

Soci t  Alzheimer Society

Title of Study: Remote Assessment and Interprofessional Intervention with Neuropsychology (RAIN): Remote Cognitive Rehabilitation

Location: Saskatchewan

Study Description:

The aim of this study is to investigate the efficacy in the remote delivery of cognitive rehabilitation (CR) for older adults and older adults with dementia or cognitive impairment. The CR focus is training use of technology for socializing during COVID-19.

What will happen during the study?

Participants will be asked to fill out questionnaires, undergo a brief cognitive assessment, set goals, and remotely attend a number of treatment sessions. The total length of involvement for participants will be approximately 11 hours, comprised of 8-12 sessions, 60 minutes each, plus 60 minutes for questionnaires and cognitive assessment.

Information will be de-identified (no personal identifiers attached to assessment, etc.) and participants must consent for it to be used in research (no obligation - may receive intervention without consenting information be used for research). If consent is given, information will be statistically analyzed, and we will evaluate how effective the remote delivery was. In the same un-identifiable way, it also may be used to support further research.

Eligibility: Who Can Participate?

- Older adults ages 60+
- Older adults ages 60+ with cognitive impairment and/or dementia
- Care partners

Please note diagnosis is not required for participation.

Recruitment Start Date: April 14, 2021

Recruitment End Date: August 1, 2021

Contact Information

Name: Megan O'Connell

Position/Title: Dr. O'Connell, Clinical Psychologist

Institution: University of Saskatchewan

Telephone: (306) 966-5925

Email: megan.oconnell@usask.ca