

Resources offered by the Alzheimer Society of New Brunswick

In-office support:

Toll-free bilingual support line. Regional coordinators throughout NB meet regularly with families at all stages of the disease.

Synapses – NEW Online Learning Portal

Free comprehensive online education platform. Sessions offer information for anyone affected by dementia.

Resource Centres / Offices:

Six staffed resource centres in NB. Resources include brochures and fact sheets, books, audio-visual materials, journals, and newsletters and a free lending video library.

Caregiver's Support Network:

Those affected by dementia meet each month to share stories, offer support and learn from one another.

The Memory Café:

Monthly program. Provides socialization, education, entertainment and refreshments.

Alzheimer Journey: First Steps Family Education Program (5 part series):

Helps families navigate their way through the journey. Ensures those affected have the information needed to plan for the future. Topics include an overview of Alzheimer's and related disease and what to expect, communication strategies, legal and financial issues, accessing and navigating the provincial care system, and next steps.

Alzheimer Journey: Care Essentials Family Education Program (4 part series):

Helps families understand what to expect in the moderate to late stages of dementia. Topics include treatments and approaches to care, understanding the caregiving journey and reducing caregiver stress, day-to-day care, and understanding and planning for responsive behaviors.

Alzheimer Journey: Care in the Later Stages Family Education Program (3 part series):

Helps families understand what they need to know in the late and end of life stage of the disease. The series focuses on approaches to care, quality of life, making important decisions, the dying process and the grieving process.

Educational sessions:

We provide a range of presentations for the general public, health care professionals and caregivers. Our goal is to increase awareness and decrease stigma.

Annual Healthcare Professionals Conference:

Each year we hold a provincial conference for health care professionals with a focus on enhancing patient centered care.

First Link®

Early intervention service, connects individuals with the Alzheimer Society after diagnosis. Formal referral from physicians or health professionals allows families to receive immediate support and information.

Awareness Campaign:

January is Alzheimer Awareness month. Each January we launch a campaign to promote awareness and to decrease stigma.

Advocacy:

We advocate for systemic improvement on concerns around dementia.

Medic Alert "Safely Home" Program:

National Wandering Registry program to help identify those who are lost and assist in a safe return home.

Alzheimer Society Research Program:

We provide financial support to research focused on two streams: biomedical and quality of life. Our goal is to fund research for better treatments and care, and for a cure.

Minds in Motion®:

Combines physical activity as well as mental and social stimulation for individuals living with early to mid-stage Alzheimer's disease or other dementia, and their care partners.

Creative Minds®:

A therapeutic art program for those living with early to mid-stage Alzheimer's disease or other dementia, and their care partners