

## Monthly Support Programs

Call 613-962-0892 for more information

### For Persons with Early Memory Loss and their Partners in Care

Bancroft	Riverstone Retirement Residence 3rd Tuesday	10:00am
	Friends of Riverstone 4th Wednesday	1:00pm
	Friends of Bancroft Spousal Support Bancroft Office 2nd Wednesday	10:00am

### Memory Café Call 613-962-0892 for more information

Belleville	Alzheimer Society Office 3rd Wednesday	10:00am
Tyendinaga	Community Well Being Centre Last Thursday	2:00 pm
Stirling	Stirling Public Library 2nd Wednesday	2:00pm
Quinte West	Crown Ridge Retirement Home 3rd Wednesday	10:00am
Tweed	Moira Place Long Term Care Home Last Thursday	10:00am
Picton	Wellings of Picton 3rd Tuesday	10:00am
Deseronto	Deseronto Public Library The 2nd Tuesday of each month	2:30 pm

### Caregiver Support Groups

Belleville	Alzheimer Society Office 1st Thursday	10:00am
Belleville	<i>Women's Group</i> 3rd Thursday	10:00am
Belleville	<i>Men's Coffee Break</i> Alzheimer Society HPE office 3rd Friday	9:30am
Brighton	Evangel Church, 30 Butler St W 3rd Monday	10:00 am
Madoc	Madoc Arts Centre 3rd Wednesday	9:30am
Picton	<i>Caregivers &amp; People Living with Dementia</i> H.J McFarland Memorial Home 1st Monday	10:00 am
Quinte West	Seasons Retirement Residence 2nd Wednesday	10:00am
Quinte West	St. George's Anglican Church 3rd Tuesday	10:00am
Wellington	Wellington Library 1st Thursday	2:00pm
Picton	<i>Caregivers of Parents</i> Manor on Loyalist Parkway Last Tuesday	4:00pm
Picton	Picton Office 90 King St. 3rd Monday	10:00am

**Picton Office** 613-476-2085  
90 King Street, Picton

**Belleville Office** 613-962-0892  
470 Dundas Street East, Bay View Mall, Belleville

**Bancroft Office** 613-332-4614  
1 Manor Lane, Bancroft