

Soci t  Alzheimer Society

CHATHAM - KENT



Learning Series

First Steps

For Family Members & Friends of
Individuals with Dementia

Refreshments
will be
provided

First Link Learning Series®

First Steps

2 Wednesdays Feb. 13th & 20th 2019

6pm-8:30pm

**Alzheimer Society of Chatham-Kent
36 Memory Lane, Chatham, ON N7L 5M8**

Space is
Limited

For more information

or to Register

**Please Call The Alzheimer
Society of Chatham-Kent**

519-352-1043

Session Topics Include:

- What is dementia
- Brain and Behaviour
- Drugs, treatment and research
- Future planning – legal and financial matters
- Coping Strategies & Community Resources