

Ongoing Programming

<p>PLATE MATES Last Tuesday of each month 12:00pm</p>	<p>A social group for persons living with dementia, family and friends. This monthly program rotates to restaurants in the area. Call 613-962-0892 to reserve your seat!</p> <p>REMAINING 2019 DATES October 29 Iron Rooster Rotisserie & Grill, Madoc November 26 Swiss Chalet, Belleville</p>
<p>MUSIC FOR ME iPod/Music Lending Program</p>	<p>Contact your local Education & Support Coordinator today to request your personalized music player. Donations of used iPod's/MP3 players and cash are always gratefully accepted.</p>
<p>FREE Will & Estate Planning Guide</p>	<p>Learn how you can help yourself, your family and the Alzheimer Society!</p> <p>Contact us for your FREE will & estate planning guide today!</p>
<p>*NEW* Call—in group and evening support groups</p>	<p>Have you been unable to attend a caregiver support group, due to work/time restrictions, mobility or transportation issues? Find out more about our NEW Call-In groups being held this fall. PLUS check out our new evening support group listings for options in Picton, Belleville and Quinte West.</p>
<p>BOOK SALE</p>	<p>NEXT SALE: NOVEMBER 5,6,7 2019 8:30-4:30 at the Bay View Mall. Be sure to follow us on Facebook for more information.</p>

Special Events & Education Opportunities

<p>TWEED IG WEALTH MANAGEMENT WALK FOR ALZHEIMER'S</p>	<p>SUNDAY, OCTOBER 20 2019 Join us and the Kiwanis Club of Tweed for our third annual Walk for Alzheimers at the Tweed Fairgrounds - exploring the beautiful Eastern Ontario Trails. www.walkforalzheimers.ca.</p>
<p>WELCOME TO MY WORLD Dementia Tour Training</p>	<p>WEDNESDAY, OCTOBER 23 2019 This 3 hour interactive workshop allows participants to experience some of the cognitive and physical challenges associated with aging and dementia. <i>\$25 per person, must pre-register</i></p>
<p>PROFESSIONAL TRAINING</p>	<p>G.P.A FOR DEMENTIA CARE FRIDAY, NOVEMBER 1 2019 7.5 hour evidence based education session allows participants to assist team members who care for older adults who display responsive behaviours associated with dementia. <i>\$22 per person.</i></p> <p>U-FIRST MONDAY, NOVEMBER 11 2019 6 hour case-based Professional Caregiver training participants will learn how U-FIRST and P.I.E.C.E.S.™ best practice methods can help improve the quality of your interactions with the person living with Alzheimer Disease and other dementias. Gain more confidence and understanding of responsive behaviours due to dementia.</p>
<p>KAY STAFFORD CAREGIVER EDUCATION DAY</p>	<p>FRIDAY NOVEMBER 8 2019 at the Trenton Seniors Club 105. Register now for your space. Information, guest speakers and more.</p>
<p>FIRST STEPS EDUCATION FOR CAREGIVERS</p>	<p>WEDNESDAY NOVEMBER 6, 13, 20 2019 A 3-part learning series for care partners of someone who is living with dementia. Topics: What is dementia? Adapting to brain changes. Planning ahead & building a circle of support. Please call and register to ensure space.</p>

Alzheimer Society

H A S T I N G S - P R I N C E E D W A R D

Contact one of our three offices for more information

Picton Office 613 476 2085
90 King St, Picton

Belleville Office 613 962 0892
Bay View Mall, Belleville

Bancroft Office 613 332 4614
1 Manor Lane, Bancroft

Caregiver Support Groups

Belleville	Alzheimer Society, Belleville	5:30pm Last Tuesday
Belleville	Alzheimer Society, Belleville	10:00am 1st Thursday
Belleville	Alzheimer Society, Belleville <i>Women's Group</i>	10:00am 3rd Thursday
Belleville	Alzheimer Society, Belleville <i>Men's Coffee Break</i>	9:30am 3rd Friday
Brighton	Evangel Church, 30 Butler St W	10:00am 3rd Monday
Madoc	Madoc Arts Centre	9:30am 3rd Wednesday
Marmora	Family Health Centre <i>One on One & Family Support</i>	By appointment 1st Wednesday
Quinte West	Seasons Retirement Residence	10:00am 2nd Wednesday
Quinte West	St. George's Anglican Church	10:00am 3rd Tuesday
Quinte West	Crown Ridge Multipurpose Room	6:00pm 2nd Thursday
Phone in *NEW*	Call in (Oct-Dec 2019)	2:00pm or 6:00pm 1st Monday

Memory Café

Belleville	Alzheimer Society, Belleville	10:00am 3rd Wednesday
Picton	Wellings of Picton	10:00am 3rd Tuesday
Quinte West	Crown Ridge Retirement Home	10:00am 3rd Wednesday
Tweed	Moira Place Long Term Care Home	10:00am Last Thursday
Tyendinaga	Community Well Being Centre	2:00pm Last Thursday

Prince Edward County Groups

Picton	Alzheimer Society, Picton <i>Caregivers of Parents</i>	4:00pm Last Tuesday
Picton	Alzheimer Society, Picton <i>Caregivers only</i>	10:00am 3rd Monday
Picton	H.J McFarland Memorial Home <i>People Living with Dementia & Their Caregivers</i>	10:00am 1st Monday
Wellington	Wellington Library <i>Caregivers only</i>	2:00pm 1st Thursday

Bancroft Groups

For Persons with Early Memory Loss and their Partners in Care	Riverstone Retirement Residence	10:00am 3rd Tuesday
	Friends of Riverstone	1:00pm 4th Wednesday
	Friends of Bancroft Spousal Support	10:00am 2nd Wednesday

Alzheimer Society

H A S T I N G S - P R I N C E E D W A R D

Contact one of our three offices for more information

Picton Office 613 476 2085
90 King St, Picton

Belleville Office 613 962 0892
Bay View Mall, Belleville

Bancroft Office 613 332 4614
1 Manor Lane, Bancroft