



Board of Directors Profiles 2019-20

Bob Baker has 30 years of experience in the broader public sector with proven expertise in strategy, planning, and execution at national, provincial, and community levels. As an executive leader in a number of health related organizations and foundations, Bob also brings expertise in donor development, stewardship and board governance. Bob's family has been impacted by dementia and he hopes to make a positive change for those living in Durham Region and beyond.

Paula Donahoe has worked in the health care field for over 50 years as a registered nurse in a variety of clinical and educational settings including long term care working with adults with dementia, public health working with families supporting a loved one with dementia, and educational settings facilitating courses in adult education and communication techniques for patients and families. Paula is an active volunteer in her home community of Uxbridge where past volunteer activities have included a role as president of the Uxbridge Cottage Hospital Auxiliary, and a member of IODE.

Megan Hanzal is a Chartered Professional Accountant at Collins Barrow in Courtice. Megan has a wide range of experience in accounting and assurance dealing with public and private companies and not-for-profit organizations. Megan is currently serving a term as the Treasurer of the ASDR Board of Directors. She was also the Co-Chair of the 2015 Walk for Memories and a volunteer at the past Chocolate Lovers Luncheon.

Marilyn Stitt is a Chartered Professional Accountant at KPMG in Toronto. Marilyn has over 30 years of experience in public accounting dealing with a wide range matters for public and private companies as well as not-for-profit organizations. Marilyn has volunteered each week with the VON Durham Region 'Seniors Maintaining Active Roles Together' program since 2013. Marilyn is a new member of the ASDR Board of Directors in September 2018.

Christine Culbertson recently joined the board and brings her many years of experience as a business and professional coach specializing in sales, leadership, communication and relationships. She's an avid volunteer sharing her time and talents globally and locally and she has a very soft spot for Alzheimer as she knows first hand the ravages the disease has had on her Mom and her family. Christine's motto is, 'Dream It and Be It', and her dream is to support and empower families through their journey.

Sheryl Bernard is the owner and principal consultant at Bernard Consultancy, serving organizations in health, social and community care. She is a registered nurse with over 30 years of clinical and senior leadership experience across various health sectors. She has lead and developed many geriatric programs and services, particularly those with Alzheimer and associated dementias. She is the founding president of registered charity, Jamaican Canadian Association of Nurses (JCAN), where she can cultivate plans that are

designed to meet the unique needs of marginalized individuals with dementia, including their families and caregivers.

Kelly Turcotte has been a Registered Practical Nurse for the past 17 years working with people who live with Alzheimer's and Dementia in the Long Term Care sector. Three years ago Kelly joined the team at Traditions of Durham Retirement Residence, as Director of Wellness. Kelly is a strong advocate for those under her care and has continued to look for opportunities to help those around her. With Kelly's time within the health care field she has been able to identify the need for more education surrounding Alzheimer's and Dementia and has taken steps to educate her self and those around her. Kelly's Family has been impacted by Alzheimer and Dementia as well as close family friend who have inspired her to make a difference in her community.

Shahzil Mohamed owns and operates Remedy's Rx in Bowmanville. As a registered pharmacist and community healthcare professional, he supports a number of people living with Alzheimer's disease and has seen the impact of the illness on his patients and their caregivers. Shahzil has been an active volunteer in various capacities and is keen to apply his knowledge and expertise to help serve the needs of Durham Region. Shahzil is a new member of the ASDR Board of Directors, appointed in December 2018.