

The motto for the **Advisory Group of People with Lived Experience of Dementia** is:

Nothing about us, without us.

Without the voices or experiences of those most affected by dementia – including you – the Alzheimer Society of Canada cannot know what help we need to provide in order to carry out our mission.

By becoming a member of the Advisory Group, you will join a growing community of people with experiences that are similar to yours. As well as working to make positive changes for people impacted by dementia across the country, you and your fellow members will also be able to encourage and support one another through your dementia journey.

Who can join?

We are looking for anyone with a lived experience of dementia. Whether you are **living with dementia or mild cognitive impairment**, or if you are a **care or support partner**, you have vital experience that can help others in your position feel empowered and supported to live as well as possible. By working together, and by using our national platform, you will be able to make a lasting difference, so that others who have to take the journey will be better prepared.



Why is representation necessary?

Dementia affects people from all racial and cultural communities across Canada, in every province and territory. To ensure our work supports all people with lived experience of dementia, we are committed to including people from different backgrounds all across the country, including race, culture, language and gender.

For our work to be reflective of all dementia experiences, we must hear from all voices.

What kind of opportunities can I get involved with?

As an Advisory Group member, there are many different ways for you to get involved in the work of the Alzheimer Society of Canada:



Contribute to research funded by the Alzheimer Society.



Raise the profile of dementia with the federal government to improve policy.



Participate in webinars & other educational conferences.



Review different public materials to ensure they are clear for all people.



Support the public profile of the Alzheimer Society so everyone can find help.

You can choose to get involved in as many opportunities as you want when you sign up, but **you get to decide which opportunities and how often you want to be involved.**

How does it work?

Once you are a member, you will receive a welcome package, and be connected with **Natasha Jacobs**, our **Advisory Group Lead**.

You will receive a regular newsletter with information about the Alzheimer Society of Canada, and be provided with opportunities based on your interests. When something comes up, just let Natasha know and we'll take it from there!

It's important to remember that **you get to choose how and when you participate in any work.** Your level of involvement is entirely up to you!

How do I join?

1. Visit [Alzheimer.ca/join](https://www.alzheimer.ca/join)
2. Complete the short form located on the webpage
3. After you submit, a member of our team will get in touch with you.

For more information

- Visit our website: [Alzheimer.ca/AdvisoryGroup](https://www.alzheimer.ca/AdvisoryGroup)
- Email us: advisorygroup@alzheimer.ca
- Call us: **1-800-616-8816** and ask to speak to Natasha Jacobs

We're excited to have you join our Advisory Group, and together we can fight for people with lived experience of dementia!