

Make Your Coffee Count

Hosting a Coffee Break® can be as simple as brewing a pot of coffee at home or at work and inviting your friends, family or colleagues to enjoy a cup. A Coffee Break® can be large or small, simple or elaborate and can be held anywhere.

Looking for creative ideas for hosting? See the next page!

Simply have your guests make a donation of their choice to the Alzheimer Society on **September 20th (or the day(s) of your choice)**. We will send a FREE kit to you containing a coin box, promotional materials and event ideas on how to host a Coffee Break®.

Did You Know?

As a result of the growing number of individuals diagnosed with Alzheimer's disease and related dementias, our local Society has experienced almost a 50% increase in the number of clients served over the past year. 1 in 10 individuals over the age of 65 are living with dementia and over 2,800 of our local residents and their families are affected by Alzheimer's disease.

Supporting the 2018 Coffee Break® is an easy way for you to **make a difference** and ensure that the **Alzheimer Society of Sault Ste. Marie and Algoma District** can continue to provide much needed services to **local** people affected by Alzheimer's disease.

This includes support groups, education, recreational therapy and the *Minds in Motion* program.



So, Perk Up and Get Brewing!

You could have your own Coffee Break® every morning by winning a **Keurig Home Brewing system generously donated by McDougall Energy!**

For your chance to win, host sites must raise:

\$100.00-199.99 for ONE ballot

\$200.00-299.99 for TWO ballots

\$300.00 or more for THREE ballots

In addition, if you raise over \$100.00, you will **ALSO** have a chance to win a gift box generously donated by St. Joseph Island Coffee Roasters!

The Coffee Break® Challenge

This year will mark the 16th year for the Golden Coffee Cup Trophies to be awarded to the *Host with the Most* in several categories. To be eligible for the trophy, your coffee break **must be held before Thanksgiving.**

Here's a look at last year's winners:

Ontario Finnish Rest Home	Tarentorus Public School
MNRF/MTO/MOEC/MOL/MNDM/MCSS	Elliot Lake Secondary School
North East LHINS	Christy Reid
McDougall Energy	Marian's Book Keeping
Algoma Steel Inc.	Community of Christ Church
Pino's Get Fresh	Root River Golf Club/ Barsanti's Restaurant