



OUR VALUES

- Respect
- Compassion
- Integrity
- Accountability
- Partnerships
- Person-centered

OUR VISION

The Alzheimer Society of Sault Ste. Marie and Algoma District will be a premier dementia knowledge resource and a recognized leader in dementia education and support.

The Alzheimer Society of Sault Ste. Marie and Algoma District, while an independently governed organization, is affiliated with the Alzheimer Society of Canada, the Alzheimer Society of Ontario, and the 29 other local Alzheimer Society chapters in Ontario.

Supported by:



Did you know...

◆ It is estimated that in 2018, there are 2,859 people in Algoma District living with Alzheimer's disease or a related dementia*, and that the numbers throughout the district are estimated to be broken down as follows:

• Sault Ste. Marie	1,837
• Elliot Lake/Spanish	478
• Central Algoma	209
• Blind River/North Shore	143
• Unorganized North	103
• North Algoma—Wawa/White River	74
• Hornepayne	15

*Source: *Dementia Projections for the Counties, Regional Municipalities, and Districts of Ontario*; RW Hopkins & JF Hopkins; December 2008.

◆ With the exception of the annual donation to Alzheimer research, all funds raised in Algoma district remain here to provide important programs for those affected by Alzheimer's disease and related dementias.

◆ Over the past 31 years, the Alzheimer Society of Sault Ste. Marie and Algoma District has contributed approximately \$263,770 to research into the cause and cure of Alzheimer's disease and related dementias, thanks to the generosity of donors throughout Algoma.

◆ The following is a sampling of comments that were received from recipients of our services over the past year:

- *Local Alzheimer Society is a godsend with its programs in the Sault. All the staff and volunteers are caring, generous of their time and expertise and have become friends.*
- *Staff and services are extremely helpful. I am able to better care for my husband thanks to the support of the Alzheimer Society.*
- *Thank you for your service. Every chance I get, I let my friends know what a wonderful wealth of information and various seminars for caregivers and people with Alzheimer's that can be obtained from your office.*
- *I found that anyone I had dealings with were most helpful and very caring and compassionate.*
- *Visits are stimulating and relaxing for my wife*
- *My wife looks forward to the Recreation Therapy visits/excited about the next visit.*
- *Recreation Therapy is amazing.*
- *Lucky to have the Recreation Therapist come to our house for the weekly visit. She brings joy and happiness to our home when she steps in the door.*
- *Increased funding for more staff to provide more services to more people. Interesting program, helping me with my illness and coming to terms with my illness.*
- *We appreciate you offering this service.*
- *Always a pleasant experience with useful suggestions for new approaches to explore.*

Alzheimer Society

Providing over 30 years of dementia services in Algoma District

Alzheimer Society

SAULT STE. MARIE
& ALGOMA DISTRICT

Sault Ste. Marie Office

341 Trunk Rd.
Sault Ste. Marie, ON P6A 3S9
Phone: (705) 942-2195
Fax: (705) 256-6777

East Algoma Office

9 Oakland Blvd
Elliot Lake, ON P5A 2T1
Phone: (705) 848-8145
Fax: (705) 848-9528

North Algoma Office

37 Broadway Ave.
Wawa, ON P0S 1K0
Phone: (705) 856-0000
Fax: (705) 856-0336

Web: www.alzheimer.ca/algoma

Charitable Registration Number: 10670 5403 RR0001



2017-2018 ANNUAL REPORT

Presented at the Annual General Meeting, June 13, 2018



FINANCIAL REPORT*

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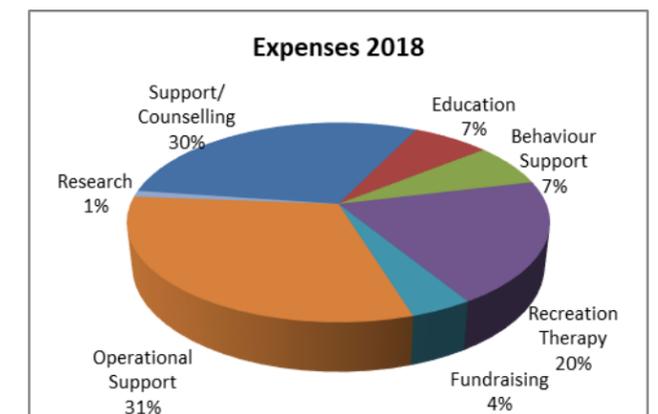
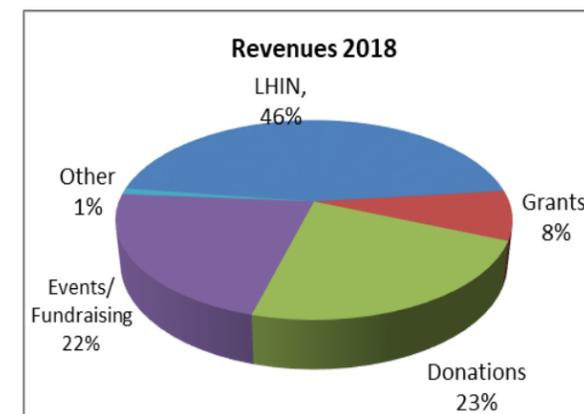
Condensed Statement of Financial Position, March 31, 2018, with comparative figures for 2017

	2018	2017
Assets		
Total Assets	<u>\$1,344,537</u>	<u>\$1,374,189</u>
Liabilities, Deferred Capital Contributions and Net Assets		
Current Liabilities	\$204,622	\$ 216,320
Deferred Capital Contributions	11,923	14,904
Net Assets	<u>1,127,992</u>	<u>1,142,965</u>
	<u>\$1,344,537</u>	<u>\$1,374,189</u>

Condensed Statement of Operations, March 31, 2018 with comparative figures for 2017

	2018	2017
Revenues		
Donations/Fundraising/Bequests	\$318,756	\$292,813
Nevada/Raffle	62,060	63,105
Local Health Integration Network	421,497	339,775
Alzheimer Society of Ontario	1,664	9,000
Grants	69,289	58,094
Interest	23,562	5,467
Other	12,743	6,051
Amortization of Deferred Capital Contributions	2,981	2,981
	<u>\$912,552</u>	<u>\$ 777,286</u>
Expenditures		
Salaries and Benefits	\$645,314	\$572,900
Building Expenses	82,071	83,496
Supplies and Sundry	113,295	90,903
Equipment	13,511	3,845
Research	10,000	10,000
Scholarship	1,200	1,200
Fundraising Costs	37,294	39,098
Grant Expenditures	-	-
Amortization of Capital Assets	24,059	24,059
	<u>\$ 927,744</u>	<u>\$ 825,501</u>
Excess of revenues over (under) expenditures before the undernoted	<u>\$ (15,192)</u>	<u>\$ (48,215)</u>
Unrealized Loss (Gain) on Mutual Funds	\$ (219)	\$ (39,468)
Excess of Revenues over (under) Expenditures	<u>\$ (14,973)</u>	<u>\$ (8,747)</u>

*Based upon financial statements prepared by KPMG LLP, Chartered Accountants. Complete audited financial statements available upon request.





PROGRAM STATISTICS 2017-2018



Family Support/First Link

794 families served
2,146 visits
403 group participants

Health Promotion and Education

90 education sessions
1,337 group participants

Recreation Therapy

109 clients served
1,910 visits

Website

No data due to change in website platform

Volunteer Visiting

10 client/volunteer matches
303 visits

Volunteer Hours

Awareness & Fundraising	1043
Office Assistance	606
Board & Committee Meetings	283
Volunteer Visiting	575
Other	309

Behaviour Support

267 clients served
266 visits

Total Volunteer Hours 2,816
(167 registered volunteers)

TREASURER'S REPORT

Helen Christenson

As you know the duties of Treasurer are all about the money. This is not in any way the focus of our chapter. We are focused on the people we serve and there are many in the Alzheimer Society of Sault Ste. Marie and Algoma District. I would like to highlight just a few of the changes over the past year. We have exceeded our highest demands for service in all of our programs this year. As a result of the hard work of all the staff and the executive director, the chapter received additional LHIN funding for the First Link program and the Behavioural Support program. As well, the chapter received other sources of funding to run the hugely popular Minds in Motion® program and Finding Your Way. We continue to have huge waiting lists in our Volunteer Visiting Program and the Rec Therapy Program. And herein we continue to have a major issue. We are restricted in our services by the funding we receive.

It was a rewarding year for the period ended March 31, 2018, but ended with a deficit of \$14,973. This compares to a deficit of \$8,747 for the previous year, due mainly to an unrealized gain on marketable securities of \$219, (2017 - \$39,468). If one excluded the one-time gain from investments, the loss of the current year was \$15,192 compared to a loss of \$48,215 in the previous year. The Society showed a better result this year mainly due to increased donations of \$24,686 and increased grants of \$11,195 and all other increases in revenues were offset by similar increases in expenditures.

The LHIN is an important source of revenue at \$421,497 or 46% of total revenues. However, other revenues which include donations, fundraising, bequests, and Nevada/Raffle, are an equally important source of revenue accounting for 54% of total revenue.

Expenditures increased by \$102,243 or about 12% due to higher labour costs and the much needed addition of full time staff in the First Link, Behavioural Support, Minds in Motion®, and Finding Your Way programs. All other expenses remained at approximately the same levels as in 2017.

The Chapter's most important asset is its staff and our society continues to grow in spreading its knowledge of Alzheimer's disease and related dementias not only to Sault Ste. Marie and the Algoma District but also throughout the province as it is requested to make presentations.

Our financial strength provides the organization with the resources to operate an expanded range of programs and increased needs in our current programs that deal with the devastating consequences that Alzheimer's disease and related dementias has on individuals and families in our community and the Algoma District. The Alzheimer Society is extremely grateful for the generous support received from individuals, businesses, and organizations who ensure that we can continue to perform this important role in Sault Ste. Marie and the Algoma district. We continue to introduce new programs both in Sault Ste. Marie and the Algoma District which were well received this year.

The Society is very appreciative of the funds received from the LHIN and are looking forward to the continuing funding provided by the Ontario provincial government for this devastating disease.

Help for Today. Hope for Tomorrow...®

Mission Statement of the Alzheimer Society of Sault Ste. Marie and Algoma District

To improve the quality of life for people affected by Alzheimer's disease and related dementias and to provide support for their caregivers. We will accomplish this mission by:

- Providing support and guidance for people affected by Alzheimer's disease
- Promoting the rights and well-being of the person with Alzheimer's disease or a related dementia
- Providing information, education, and training
- Increasing public awareness in the community
- Providing support and/or funds for research
- Collaborating with the provincial and national levels of the organization.

REPORT FROM THE BOARD OF DIRECTORS

Barry Sullivan, Chair

The Board of Directors of the Alzheimer Society of Sault Ste Marie and Algoma District is focused on the needs people living with dementia, their families and caregivers. The Board of Directors is a volunteer board made up of diverse individuals who are responsible for the Governance of the Society. The Board supports the work of our caring and compassionate Alzheimer Society Staff and every day we can see the difference they are making in the communities we serve!

As expected all of our programs are building momentum. The Society works diligently to support research and apply for funding for additional staff and programs, develop and introduce innovative ways to fundraise, build awareness in our communities, while at the same time reducing stigma. Therefore when there is a need for service, people know where to come and are comfortable. When there is an opportunity to support a charity and help to fund local services, the Alzheimer Society of Sault Ste. Marie and Algoma District is top-of-mind for those precious donation dollars.

Service delivery was enhanced this year. In addition to our ongoing programs of Family Support, public education, and volunteer visiting, we continue expanding our Recreation Therapy, offering in-house programs such as Afternoon Expressions, an Art Therapy Program. With our expanded office space to offer recreation, our goal is to reach more persons living with dementia in our community. The secondary benefit of this program is, that it allows the caregiver some respite during the week, as they can drop the person living with dementia off at the office, in a safe environment and take time for themselves for the duration of the program. Our Minds in Motion program continues to grow and we have offered three sessions beginning in January on a weekly basis to accommodate the growing demand. We are pleased to offer the program 5 times a year from September to June with a maximum of eleven couples attending on a weekly basis. We have also been very fortunate to add two additional full time staff to the First Link Department thanks to the enhancement dollars approved by the North East LHIN and ongoing support from Jennifer McKenzie and the Ontario Dementia Strategy commitment from the Ministry of Health. The addition of these two human resources has allowed the Alzheimer Society to maintain a reasonable caseload for Persons Living with Dementia and their caregivers. I would like to thank the staff for the outstanding work they do every day by providing care and support to those living in our communities.

All funds raised locally remain in Sault Ste. Marie & the Algoma District to support our programs and services. Each year our fundraising events continue to achieve greater results than the previous year. We are grateful for the support of people in our community as well as corporate and private donors.

I would like to thank our dedicated staff and board members again this year for all of their hard work and the exceptional support provided to those we serve.

Board of Directors 2017-2018

Barry Sullivan, Chair
 Jackie McAndrew, Vice Chair
 Judi Gough, Secretary
 Helen Christenson, Treasurer
 Joan Desjardins, Director
 Amanda Luther, Director
 Cindy Murphy, Director
 Rene Mader, Director
 Deborah Burns, Director
 Bruce Villella, Director
 Susan McLean, Past Chair (ex officio)

Staff 2017-2018

Terry Caporossi, Executive Director
 Vicky Roy, First Link Care Navigator, Sault Ste. Marie
 Cathie Randell, First Link Coordinator, Sault Ste. Marie
 Wende Diemer, First Link Coordinator, East Algoma
 Christy Reid, First Link Coordinator, North Algoma
 Lisa DeZordo, First Link Coordinator
 Renee Pitre, First Link, Coordinator, Sault Ste. Marie
 Janice Seppala, Education Coordinator
 Lisa Meschino, Coordinator, Dementia Friendly Communities
 Kelly Spurr, Behavioural Support Facilitator
 Stacey Shiels, Recreation Therapist
 Heather Grant, Recreation Therapist
 Lisa Ritchie, Recreation Therapist
 Tanya Cook, Community Outreach Coordinator, East Algoma
 Debby Sorokopud, Minds in Motion Coordinator
 Bea Fioramanti, Resource Development Coordinator
 Teresa Michel, Financial Clerk
 Monica Ruzyski, Bookkeeper
 Sharen Buchan, Administrative Assistant



THE YEAR IN REVIEW: PROGRAMS AND SERVICES

The Alzheimer Society responds to changing needs in our community by creating new programs or enhancing those that exist to make them more accessible or useful to our clientele. Some initiatives from the past year include:

- Minds in Motion® is a community-based social program that incorporates physical and mental stimulation for people with early to mid-stage signs of Alzheimer's Disease and other dementias and their care partners. This eight-week program is delivered once weekly for two hours and combines physical activity with mental stimulation in a social environment. The program continues to grow both in Sault Ste. Marie and Wawa as persons living with dementia and their caregivers see the increased benefits of participation and socialization.
- The Alzheimer Society continues to support partnerships across Sault Ste. Marie and the Algoma District to further support the safety and well-being of those at risk of wandering. Building on the already existing program of Project Lifesaver the Alzheimer Society has partnered with City Police and OPP to offer Project Lifesaver in Elliot Lake and Wawa. Our thanks to our sponsors, and the Rotary Clubs of Elliot Lake and Wawa for their financial contributions to the this program. To date the Alzheimer Society has been able to supply persons living with dementia at risk of wandering six bracelets at no cost.
- The Alzheimer Society launched another new program in November 2016 called Afternoon Expressions with the leadership of staff in our Recreation Therapy Department. The program is providing opportunities for a Person Living With Dementia and a caregiver to participate in an Art Therapy program. The program is offered five times a year and is led by community art enthusiasts. To date the program has been offered a total of eleven times and is providing support to 95 participants. For more information about the Afternoon Expressions program please contact the Alzheimer Society office to find out when the next program will be offered.

The Board of Directors was pleased to approve a \$10,000 donation to Alzheimer research in 2018. This donation represents the continuation of an annual commitment to research that the Society has made over most of its 33 year existence for a total of over \$263,000.

Two Alzheimer Society scholarships were awarded this year. Congratulations are extended to Jason Belisle, this year's Sault College recipient. Congratulations are extended to Constance Pangowish, this year's Algoma University recipient. The purpose of the scholarships is to encourage an interest in the care of the elderly and is open to students enrolled in any health or human services program at Sault College and Algoma University.

Quality improvement activities include collecting information from clients regarding their satisfaction with our services. The following data was compiled after the 2017 surveys were completed:
Individual Support, Support Groups, and Learning Series

- Improved understanding of dementia: 90-100%
- Improved understanding of Alzheimer Society services: 90-95%
- Improved understanding of dementia-related community services: 80-85%
- Benefitted from peer support: 95-100%

Recreation Therapy

- Recreation Therapist's visits are beneficial: 100%
- Positive feelings result from visit: 100%
- Would recommend program to others: 100%

Volunteer Visiting

- Volunteer's visits are beneficial: 100%
- Volunteer provides socialization, assistance with activities, and respite for caregiver: 100%

Behaviour Support

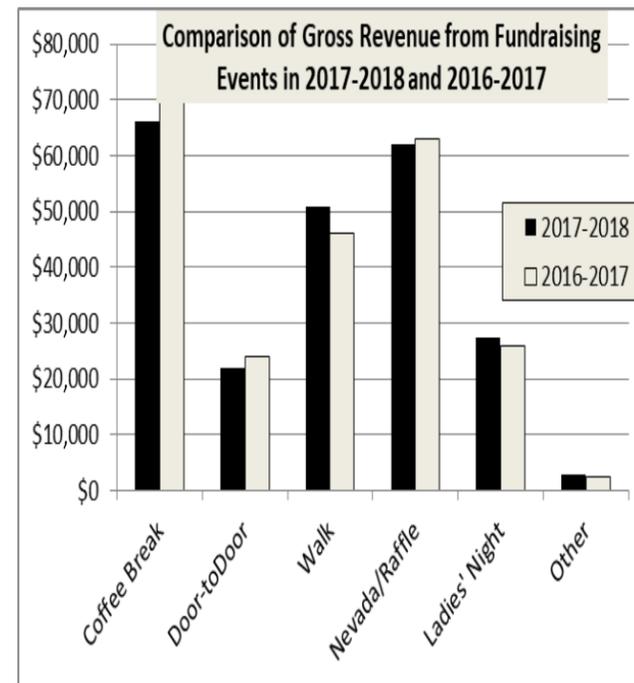
- Improved understanding of dementia: 100%
- Improved ability to cope with dementia: 100%
- Improved confidence in ability to care for myself (caregiver): 100%



THE YEAR IN REVIEW: VOLUNTEER PROGRAMS & FUND DEVELOPMENT

We continue to be humbled by and grateful to the 167 volunteers who so generously donate their time and skills in support of people affected by dementia. From office assistance to fundraising to friendly visiting to governance, our volunteers are involved in all aspects of the organization and are critical to our ability to carry out our mission. In the past year, volunteers provided 2,816 hours of service to the Alzheimer Society. Thank you all.

Revenue from the Society's fundraising events increased by approximately 1% over the previous year, mostly due to increased revenue in raffle ticket sales and a very strong Coffee Break campaign. The annual door to door campaign and Nevada sales have seen a relatively consistent revenue. Door to door campaign continues to see a relative decline on an annual basis due to difficulties with volunteer recruitment and the timing of the January campaign. Revenue from the major events experienced an overall increase, as noted in the graph below.



Partnerships are key to our fund development activities, and we would like to thank the businesses and organizations that have supported the Society over the past year:

Walk for Alzheimer's

Platinum: Oldies 93, 94.1 Moose FM, Henderson Heating & Cooling

Gold: Brookfield, Hydro One

Silver: The Shoe Fits, KPMG, Fairview Bus Lines, Allstate Insurance Company of Canada, ELNOS, Soo Video Sales & Service, BioForest

Bronze: And Son Contracting, Dumanski Office Interiors, Fountain Tire, Lock City Monuments, Mio's Furniture Fashions, Mike Moore Construction Ltd., PUC Services Inc., Purvis Marine Ltd., Rector Machine Works, Royal Purple #155, Safeguard by Kerry, Sims Custom Countertops, Soo Mill, The Country Way, The Lions Club, The Medicine Shoppe- Great Northern Road, Elliot Lake Funeral Chapel, Milltown Motors

Ladies Night Out/Raffle

Diamond Level: Grand Gardens North, Northwood Funeral Home, Kiss 100.5/ 104.3 Country

Gold Level: HR Lash, Hess Jewelers, Identity Hair Salon/ OC Hair, Bath, & Body

Pearl Level: Hollywood Limousine, Shaylan Spurway Photography/Stella and Dot, North Star Travel and Tours

Crystal Level: Jorie's, McDougall Energy

Restaurant Pkg. Donors:

Arturo's Ristorante, Embers Grill & Smokehouse, Antico Ristorante, Barsanti's Restaurant, North 82, Solo Trattoria, Giovanni's, Muio's, Sandro's, Tandoori Gardan, The Mill Steakhouse + Wine Bar, Park Grille.

Coffee Break:

Collegiate Heights Retirement Residence, Extendicare Mapleview, KPMG, Moose FM, 104.3 Country/ KISS 100.5, Sault Star

Special Thanks to:

Knights of Columbus #11608