

AUGUST 2019

WALLACEBURG DAY PROGRAM

Daily Activities

9:30 Morning Chat & Snack

10:00 Small group activity, music, trivia

10:30 Physical Movement/Exercise, Small Group Activity

11:00 Game Time, Trivia, Word Games

11:30 Small Group Activity

12:00 LUNCH

1:00 Rest & Relaxation (Video clip, music)

1:30 Entertainment/ Group Activity (eg. Crafts/Woodworking)

2:00 Dessert & Trivia

2:30 Small Group Activity (eg. Singalong)

Tuesday	Wednesday	Thursday	Friday
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6 11am- Presentation With Sydenham Naturalists	7 11am- VON Exercise . 1:30pm- Movement & Stretch with Fran and Pet Visit with Whisper	8 11am- VON Exercise	9 1:30pm- Music with Elise
13 1:00pm- Music with Renee	14 11am- VON Exercise	15 1:30pm- Music with Jeff	16
20 1:30pm- Art Therapy With Krista	21 11am- VON Exercise 1:30pm- Movement & Stretch with Fran and Pet Visit with Whisper	22 11am- VON Exercise	23 1:30pm- Wallaceburg Museum Presentation- "The Glass Factory"
27 11am- Uncle Tom's Cabin Presentation	28 11am- VON Exercise	29	30

SCHEDULE & ACTIVITIES SUBJECT TO CHANGE