

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2020

## The Alzheimer Society of KFL&A VIRTUAL Activity and Programs

Please note that 3 programs are subject to change!		4	5	6	7	8	9
Please note that all 10 links to the Zoom programs are sent in the weekly email from <a href="mailto:programs@alzking.com">programs@alzking.com</a>		11	12	13	14	15	16
LEGEND: 17 BLUE: Caregiver Support Groups GREEN: Special Event RED: Groups for persons living with a diagnosis		18	19	20	21	22	23
Kingston Walk 24 <a href="http://www.alzgiving.ca/kingstonwalk">http://www.alzgiving.ca/kingstonwalk</a>  Napanee Walk <a href="http://www.alzgiving.ca/napaneewalk">http://www.alzgiving.ca/napaneewalk</a>		25	26	27	28	29	30
IG Wealth 31 Management Walk for Alzheimers ONLINE TODAY! Links for registration For Kingston and Napanee, above!		ALZHEIMER SOCIETY OF KFL&A, STAFF DIRECTORY Vicki Poffley, Executive Director, X207 <a href="mailto:vpoffley@alzking.com">vpoffley@alzking.com</a> , Kim Parkinson, Administrative Assistant, X <a href="mailto:reception@alzking.com">reception@alzking.com</a> Danielle Weir, First Link Navigator, X 206 <a href="mailto:dweir@alzking.com">dweir@alzking.com</a> , Jan White, Client Care Coordinator X 200 <a href="mailto:jwhite@alzking.com">jwhite@alzking.com</a> Wendy Harris, Education and Client Care Coordinator X 203 <a href="mailto:education@alzking.com">education@alzking.com</a> Mari Vepsalainen, Program Coordinator, Kingston X 209 <a href="mailto:programs@alzking.com">programs@alzking.com</a> Lesley Kimble, Fundraising Coordinator X 204 <a href="mailto:education@alzking.com">education@alzking.com</a> Lisa Prest, Client Care and Programs Coordinator, Napanee X 20 <a href="mailto:prest@alzking.com">prest@alzking.com</a> Pam Lemke, Education, Client Care and Programs, Sharbot Lake and Northbrook, X 701 <a href="mailto:plemke@alzking.com">plemke@alzking.com</a>					

**Friendly Fridays at the Chit Chat 1:00**  
Live on Friday's email  
Noreen Peters  
[noreenpeters@cogeco.ca](mailto:noreenpeters@cogeco.ca)  
May Day

**Men's Peer Group 9:00 – 10:00**  
Featuring Jan White  
Caregivers Café  
Zoom Meeting  
1:30 – 2:30  
  
Cinco de Mayo

**Caring in Facility 6 Caregiver Support Zoom 10:00-11:00**  
  
**Circle of Friends Zoom Program 1:30 – 2:30**

**Live Music For 7 Memories ZOOM Sing a long "Roger James" 2:00 – 2:45**

**Friendly Fridays at the Chit Chat on Zoom 1:00**

Mother's Day

**Caregivers Café Zoom Meeting 1:30 – 2:30**  
  
Caregivers Evening Chat 7-8

**Circle of Friends Zoom Program 1:30 – 2:30**

**Live Music For 14 Memories ZOOM Sing a long "Cowboy Mark" 2:00 – 2:45**

**Friendly Fridays at the Chit Chat on Zoom 1:00**

Armed Forces Day

Victoria Day (Canada)

**Men's Peer Group 9:00 – 10:00**  
  
Caregivers Café  
Zoom Meeting  
1:30 – 2:30

**Circle of Friends Zoom Program 1:30 – 2:30**

**Men's Group 21 (Caregivers) 10:00 – 11:00**  
Live Music For Memories ZOOM Sing a long "Michael Myers" 2:00 – 2:45

**Friendly Fridays at the Chit Chat On Zoom 1:00**

Memorial Day

**Caregivers Café Zoom Meeting 1:30 – 2:30**

**Circle of Friends Zoom Program 1:30 – 2:30**

**Live Music For 28 Memories ZOOM Sing a long "Glenn Reid" 2:00 – 2:45**  
  
Shavuot Begins

**YAYAH Lunch 29 (Young and Young at Heart) 12:00**  
**Friendly Fridays at the Chit Chat On Zoom 1:00**