

## **Title of Study: Introducing Gentle Persuasive Approaches (GPA) in Dementia Care to Informal and Formal Caregivers in the Community Setting**

**Location:** New Brunswick

### **Study Description:**

While Gentle Persuasive Approaches (GPA) training is already used across Canada with formal caregivers for people living with dementia, in this study, GPA Community will be taught to family member caregivers and friend caregivers. The goal of this study is to learn about the impacts of the GPA Community on dementia care and to learn if this training is right to deliver to these caregivers. If this training shows successful outcomes, it could be offered to all communities across Canada.

### **What Will Happen During the Study?**

GPA Community is an online course that teaches caregivers how to respond respectfully, with confidence and skill, to behaviours associated with dementia. Participation in this study is completely voluntary and will involve taking part in the GPA Community training and answering questionnaires.

Learners will have 6 weeks to complete the 6.5 hours training, therefore, they can learn at their own pace in the comfort of their home. Participants will be asked to complete questionnaires before, immediately after, and three months after the training. Participants may also choose to take part in a focus group three months after the training. The information gathered will be used for presentations, publications in open access journals, and policy briefs to government and stakeholders.

If you would like more information on the GPA Community project, please click [here](#)

### **Eligibility: Who Can Participate?**

Family and friend caregivers of persons living with dementia who:

- Provide care to a family member or friend living with dementia at least once a week.
- Read and understand English or French.
- Live in New Brunswick.
- Have internet access and access to a computer with a working webcam and microphone or headset.

**Recruitment Start Date:** January 4, 2021

**Recruitment End Date:** March 5, 2021

### **Contact Information**

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