

Dementia webinars

September 2 to September 23, 2020



Learn about dementia from anywhere by participating in one of our live webinars – all you need is a computer, tablet or phone!

September 2, 2020

2 p.m.

Building caregiver resiliency: Staying Healthy

Strategies to positively manage caregiver stress and build resilience. For caregivers.

September 9, 2020

2 p.m.

Activities to do at home

The benefits of meaningful home-based activities for families affected by dementia.

September 16, 2020

2 p.m.

Prepare for tomorrow: health-care, legal and financial plans

Learn how to begin early legal, health-care and financial planning to prepare for your future.

September 23, 2020

2 p.m.

Responsive behaviours in a changing environment

Explore possible reasons for our own reactivity these days and learn some coping strategies.

To register or learn more about other upcoming webinars, visit alzbc.org/webinars

Alzheimer Society
BRITISH COLUMBIA

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Ministry of
Health