

Dementia webinars

January – March 2020



Learn about dementia from anywhere by participating in one of our live webinars – all you need is a computer, tablet or phone!

Jan. 8, 2020

2 p.m. OR 7 p.m.

Dementia Friends

For the general public.

How you can help build a community that is supportive of people living with dementia.

Feb. 12, 2020

2 p.m. OR 7 p.m.

Personal Planning

For caregivers and people living with dementia.

How to begin legal, health-care and financial planning early, before dementia affects the ability to communicate.

Mar 11, 2020

2 p.m. OR 7 p.m.

Building Caregiver Resiliency

For caregivers.

Strategies to positively manage caregiver stress and build resilience.

To register or learn more about other upcoming webinars, visit alzbc.org/webinars

Alzheimer Society
BRITISH COLUMBIA

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YOUR LINK TO DEMENTIA SUPPORT



Ministry of
Health