

## How can you refer?

- Visit [alzheimerbc.org](http://alzheimerbc.org) and download the referral forms.
- Call or fax your local Resource Centre.
- Email [firstlink@alzheimerbc.org](mailto:firstlink@alzheimerbc.org).
- Call the First Link® Dementia Helpline (1-800-936-6033).

*"We may only see an individual or family once or twice, but with a First Link® referral we know they will be provided with ongoing support." – Eve Lyon, Social Worker, St. Paul's Hospital*



## Contact us

Alzheimer Society of B.C.  
Provincial Office  
300 – 828 West 8th Avenue  
Vancouver BC  
V5Z 1E2

**First Link® Dementia Helpline**  
Province-wide: 1-800-936-6033  
Lower Mainland: 604-681-8651

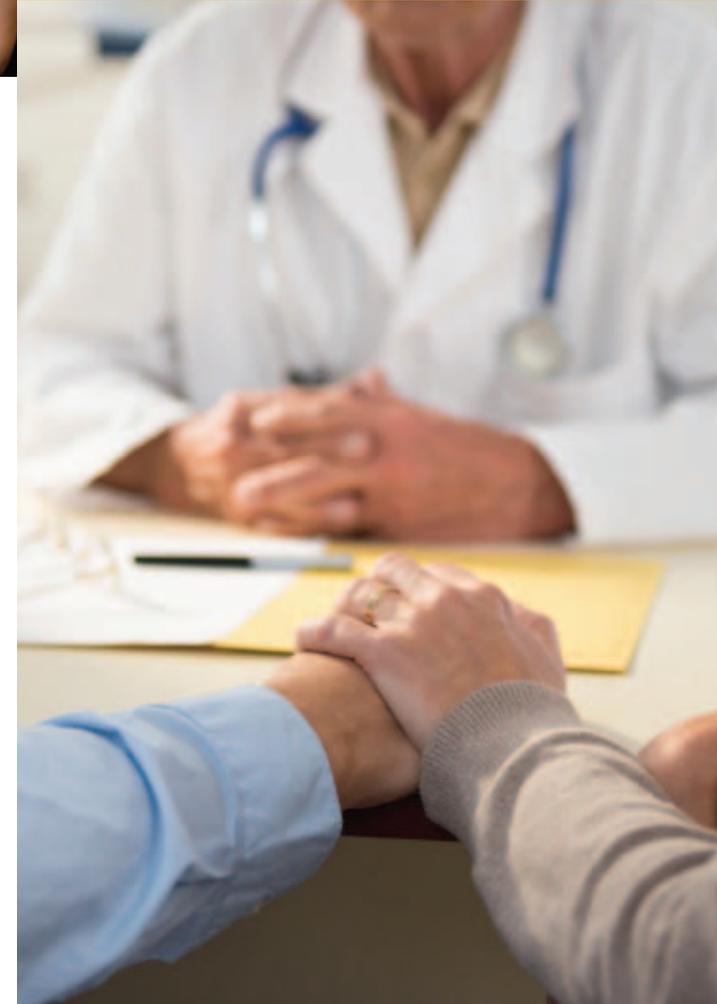
[firstlink@alzheimerbc.org](mailto:firstlink@alzheimerbc.org)

**Alzheimer Society**  
BRITISH COLUMBIA

# First Link®

YOUR LINK TO DEMENTIA SUPPORT

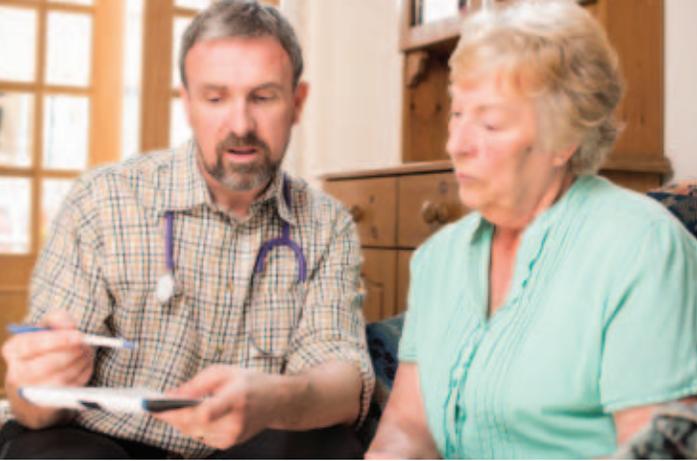
For health-care providers



**First Link®**  
YOUR LINK TO DEMENTIA SUPPORT



**Alzheimer Society**  
BRITISH COLUMBIA



The Alzheimer Society of B.C. is committed to building a dementia-friendly society where families are acknowledged and supported.

First Link® dementia support helps health-care providers connect people with dementia and their caregivers to support and learning opportunities at the time of diagnosis or at any other point in the progression of the disease.

When you refer someone to First Link®, your clients will be supported by the Society on an ongoing basis, ensuring they have the information they need, when they need it. People referred to First Link® are connected to the Society on average 11 months sooner than when reaching out on their own.

## First Link® offers you:

- A simple referral system.
- Client support between clinical visits.
- Updates on dementia support and learning opportunities.
- The knowledge that your clients are connected to reliable community and health-care resources to help them manage the disease.

## First Link® offers your clients:

- An ongoing, flexible approach to support and learning.
- Skills and confidence to live as well as possible with the disease.
- Connection to a community of people affected by dementia.
- Access to the First Link® Dementia Helpline (1-800-936-6033) at any time.

*“When I talked to the Alzheimer Society of B.C., it felt like a door was opening. I wasn’t alone anymore.” – A caregiver*



## Support

- Support groups for people in the early stages of the disease and for caregivers.
- Minds in Motion®, a social and fitness program.
- Individual support by phone or in-person.
- Referrals to other community and health-care resources.

## Learning

- Learning opportunities for every step of the journey, including *Shaping the Journey: living with dementia*® and the *Family Caregiver Series*.
- Brochures and factsheets.
- Newsletters for both people with dementia and caregivers.