Alzheimer Society
DURHAM REGION

The Reitman Centre CARERS Program

Enhancing Care for Ontario Care Partners – a program developed in partnership with the Sinai Health System Reitman Centre including Reitman Centre CARERS Program and Reitman Centre TEACH Program

A workshop for care partners of persons living with dementia

This program is for care partners experiencing significant challenges caring for persons living with dementia, in the community.
Participants will have more confidence through evidence based psychotherapeutic skills training.

****Registration is required****

Thursday afternoons
8 weeks starting May 31, 2018
Note: June 21st session moved to Friday June 22, 2018
1:00pm - 3:00pm

Topics Include:

- Problem Solving Therapy (PST)
- Real-time Guided Simulation
- Emotional Responses to Caring Challenges
- Care Partner Skills Training
- Alternative Communication Strategies

You will be contacted for pre-screening to confirm attendance.

Respite options are available. Please ask us for information!

Location of program:

Alzheimer Society of Durham Region
1600 Champlain Ave., Suite 202, Whitby
For more information or to register, please call:
905-576-2567 ext. 5253 or toll-free 1-888-301-1106 ext. 5253
or email: information@alzheimerdurham.com

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Sinai Health System
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