



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Caring in Facility 1 10-11 (Society) Drop In, Group 1-4, Society Office Intergenerational Choir Final Concert 6:30 Holy Cross School All Are Welcome! <small>May Day</small>	CARERS 1-3:30 2 Society Office CARERS Client Support Program 1-3:30	3	 Memory Café 1:30-3:30 ~ St James Anglican Church, Parish Hall, 10 Union St., West
Please Note that our 5 CARERS and TEACH Groups are Closed groups and require an assessment by Mary Kratzer. Please contact her if you are Cont... <small>Cinco de Mayo</small>	Interested in these 6 groups. X 210. (Teach is 4 weeks long and CARERS is 8 Weeks in length) New groups starting hopefully in June! <small>Ramadan</small>	Peer Support, 7 Men's Group 9-12 at the Society Office	TWIN GROUP 8 Time to Engage 11-12 Drop In, Ladies Group, 1-4, Society 2-3:30 Caregiver Support – Sydenham Grace Centre	9	Caregivers Day Away 10 Retreat @ C.C.C. 1287 Woodbine Rd. registration required – call the society office 613-544-3078 or email reception@alzking.com	L&A IG Wealth 11 Management Walk for Alzheimer's 9am-12pm Napanee Conservation Park, 10 Pearl St. Napanee
 <small>Mother's Day</small>	Auxiliary 13 Group 10 – 12 Society Office Caregivers Luncheon 12:00 – 2:00 "Breaking Bread with Ron". Limited Spots RSVP with Reception – at society	Friendly Round Table 14 John Parrot 6:30 Companions on a Journey 7-9 (Society Office) Drop In Mixed Group 1-4, Society Office	Drop In 15 Group 1-4 (Society) Women who Care, Caregivers Support Group at the Waterford 7pm	Men's Group 16 (for Caregivers) Kingsdale New Members Welcome! 10:00 – 11:30	17	Please note that 18 our drop In's and other groups do require registration with the program coordinator and currently some groups have a wait list! <small>Armed Forces Day</small>
19	Office Closed Today <small>Victoria Day (Canada)</small>	Peer Support, 21 Men's Group 9-12 at The Waterford, 471 Cataraqui Woods Drive Alzheimer Coffee Break 10am – 11am Community living Kingston 645 Gardiners Rd #201 Trillium Retirement Community, Alzheimers Walk for Memories Fundraising Plant Sale, 800 Edgar St. 10:00 – 4:00	TWIN GROUP 22 Coffee Club 11:00 – 12:00 Royale Drop In, Ladies Group 1-4 Society Office	Alzheimer Coffee Break 23 2pm – 3pm Community Living Kingston 541 Days Road ~ Atrium	Trillium Care 24 Community's Alzheimers Awareness Coffee Break Event 2:00-4:00 800 Edgar St.	Program Coordinator 25 Mari Vepsalainen Office: 613-544-3078 programs@alzking.com
Kingston IG Wealth 26 Management Walk for Alzheimer's 9-12pm – 920 King St. Lake Ontario Park ~~~~~ Walk for Alzheimer's At Trillium Care Community 800 Edgar St	Auxiliary 27 Group 10 – 12 Society Office <small>Memorial Day</small>	TWIN GROUP 28 "New Path" Coffee Club 10:00 – 11:00 Society Office Drop In, Mixed Group, 1-4, Society Caring & Sharing Briargate 4:00-5:30	29 D.A.S- (Daughters and Sons Group) 7:30 Rose & Crown	2:00 30 Arbour Heights Caregivers support Group	Y.A.Y.A.H 31 (Young and Young At Heart) Meet up at Tom's Place 6:00	LEGEND: Blue: Caregiver Support Red: Groups for persons living with a diagnosis Green: Special Event 