

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center; background-color: #0070C0; color: white; padding: 20px;">July 2020</h1>			1 <small>Canada Day</small>	2 <b>Live Music For Memories ZOOM</b> Sing a long "Roger James" 2:00 – 2:45	3 <b>Friendly Fridays at the Chit Chat 1:00</b> Live on Friday's email Noreen Peters noreenpeters@cogeco.ca	4 <small>Independence Day (US)</small>
		Please note that all links to the Zoom programs are sent in the weekly email from <a href="mailto:programs@alzking.com">programs@alzking.com</a> <b>Be sure to update your zoom!</b>	6	7 <b>Men's Peer Group</b> 9:00 – 10:00 <b>Featuring Jan White</b>  Caregivers Café Zoom Meeting 1:30 – 2:30	8 Caring in Facility Caregiver Support Zoom 10:00-11:00 <b>Circle of Friends</b> Zoom Program 1:30 – 2:30	9 <b>Music For Memories ZOOM</b> Sing a long "Cowboy Mark" 2:00 – 2:45
12	13	14 <b>Men's Peer Group</b> 9:00 – 10:00  Caregivers Café Zoom Meeting 1:30 – 2:30	15 <b>Circle of Friends</b> Zoom Program 1:30 – 2:30	16 Men's Group (Caregivers) 10:00 – 11:00  Live Music For Memories ZOOM Sing a long "Michael K Meyers" 2:00 – 2:45	17 <b>Friendly Fridays at the Chit Chat on Zoom</b> 1:00	18
19	20	21 <b>Men's Peer Group</b> 9:00 – 10:00  Caregivers Café Zoom Meeting 1:30 – 2:30  Caregivers Evening Chat 7-8	22 <b>Circle of Friends</b> Zoom Program 1:30 – 2:30	23 <b>Live Music For Memories ZOOM</b> Sing a long "Glen Reid" 2:00 – 2:45	24 <b>Friendly Fridays at the Chit Chat on Zoom</b> 1:00	25 <b>LEGEND:</b> BLUE: Caregiver Support Groups GREEN: Special Event RED: Groups for persons living with a diagnosis
26 	27	28 <b>Men's Peer Group</b> 9:00 – 10:00  Caregivers Café Zoom Meeting 1:30 – 2:30	29 <b>Circle of Friends</b> Zoom Program 1:30 – 2:30	30 <b>Live Music For Memories ZOOM</b> Sing a long "Roger James" 2:00 – 2:45	31 YAYAH Lunch (Young and Young at Heart) 12:00  <b>Friendly Fridays at the Chit Chat On Zoom</b> 1:00	<b>Alzheimer Society Of Kingston Lennox And Addington</b>

Please note that programs are subject to change

