

Programs & Services Guide

OCTOBER - DECEMBER 2023



EDUCATION, SOCIAL RECREATION AND
SUPPORT PROGRAMS
FOR PEOPLE LIVING WITH DEMENTIA
AND THEIR CARE PARTNERS

Welcome

The staff and volunteers at the Alzheimer Society are committed to providing the highest quality programs and services that will help people living with dementia and their care partners live well and thrive in their community. Our programs and services are available to people of any age who are:

- *living with a progressive dementia*
- OR
- *a care partner supporting a person living with a progressive dementia*

We also offer a number of awareness programs for the general public and health professionals. Please review the information contained in this guide and contact us with any questions.

Contact Us

BY PHONE: 705-722-1066 or 1-800-265-5391

BY MAIL: P.O. Box 1414, Barrie, ON L4M 5R4

BY EMAIL: simcoecounty@alzheimersociety.ca

WEB: <https://alzheimer.ca/simcoecounty/en>

IN PERSON: 20 Anne Street South, Barrie
Monday—Friday 8:30am—4:30pm

25 Museum Drive (side entrance), Orillia
By appointment only, please call

 [AlzheimerSocietySimcoeCounty](https://www.facebook.com/AlzheimerSocietySimcoeCounty)

 [@alzheimersimcoe](https://twitter.com/alzheimersimcoe)

 [@alzheimersimcoe](https://www.instagram.com/alzheimersimcoe)



The Alzheimer Society of Simcoe County celebrates diversity and strives to provide equitable and inclusive services. We are proud to share that 100% of our staff team recently participated in Safer Spaces 2S-LGBTQ+ Cultural Competency training. Tell us how we can best work with you!

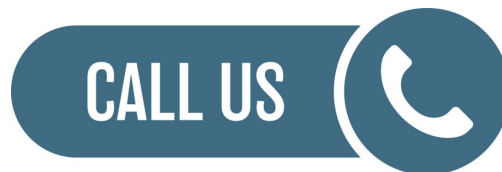
Charitable Number: 11921 2116 RR0001

Program Information

All of our programs require registration in order to ensure we are fully prepared with sufficient supplies and adequate space for everyone to safely and comfortably attend. Registration information will be listed with each program. Many programs and services are free. Fees are clearly noted where they are applicable.

We know that the best laid plans can go awry. **If you have registered for a program**, but are no longer able to attend, please contact the office to let us know that you will not be participating. Often there are waitlists for programs so you will be freeing up a space for another person to get the information they need! Thank you!

Please note that wait times to access the programs and services offered by the Alzheimer Society of Simcoe County may vary. To learn more about wait times for programs/services of interest, please call the main office at 705-722-1066.



Program Cancellations

There are times when we have to cancel a program due to weather, facilitator illness, low registration or unforeseen circumstances. The Alzheimer Society will make every effort to cancel a program in a timely manner.

When inclement weather is in the forecast, consideration is given to weather warnings, bus cancellations and projected deterioration of conditions. For day of program cancellations, registered program participants will be notified by phone.

The safety of our clients and staff is a top concern so it is never our expectation for you to drive in poor weather. Please use your discretion.



Health Connect Ontario

- Call 811
- Chat online
- Information in one location



After hours support for persons living with dementia and their care partners.

EDUCATION PROGRAMS For Persons Living with Dementia

First Steps

This is a 4-week introductory series for persons living with dementia and their care partners. It serves as an opportunity to learn more about symptoms, adapting to changes, strategies and planning ahead.

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesdays	October 3— 24	2:00— 4:00pm	Kelly Luvisotto 705-722-1066 ext. 226
In-Person	Wasaga Beach United Church 380 Zoo Park Rd	Thursdays	October 5— 26	10:00am— 12:00pm	Maryse Raymond 705-722-1066 ext. 229



What's it like to live with dementia?

"I just keep going on. I don't hide my diagnosis; I share with people what I am living with. It's just that the wires are crossed so I might do things differently. I like to be involved and participate in making decisions but it is easier for me to keep up with what is going on if it is slowed down. Then I can more easily participate."

- Lynn

EDUCATION PROGRAMS For Care Partners

Next Steps

This is a 3-part series for care partners covering the following topics:

- Symptoms of dementia
- Adapting to changes
- Assessing & managing risk
- Planning for the future & creating a circle of support

Format	Location	Day	Date	Time	Contact to Register
In-Person	ASSC Barrie 20 Anne St S	Thursdays	October 12— 26	2:00— 4:00pm	Kelly Luvisotto 705-722-1066 ext. 226
Online		Tuesdays	November 7—21	2:00— 4:00pm	Kelly Luvisotto 705-722-1066 ext. 226
In-Person	Alliston Matthews House 131 Wellington St E	Tuesdays	November 14—28	1:00— 3:00pm	Maryse Raymond 705-722-1066 ext. 229



EDUCATION PROGRAMS

For Care Partners

Care Essentials


This is a 3-week education series for care partners supporting a person in mid to late stage of dementia. The focus is on communication changes and strategies, understanding responsive behaviour and supporting daily activities.

Format	Location	Day	Date	Time	Contact to Register
In-Person	ASSC Orillia 25 Museum Dr	Tuesdays	October 3— 17	10:00am— 12:00pm	Maryse Raymond 705-722-1066 ext. 229

Care Essentials On-Demand

Care Essentials is offered as a series of four videos which care partners can watch at their own pace and in their own time. The focus is on communication changes and strategies, understanding responsive behaviour and supporting daily activities. Video links and workbook will be emailed to care partners the week prior.

The zoom meetings are an opportunity to discuss the content from the videos, ask questions and connect with other care partners.

Format	Location	Day	Date	Time	Contact to Register
Online		Thursdays	November 2 & 16	7—8pm	Maryse Raymond 705-722-1066 ext. 229



EDUCATION PROGRAMS For Care Partners

Care in the Later Stages

This 3-part series helps care partners provide quality end-of-life care for those living with dementia.

Topics covered include:

- Preparing for the Later State
- Care Strategies—Enhancing Quality of Life
- Taking Care of You


Format	Location	Day	Date	Time	Contact to Register
In-Person	Alliston Matthews House 131 Wellington St E	Mondays	October 16—30	1—3pm	Maryse Raymond 705-722-1066 ext. 229

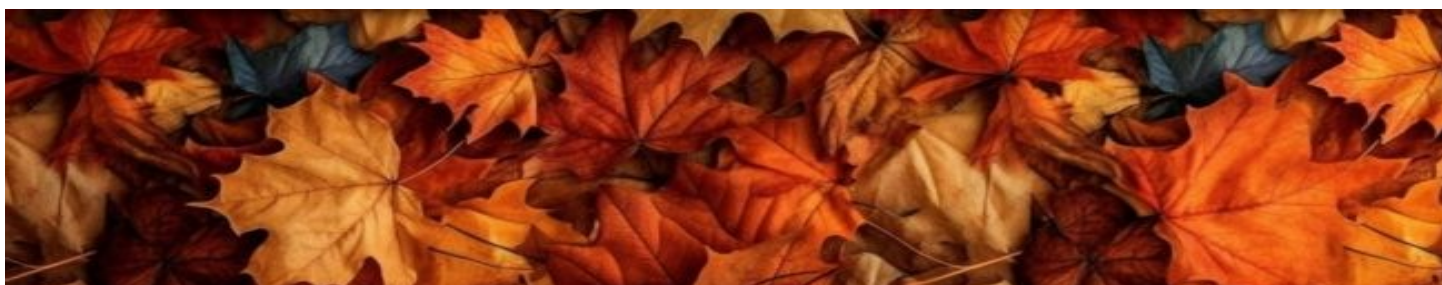
U-First! for Care Partners

U-First! for Care Partners is a 6-hour (3 weeks/2 hours each) education program that will help care partners build confidence and skills to:

- * Enhance their well-being and that of the person they are supporting who is experiencing behaviour changes
- * Reduce responsive behaviours by using the U-First! framework
- * Improve collaboration among all team members through a common knowledge, language, and approach to care

This education is for Care Partners ONLY (family/friends supporting a person living with dementia).


Format	Location	Day	Date	Time	Contact to Register
Online		Thursdays	November 2—16	10:00am— 12:00pm	Maryse Raymond 705-722-1066 ext. 229



EDUCATION PROGRAMS For Care Partners


Ambiguous Loss & Grief

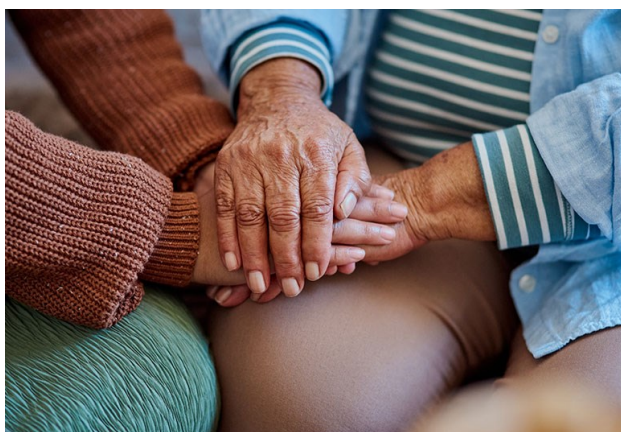
The issue of loss and grief is one of the most significant underlying issues that care partners experience when supporting people living with dementia. This workshop is designed to help care partners identify and work through the losses and grieving that occurs in different ways at all stages in the dementia caregiving journey.

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesday	November 14	6:00—8:00pm	Kelly Luvisotto 705-722-1066 ext. 226

Navigating the Long Term Care Journey

This session for care partners will explore how to apply to long term care, and things to consider when looking into options. Guest speakers from Home & Community Care.

Format	Location	Day	Date	Time	Contact to Register
Online		Thursday	October 12	7:00—8:00pm	Maryse Raymond 705-722-1066 ext. 229



“My way of dealing with the disease is looking at the cup half full rather than half empty. I look at what my mother can do, instead of what she can’t do. I focus on the skills she still has and accept whatever she is able to do.”

- Care Partner

EDUCATION PROGRAMS

For Care Partners

Dementia Series

This fall, we will be discussing communication tips, how to prepare for the holidays as well as ways to support a person living with a dementia diagnosis . You can attend all or just the topic you are most interested in.

Topic	Location	Day	Date	Time	Contact to Register
Responding to Behaviours		Tuesday	November 21	10—11:30am	Maryse Raymond 705-722-1066 ext. 229
Preparing for the Holidays		Tuesday	November 28	10—11:30am	Maryse Raymond 705-722-1066 ext. 229
Supporting Communication		Tuesday	December 5	10—11:30am	Maryse Raymond 705-722-1066 ext. 229
Meaningful Activities		Tuesday	December 12	10—11:30am	Maryse Raymond 705-722-1066 ext. 229

Finding Your Way/Dementia Friendly Community

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included and supported. It is a community that pays attention to the social and physical needs of the person living with dementia. It will include how to engage and communicate with someone living with dementia as well as how to support a person living with dementia who is lost or confused.

Format	Location	Day	Date	Time	Contact to Register
Online		Tuesdays	October 24	10:00am—12:00pm	Maryse Raymond 705-722-1066 ext. 229
In-Person	Wasaga Beach United Church 380 Zoo Park Rd	Thursday	November 23	1:00—3:00pm	Maryse Raymond 705-722-1066 ext. 229

EDUCATION PROGRAMS

For General Public

Dementia Workshop Series

An four-part education series to help those understand what someone living with dementia will go through and experience throughout their journey. Participants can choose to attend all sessions or only the ones they are interested in.

Topic	Location	Day	Date	Time	Contact to Register
Dementia Overview	Bradford Holland Gardens 552 Holland St W	Wednesday	October 18	2:00— 4:00pm	Kelly Luvisotto 705-722-1066 ext. 226
Supporting Communication	Bradford Holland Gardens 552 Holland St W	Wednesday	November 1	2:00— 4:00pm	Kelly Luvisotto 705-722-1066 ext. 226
Responding to Behaviours	Bradford Holland Gardens 552 Holland St W	Wednesday	November 8	2:00— 4:00pm	Kelly Luvisotto 705-722-1066 ext. 226
Ambiguous Loss & Grief	Bradford Holland Gardens 552 Holland St W	Wednesday	November 15	2:00— 4:00pm	Kelly Luvisotto 705-722-1066 ext. 226



Living Safely in the Community



Learn more about how to live safely while being active in your community. The **Finding Your Way**® program provides information about why people with dementia get lost or go missing, how the risk of missing incidents can be reduced, and what to do if someone does go missing. Review the Finding Your Way® *Living Safely with Dementia Resource Guide*, available in hard copies from our office or online. Free on-line courses also available.

www.findingyourwayontario.ca

The **MedicAlert**® program is a nationwide program that provides emergency and critical health information for registered participants who wear a specially engraved identification bracelet. An emergency 24 hour hotline is staffed by medically trained specialists who communicate with police and emergency responders. An annual fee applies.

www.medicalert.ca

Vulnerable Persons Registries are voluntary registries that provide police with up-to-date emergency contact information, detailed physical descriptions, known routines and any special needs of the registered individual. This information is only available to police in an emergency. Barrie and South Simcoe Polices Departments maintain their own registries.

South Simcoe Police:
www.vulnerablepersonsregister.ca

Barrie Police:
<https://www.barriepolice.ca/vulnerable-person-registry-vpr/>

Project LifeSaver® Simcoe is a program that uses FM radio signals to locate missing individuals. Currently this program is available within the City of Barrie and the South Simcoe region. A start-up and annual fee applies.

www.projectlifesaversimcoe.ca

Dementia Friendly Communities

DEMENTIA FRIENDLY COMMUNITIES

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included and supported. It is a community that pays attention to the social and physical needs of the person living with dementia.

As of 2022, there are over 600,000 people living with dementia in Canada, 28,000 of which are under the age of 65. By 2030, the number of people living with dementia will grow to almost a million.



Dementia is an umbrella term used to describe a group of symptoms that causes significant changes in the brain, severe enough to interfere with one's daily living. Changes can include memory loss, problems with language, and difficulty with familiar tasks, etc.

There are currently no treatments that can reverse cognitive decline brought on by dementia (i.e. Alzheimer's disease, Frontotemporal dementia, and Lewy Body dementia). However, there are approaches you can take that can help you fight symptoms and maintain your quality of life for as long as possible.

There are some conditions that can cause similar symptoms, such as a urinary tract infection or depression, but are treatable. With treatment of the condition, these symptoms can often be reversed.

10 WARNING SIGNS INCLUDE:

- Changes in mood and behaviour
- Problems with language
- Problems with abstract thinking
- Difficulty performing familiar tasks
- Misplacing things
- Loss of initiative
- Disorientation in time and space
- Memory problems that affect daily life
- Changes in personality
- Impaired judgement



COMMUNICATION TIPS INCLUDE:

- Reduce distractions
- Make eye contact
- Use short, simple sentences
- Approach from the front in an open and friendly manner
- Ask how you can help
- Avoid making assumptions
- Offer simple choices
- Provide clear instructions
- Recognize how the person might be perceiving the situation
- Offer reassurance
- Connect – don't correct
- Observe the person's actions and body language.



6 out of 10 people living with dementia will go missing at some point throughout the progression of the disease, often without warning. **If you suspect the person is lost, call 9-1-1 right away and wait with the person until police arrive.**

When thinking about dementia friendly design, we need to think about the physical environment and consider: signage/wayfinding, entrances and lighting, flooring, seating, waiting areas, washrooms, background noise, and surfaces.



Do you want your organization/business to be dementia friendly? We'll come to you!
To book a session, contact Maryse Raymond: mraymond@alzheimersociety.ca

Support Services



We provide free dementia support to anyone impacted by any type of dementia, whether you are a person living with dementia or their family member, friend, or care partner.

Our Support Services Team are go-to persons for families after a dementia diagnosis and can help with identifying needs, navigating services and assisting with care planning throughout the dementia journey.

Our Supportive Counselling and Navigation services are offered over the phone, by email, video conference and in-person visits by appointment. In-person visits may be conducted at our Barrie & Orillia office locations or in a person's home.

Supportive Counselling

Our team of Family Support Coordinators provide safe, confidential counselling where you can talk about your experience, gain insight and practical coping strategies to help you manage circumstances and build resiliency. Staff can help you plan for the future and get connected to other local services.

First Link[®] Care Navigation

Get the assistance you need connecting to various dementia support and services. Our highly experienced First Link Care Navigator can help get you started, create a support plan and link you with dementia supports in the community.



To access our supportive counselling or navigation services, please contact our office at 705-722-1066 to begin the intake process.



Support Services


CARERS

(CARERS - Coaching, Advocacy, Respite, Education, Relationship, Simulation)

CARERS is an 8-week program for family care partners of people living with early and mid-stage dementia in the community.

- Focuses on practical skills, emotional supports to care for people with living with dementia
- Teaches problem solving techniques, a structured approach to address problems
- Coaches care partners in communication skills through the use of simulation
- Provides strategies for keeping a meaningful relationship
- An evidence-based program developed by the Reitman Centre, Sinai Health in Toronto

To register, contact Kelly Hutton, 705-722-1066 ext. 233 or khutton@alzheimersociety.ca

Format	Location	Day	Dates	Time
Online		Thursdays	October 26—December 14	10am—12pm
In-Person	ASSC Orillia 25 Museum Dr	Tuesdays	October 31—December 19	1:30—3:30pm

“I attended the 8-weeks CARERS program through the Alzheimer's Society, and I highly recommend the program. It presented problem solving techniques and demonstrated their use through role playing. Because of the small class size everyone had the chance to present their difficulties and learn ways of dealing with them ... It was just what I needed”

- Care Partner




Support Services


TEACH

(TEACH — Training, Education and Assistance for Caregiving at Home)



The TEACH program is a four-week program for care partners of persons living with dementia. It is an innovative therapeutic group intervention aimed at providing education and enhancing coping skills of care partners.

To register, contact Kelly Hutton, 705-722-1066 ext. 233 or khutton@alzheimersociety.ca

Format	Location	Day	Dates	Time
In-Person	ASSC—Barrie 20 Anne St S	Wednesdays	October 11— November 1	1:30—3pm
Online		Tuesdays	November 28— December 19	6:30—8pm



— THE REITMAN CENTRE —
TEACH PROGRAM
 Training, Education, and Assistance for Caregiving at Home

 **Ontario**  **Sinai Health System**
THE CYRIL & DOROTHY, JOEL & JILL
 REITMAN CENTRE FOR ALZHEIMER'S
 SUPPORT AND TRAINING

Support Services

Care Partner Support Groups In-Person

These groups are for care partners of persons with dementia in early, middle and late stages, regardless of their living arrangements.

Support groups are time-limited and run for a period of 3 months.

Registration is required.

Location	Day	Dates	Time	Contact to Register
Alliston St. John's United Church 56 Victoria St. E	3rd Monday	October 16 November 20 December 18	10:00— 11:30am	Sanju Hirji 705-722-1066 ext. 223
Barrie—ASSC 20 Anne St S	3rd Tuesday	October 17 November 14 December 19	10:00— 11:30am	Melissa Martinson 705-722-1066 ext. 227
Bradford Elden 3131 8th Line	3rd Tuesday	October 17 November 21 December 19	10:00— 11:30am	Sanju Hirji 705-722-1066 ext. 223
Orillia Leacock Care Centre 25 Museum Dr.	1st Wednesday	October 4 November 1 December 6	1:00— 2:30pm	Susan Nagy 705-329-0909 ext. 3803
Orillia Leacock Care Centre 25 Museum Dr.	3rd Thursday	October 19 November 16 December 21	7:00— 8:30pm	Susan Nagy 705-329-0909 ext. 3803
Penetanguishene First Presbyterian Church 20 Robert St E	Last Wednesday	October 25 November 29	10:30am— 12:00pm	Alyssa Pereira 705-722-1066 ext. 234
Wasaga Beach United Church 380 Zoo Park Rd	1st Wednesday	October 4 November 1 December 6	10:00— 11:30am	Dana Bessette 705-722-1066 ext. 225

Support Services



Care Partner Support Groups Online

These groups are for care partners of persons with dementia in early, middle and late stages, regardless of their living arrangements.

Support groups are time-limited and run for a period of 3 months.

Registration is required.

Once registered, you will receive the Video Conferencing (Zoom) link to participate in the meeting.

Location	Day	Dates	Time	Contact to Register
	1st Tuesday	October 3 November 7 December 5	7:00—8:30pm	Melissa Martinson 705-722-1066 ext. 227
	2nd Wednesday	October 11 November 8 December 13	10:00— 11:30am	Alyssa Pereira 705-722-1066 ext. 234

Care Partner support groups are designed to provide informal education and support to family/friend care partners. Support Groups provide an opportunity for care partners to meet and get to know others who are going through similar experiences, talk about their personal experience, and learn and share coping strategies.



Social/Recreation Programs

Minds in Motion®

Minds in Motion® is an 8-week program that incorporates gentle & easy-to-follow physical activity with fun & social cognitive stimulation activities for people with early to mid-stage dementia, and their care partners. **Please note— registration is mandatory to attend sessions.**

To register, contact Taryl Bougie, 705-795-6259 or mimsimcoe@alzheimersociety.ca

Format	Location	Day	Date	Time
In-Person	Alliston The Gibson Centre 63 Tupper St W	Mondays	September 11— November 13 (omit October 9)	1:00— 3:00pm
In-Person	Orillia Rama Fire: Station 2 Atherley 85 Patricia Dr	Thursdays	October 5— November 23	10:00am— 12:00pm
In-Person	Barrie Allandale Community Centre 190 Bayview Dr	Tuesdays	October 10— November 28	1:30— 3:30pm
In-Person	Barrie Parkview Senior Centre 189 Blake St	Wednesdays	November 8— December 13	10:00am— 12:00pm



Social/Recreation Programs

Creative Spark

A 6-week art program for people living with early stage dementia and their care partners. If attending an online session, art supplies will be delivered to registered participants ahead of the first class. **Please note— registration is mandatory to attend sessions.**

To register, contact Taryl Bougie, 705-795-6259 or mimsimcoe@alzheimersociety.ca

Format	Location	Day	Date	Time
In-Person	Barrie MacLaren Art Centre 37 Mulcaster St	Thursdays	September 21— November 9 Art Show— November 9	1:00—3:00pm 1:00—4:00pm



“We really enjoyed the facilitator’s positive energy each week. Watching everyone’s connections through art was very rewarding. The positive impact this class made extended beyond the hour class.”

Musical Memories

We are pleased to be partnering with Music Therapy Services of Simcoe County to provide a 6-week online music sessions, over Zoom, for those living with dementia and care partners.

To be added to the waitlist,

contact Taryl Bougie, 705-795-6259 or mimsimcoe@alzheimersociety.ca

Format	Location	Day	Date	Time
Online	The Zoom logo, consisting of a blue speech mark icon with a white video camera inside, and the word 'zoom' in blue lowercase letters below it.	TBD	TBD	TBD



Social/Recreation Programs



Holiday SOCIAL

.....
Join us from 10-12

Let's celebrate with music, games,
crafts & snacks
.....

DECEMBER 12 - COLLINGWOOD

DECEMBER 14 - ORILLIA

DECEMBER 18 - MIDLAND

DECEMBER 20 - ALLISTON

DECEMBER 21 - BARRIE

ALL LOCATIONS TO BE DETERMINED

.....
Refreshments & Snacks Provided

FOR MORE INFORMATION CONTACT HANNAH AT
HKOZMEVSKI@ALZHEIMERSOCIETY.CA OR
CALL 705-722-1066 FOR DETAILS

IN HOME RECREATION THERAPY

This program offers personal visits from a Therapeutic Recreation Specialist or trained volunteer, who will facilitate a variety of person-centered recreation and leisure-based activities, in the comfort of your own home. It consists of weekly visits for a duration of 12 weeks, providing social connection for the person living with dementia and brief respite for the care partner.



PROGRAM ELIGIBILITY

- Person must be diagnosed with dementia and living in their own home within Simcoe County.
- Person must be willing and able to participate in the recreation plan.

Acceptance into the program is based on a suitability assessment.

If interested, contact our office to be connected to an In-Home Recreation Coordinator for an assessment.
705-722-1066



Social/Recreation Programs

Music Project

The Music Project provides a FREE music player and personalized music to improve the quality of life of those living with dementia. The music package includes:

- Sandisk device
- Over-the-ear headphones
- Personalized music playlist
- On-going technical support

If you or someone you know would benefit from the Music Project, please call our office at 705-722-1066 or fill out an online registration form with the person living with dementia.

www.musicproject.ca/apply



Alzheimer Society
music project
give an iPod.
return a life.



THANK YOU!



The 25th Annual IG Wealth Management Walk for Alzheimer's was a success! On Sunday, May 28th we enjoyed beautiful weather at Simcoe County Museum where guests enjoyed a fun-filled day and supported ASSC.

We are extremely thankful to this year's local Sponsors who supported our day – we couldn't do it without them. Special thanks to:

- Simcoe County and Simcoe County Museum for the venue, parking and shuttle transportation at the event by Linx Shuttle.
- Dominos Pizza Barrie and Water Depot for providing food and refreshments to our guests.
- Aspira Retirement Living as our Local Community Sponsor
 - Comfort Keepers Barrie as our Gold Sponsor
 - Silver Sponsor Bayshore Home Health who provided the BBQ lunch
 - Bronze Sponsors Amica Little Lake, Bair Family Law, The Peggy Hill Team, Galbraith Family Law, Hear CANADA and Royalty Care Inc.

We were further supported in getting the word out to Simcoe County via our media supporters: Central Ontario Broadcasting, Corus Entertainment, Bell Media, Village Media and Metroland (The Barrie Advance).

Thank you to everyone for the incredible support of this year's IG Wealth Management Walk for Alzheimer's!



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Volunteer With Us

Are you someone who is interested in supporting individuals and making a difference in your community?



Volunteer Opportunities



Minds in Motion



Office Administration



In Home Recreation



Event Planning

....and more

For more information contact: volunteer@alzhiemersociety.ca or call 705-722-1066 ext. 230

Donations

Donating to the Alzheimer Society of Simcoe County is investing in the health and well-being of persons living with dementia in our community. We depend on the generosity of our donors for more than 40 per cent of our annual budget and your gift helps us to accelerate our mission to provide the best care & support to those living with dementia. All donations to the Alzheimer Society of Simcoe County stay in the Simcoe County to provide information, education, support and counselling services to affected individuals and their families and caregivers.

Memorial Donations

Honour the passing of a loved one or friend by making a donation in their memory. Donations can be made through a funeral home or directly to the Alzheimer Society of Simcoe County. The Society will send a note to the family informing them that a donation has been made by you in memory of their family member.

In Honour (Tribute) Donations

Donations can be made in honour of a birthday, wedding anniversary, retirement or any special occasion. A note will be sent to the individual informing them that a donation has been made in their honour.

Legacy Donations

The most common type of legacy gift is a charitable bequest in a person's Will. However, Canadians are realizing the benefits of giving gifts of registered assets, life insurance policies, annuities, and charitable remainder trusts. We can have a conversation with you and your advisers to determine if a legacy gift fits your desires, financial objectives, family needs, tax situation and our funding objectives. All discussions are confidential and will not obligate you to make a gift.

The Alzheimer Society of Simcoe County strongly recommends that you seek professional advice to ensure your financial goals are considered, your tax situation reviewed, and your legacy gift is tailored to your circumstances.

Donations

General donations can be a one-time event or part of your monthly giving plan. Donations can be made:

⇒ **Online** to donate today

<https://alzheimer.ca/simcoecounty/en>

⇒ **By Telephone** with a credit card.

Please call 705-722-1066 or 1-800-265-5391

⇒ **By Mail**

(cheques payable to the Alzheimer Society of Simcoe County)

20 Anne St. South, P.O. Box 1414, Barrie, ON L4M 5R4

⇒ **In Person**

(during regular office hours)

20 Anne St. South, Barrie, On L4N 2C6



Location & Contact Information



Alzheimer Society of Simcoe County

Main Office—Barrie

20 Anne Street South
Barrie, ON
L4N 2C6



705-722-1066 OR 1-800-265-5391

www.alzheimer.ca/Simcoecounty

Simcoecounty@alzheimersociety.ca

Location & Contact Information



Alzheimer Society of Simcoe County Satellite Office—Orillia

25 Museum Drive,
Suite 175
Orillia, ON
L3V 7T9



Open by appointment only.

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