are confidential and will not obligate you to make a gift.

*The Alzheimer Society of Simcoe County strongly recommends that you seek professional advice to ensure your financial goals are considered, your tax situation reviewed, and your legacy gift is tailored to your circumstances.*



# Donations

**General donations** can be a one-time event or part of your monthly giving plan. Donations can be made:

- ⇒ **Online** <https://alzheimer.ca/simcoecounty/en> to donate today
- ⇒ **By Telephone** with a credit card. Please call 705-722-1066 or 1-800-265-5391
- ⇒ **By Mail** (make cheques payable to the Alzheimer Society of Simcoe County)  
20 Anne St. South, P.O. Box 1414, Barrie, ON L4M 5R4
- ⇒ **In Person** (during regular office hours)  
20 Anne St. South, Barrie, On L4N 2C6



# Location & Contact Information



## **Alzheimer Society of Simcoe County Main Office—Barrie**

20 Anne Street South, Barrie, ON L4N 2C6  
P.O. Box 1414, Barrie, ON L4M 5R4

705-722-1066  
1-800-265-5391

[www.alzheimer.ca/Simcoecounty](http://www.alzheimer.ca/Simcoecounty)  
Simcoecounty@alzheimersociety.ca

# Location & Contact Information



## **Alzheimer Society of Simcoe County Satellite Office—Orillia**

25 Museum Drive, Suite 175  
Orillia, ON L3V 7T9

Open by appointment only.  
705-329-0909

[www.alzheimer.ca/Simcoecounty](http://www.alzheimer.ca/Simcoecounty)  
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