

# *Société Alzheimer Society*

**Title of Study: Having Our Say: The Lived Experience of Young Carers Affected by Alzheimer's Disease or a Related Dementia (ADRD)**

**Location:** Ontario

**Study Description:**

The aim of the study is to explore the experiences of caregiving in-depth to better understand the attitudes, beliefs, and perceptions of young carers. Attention will be paid to the practices of caregiving, whether or how being a caregiver has an impact on adult life, and how young adults manage/negotiate their own lives while in a caregiving role.

**What Will Happen During the Study?**

Participants will be asked to complete 2-3 semi-structured 60-minute interviews. To maintain social distancing practices, all interviews will take place virtually (e.g., over Skype, Zoom, or the phone). The participant interviews will take place over the course of 10 months.

Participants will receive a \$20 dollar gift card for their participation after the first interview. Participants can choose from a list of 5 gift cards: Amazon, iTunes, Starbucks, Indigo, and Best Buy. The selected gift card will be emailed to you.

The findings of this study will provide guidance into developing specific strategies, resources, and programs to support an underrepresented and often unrecognized group of family caregivers. I plan to disseminate the findings to local and provincial stakeholders responsible for the provision of caregiver and dementia services through a variety of knowledge mobilization opportunities such as academic conferences, peer-reviewed articles, and a social media campaign. Ultimately, the study will emphasize the voices and experiences of young carers affected by ADRD.

**Eligibility: Who Can Participate?**

Young adults between the ages of 18-25, living in Ontario, and are a caregiver (former or current) for an older adult (age 60 or older) living with Alzheimer's Disease or a Related Dementia.

**Recruitment Start Date:** April 1, 2021

**Recruitment End Date:** December 1, 2021

**Contact Information**

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