

# Alzheimer Society of Saskatchewan 2019 - 2020 Board of Directors

## ANITA BERGEN



Anita has been a registered nurse for over 25 years, beginning her career in the field of medical oncology. In 1999 she moved into the world of long-term care (LTC) and hasn't looked back. She has been a point of care nurse, a Director of Care in a rural home, and a manager with the health region focusing on quality improvement for 30 long term care homes. In 2007 she completed a master's degree in Community Health and Epidemiology.

In 2014 Anita became one of a handful of master coaches in Saskatchewan in Gentle Persuasive Approaches (GPA), a training program for all staff in LTC that promotes resident directed care.

Currently Anita is a faculty member with the Gabriel Dumont Institute teaching the Continuing Care Assistant program.

Anita feels honored to be part of the team of the Alzheimer Society of Saskatchewan. She joined the Board of Directors in 2017 and currently serves on the Nominating Committee.

## SANDRA BOBYK

### Board Secretary



Sandra Bobyk is a lawyer with the Ministry of Justice. For the last decade she has advised the Public Guardian and Trustee's office, whose clientele includes a large number of individuals living with various forms of dementia. As in-house counsel, she works to protect the legal rights of those who lack the capacity to make reasonable financial decisions for themselves or have been subjected to financial abuse by other persons.

Sandra obtained her B.A. (Hons.) and L.L.B. from the University of Saskatchewan. She shares her education and expertise with members of the general public as a long-serving volunteer with the Public Legal Education Association (PLEA) and Pro Bono Law Saskatchewan's immigration and refugee panel. Sandra also currently sits as a board member for Youth Ballet and Contemporary Dance Saskatchewan and, in the past, has devoted her time to organizations as diverse as the Canadian Bar Association, Big Sisters Regina, the Regina Arts Commission, and the Open Door Society.

Sandra looks forward to serving the Alzheimer Society of Saskatchewan in its tireless efforts to support and advocate for those living with dementia, raise awareness, and promote research into bringing an end to this devastating disease. Sandra joined the Board of Directors in 2017 and serves as Secretary as well as on the Nominating Committee.

## MICHELLE BUGLAS



Michelle Buglas is the manager of Mental Health and Addiction Services in the Adult Community Programs division of the Saskatchewan Health Authority, a position she has held for 8 years. Michelle is also a sessional lecturer for the University of Regina's Faculty of Social Work in Saskatoon and has taught a variety of University courses there over the past fifteen years. She is a trained facilitator in the Pacific Institute of Education as well as a trained Lean Leader.

Prior to her current role within Mental Health and Addiction Services, Michelle worked as a manager in Long Term Care, supporting individuals living with dementia and other cognitive differences. She has worked in acute care mental health and for several community-based organizations over the years. She has also received training in several areas related to dementia care and best practices in long term care.

Michelle studied at the University of Saskatchewan and the University of Regina and holds a Bachelor of Arts, a Bachelor of Social Work and a Master of Social Work Degree. Her professional areas of interest include leadership, organizational change, team building and mental health needs.

Michelle has a passion for advocacy and education in support of older adults. Her special interest in dementia care began about ten years ago when she managed the memory care neighborhood of a long term care home. Her professional commitment became deeply personal when her mother was diagnosed with dementia and her father took on the role of primary caregiver. Michelle believes her greatest education has come through observing and supporting her parents.

For thirty years Michelle has made her home in Saskatoon, where she and her spouse enjoy the dynamics of a blended family with five adult children. Michelle joined the Board of Directors in 2017 and currently serves on the Governance Committee.

## CHARLENE CALLANDER

Vice President and Chair of the Finance and Audit Committee



Charlene Callander is a Director of Finance (Decision Support) at SaskTel. She obtained her Bachelor of Administration from the University of Regina. She is a Chartered Professional Accountant (CPA) having obtained her Chartered Accountant (CA) designation from the Institute of Chartered Accountants of Saskatchewan. Her previous positions include Director of Finance (Operations) at Sask Tel, Vice-President and Chief Financial Officer at Innovation Place, Assistant Director of Financial Services at Saskatchewan Health, and Supervisor at the Office of the Provincial Auditor.

Charlene is committed to and has contributed to her community by being involved in things she is passionate about. She coached baseball and volleyball for several years and served as a Board Member and President for Saskatchewan Volleyball from 2009 to 2015.

Charlene's grandmother passed away from Alzheimer's disease. Charlene and her sisters are now caring for their mother as she battles the disease. Despite there being other diseases in Charlene's family, she is passionate about a cure for Alzheimer's disease and is excited for the opportunity to work with the Alzheimer Society and use her skills and abilities to help the Society reach their vision ... A world without Alzheimer's disease and related disorders. Charlene joined the Board of Directors in 2016 and is the Chair of the Finance and Audit Committee.

## TRACY DANYLYSHEN - LAYCOCK



Tracy Danylyshen-Laycock has a Ph.D in Health Sciences through the College of Medicine at the University of Saskatchewan. Her doctoral research focused on the relationship between leadership, facilitation, and the sustainability of a dementia specific training program for staff in rural long-term care homes. Specifically, Tracy studied how the Gentle Persuasive Approaches (GPA) training program changed how staff provide care to residents with responsive behaviours as a result of a dementia diagnosis. Tracy is currently employed as the Behavioural Consultant for the 30 long-term care homes in the Saskatoon area. She practices with several geriatric psychiatrists, psychologists, and psychiatric nurses on the Behaviour Support and Seniors' Mental Health teams. She has an advanced Honors Degree in Exercise Physiology from the University of Saskatchewan, an undergraduate degree in Social Work from the University of Regina, and a Master's Degree in Social Work from Dalhousie University in Halifax, NS.

Tracy is married and has two sons who are involved in multiple sporting activities. She is passionate about providing care to individuals diagnosed with dementia and their caregivers. Tracy is a certified GPA Master Coach through Advanced Gerontological Education. She trains and educates staff across Canada in providing person-centred care to individuals with dementia. Her current research focuses on assessing and managing pain in persons with dementia. Tracy has several family members who have been diagnosed with Alzheimer's disease. As a result of her involvement on the Alzheimer Society of Saskatchewan Board, she hopes to create an environment where individuals with dementia and their caregivers receive the support and services that they require to live their lives to the fullest. Tracy joined the Alzheimer Society Board in October 2018 and currently serves on the Governance Committee.

## JASON GOOD



Jason Good has held various financial management roles across many industries, including the private sector and governmental not for profit. Reporting directly to the board of directors and the Ministry of Health as well as owning and operating a commercial truck and trailer repair business were key components of his job. He is currently the Lead Division Accountant, E-Accounting for MegaGroup a furniture and electronic buying group where he manages eleven businesses across Canada.

Jason is very active and passionate about dog sports and has been committed to dog agility since 2003. Serving as the Regional Director for the Saskatchewan/Manitoba/Nunavut Region, he spent four years as a board member, guiding and directing the sport so it may be successful. At the local level, Jason is very active in raising funds for the sport, and in total raised over \$30,000.00. These funds assist local competitors to realize their dreams and aspirations of competing at the national level.

Jason owes his parents for his great work ethic. He learned at a very young age that hard work and dedication is what constitutes success in the real world. He spent many summers and weekends working alongside his father on construction sites, taking in all that he could. A very patient man, his father was always willing to spend the time teaching his sons about his craft. In November of 2011, Jason's father was diagnosed with Alzheimer's disease and it has forever altered the family.

I joined the board in 2012 and now am entering the last year of my third term, hard to believe that it has been five years already. I have enjoyed my time on the board, working with many great people in the Society and hope that my contributions will have made an impact on this terrible disease.

## Lisa Haubrich

### Chair of the Governance Committee



Lisa Haubrich is a Registered Nurse working as a consultant with Population Health Branch of the Saskatchewan Ministry of Health. Lisa graduated with distinction from the University of Saskatchewan in 1996 with a Bachelor of Science in Nursing. She began her career in the Cypress Health Region on the obstetrics and gynecology ward. Lisa enjoyed working with families and continued to do so when she began working in Public Health. Lisa expanded her leadership development as she moved into a supervisory role and broadened her collaborations with other sectors over the next five years.

She strived to have a broader contribution to public health and moved from the health region to Regina to be involved in provincial policy development. She is still involved in disease prevention at the Ministry of Health.

Lisa's interest in volunteering with the Alzheimer Society of Saskatchewan peaked when her father was diagnosed with dementia. The Alzheimer Society was a great resource to her and she was inspired to give back to an organization that provides so much support to individuals impacted by dementia and their caregivers.

Lisa looks forward to serving with likeminded individuals on an issue that has touched so many people and to find ways to continue to support patients and their families. Lisa joined the Board of Directors in 2016, is currently Vice-President and Chair of the Governance Committee.

## PAMELA HERBERT MAINDONALD



Pam Herbert-Maindonald is the Director, Continuous Improvement Office at the Ministry of Health, leading the organization's application of continuous improvement tools and methodologies to solve problems and improve processes with the aim of transforming the healthcare system for the people of Saskatchewan. Over the past 17 years within the Saskatchewan Public Service, Pam has worked at a variety of Ministries within the Government of Saskatchewan, applying her passion for continuous improvement and innovation in leadership roles in the areas of audit, risk management, strategic planning, performance management and continuous improvement.

Pam obtained a Degree in Business Administration with Distinction from the University of Regina and is a Certified Professional Accountant, Certified Internal Auditor and holds a Certification in Risk Management Assurance.

Pam's commitment to community service has been demonstrated by her involvement as a volunteer with a local track and field club, participating as a mentor through the Regina Open Door Society, serving as a School Community Council member and member of a Board of Director's for a local childcare cooperative. Pam joined the Alzheimer Society Board in June 2018 and currently serves on the Finance and Audit Committee.

## VAN ISMAN

### President



Van Isman is the President and CEO of the Saskatchewan Opportunities Corporation (SOCO). SOCO is a Crown Corporation that owns and operates the Innovation Place science and technology parks adjacent to Saskatchewan's two universities. His previous positions have included a Vice Presidency at the Crown Investments Corporation, Deputy Minister with the provincial government, CEO of Wascana Centre Authority, and as the Executive Director responsible for small business with the provincial government. Van also worked in his family's business for several years, during which time he started three separate businesses.

Van holds an MBA and a BA (Advanced) from the University of Saskatchewan. In addition, Van holds a professional designation as a Chartered Director.

Van has served as director on a variety of boards, including: the Canadian Tourism Commission, Tourism Saskatchewan, Saskatchewan Film and Video Development Corporation, Saskatchewan Communications Network, Saskatchewan Economic Developers Association, Canadian Institute of Small Business Counsellors and the Centre for the Study of Cooperatives at the University of Saskatchewan.

Van has seen three consecutive generations of his family affected by Alzheimer's disease. His objective in becoming involved is two-fold: to ensure that there are adequate supports for people living with dementia and their families, as well as to see the research advanced which will eventually bring an end to this debilitating disease. Van joined the Board in 2015, has served as Chair of the Finance and Audit and Nominating Committees and is currently President.

## DANIEL KOHL



Dan is an experienced senior management professional with more than 28 years of health care management expertise in long term care and seniors care. He is now retired from his previous position as Executive Director in Long Term Care with the former Regina Qu'Appelle Health Region. He holds a Bachelor of Administration Degree from the University of Regina and a professional accounting designation and was recognized nationally with a Fellowship by the Society of Management Accountants of Canada. His previous positions included Manager, Financial Services & Program Support with the Regina Health District, as well as District Support Consultant and Financial Consultant with the Saskatchewan Ministry of Health.

Dan's interest in the Alzheimer Society stems from seeing, first hand, the growth of Alzheimer's disease for long term care residents in Saskatchewan and its impact on those served in care homes and in the community. He recognizes that this growth is challenging for families, service providers, and policy-makers and wants to try and make a difference for all who are touched by the disease.

In addition to his health care leadership, Dan has extensive board, volunteer, and community experience including chairperson for local community groups, University of Regina Senate representative, Hill School of Business Alumni Association, Partner Advisory Committee for AGE-WELL (Canada's Aging and Technology Network), and volunteer for numerous sports organizations and sporting events. Dan joined the Alzheimer Society Board of Directors in June 2018 and currently serves on the Finance and Audit Committee.

## MICHAEL MACFADDEN



Michael MacFadden is a Nurse Practitioner at Samaritan Place long term care home in Saskatoon. Working as a nurse since 2003, he's worked in diverse areas including general surgery, palliative care, renal medicine, education, physical medicine and rehabilitation and emergency services. Michael completed degrees in Nursing and Cultural Anthropology prior to his Masters in Primary Health Care – Nurse Practitioner. As facilitator for the Gentle Persuasive Approach (GPA) and Pallium LEAP palliative education, he shares his passion for inter-professional collaboration to promote excellence in palliative care and dementia services. As a husband and proud father of two humans and a canine, he lives an active life enjoying time cooking, playing and coaching sports, reading and spending time with family. Michael intends to contribute to the Alzheimer's Society through his various personal and professional experiences to increase awareness, education and treatment for the people and families affected by dementia.

Michael was elected to the Alzheimer Society Board of Directors in June 2019.

## JENNIFER ST. ONGE

### Chair of the Nominating Committee



Jennifer St. Onge, PhD., is a Research Scientist with the Regina Qu'Appelle Health Region and an Adjunct Professor in the Faculty of Graduate Studies at the University of Regina. She obtained her Bachelor of Arts Honours in Psychology from the University of Regina in 2006 and her Master of Arts (2008) and PhD (2012) in Psychology in Behavioural Neuroscience from the University of British Columbia. Her doctoral research examined the neural circuitry underlying risky decision making and how brain dysfunction in different systems can lead to decision making problems in people with neurodegenerative and other clinical disorders. Jennifer was funded both provincially and nationally for her research and presented at numerous local, national and international conferences. She has been a Sessional Instructor in Undergraduate Research Methods, Statistics and Biopsychology at the University of British Columbia and University of Regina.

Jennifer currently works collaboratively with neurologists, neurosurgeons, rehabilitation specialists and other clinicians in Regina on research projects focused on improving the health outcomes and quality of life for patients with neurological diseases and their families. She is also a committed volunteer to organizations that promote awareness about the brain and focus on education, prevention and caregiver support.

Jennifer's grandmother had dementia which motivated her to get involved with the Society. By serving on the Alzheimer Society Board of Directors, Jennifer wishes to work collaboratively with others to support the Society in their mission to alleviate the personal and social consequences of Alzheimer's disease and related disorders and to promote the search for a cause and a cure. Jennifer joined the Board of Directors in 2015, has served as Secretary and on the Nominating Committee and is currently Chair of the Nominating Committee.