



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">May 2019</h1>			1 ."Forget Me Not Club" 10:00 – 11:30 At the Sharbot Lake Retirement & Retreat <small>May Day</small>	2 "Golden Girls" Volunteer Visiting at Pine Meadow Nursing Home 10:00-11:30	3 "Old Pharts" Volunteer/ Education Group 10:00 – 11:30 Alzheimer Society Office at The Lions Hall in Northbrook	4 Please Note Sharbot Lake Retirement & Retreat is located at 14244 Road 38, Sharbot Lake
			5 Please Note Northbrook Lions Hall is the home of the Alzheimer Society Office And is located at 12328 Highway 4 Northbrook <small>Cinco de Mayo</small>	6 <small>Ramadan</small>	7	8
12 Legend: Blue: Caregiver Support Red: Groups for persons living with a diagnosis <small>Mother's Day</small>	13	14 Caregiver Support Group 1:30 – 3:00 Lions Hall	15 "Forget Me Not Club" 10:00 – 11:30 At the Sharbot Lake Retirement & Retreat Gospel Music	16	17	 18 Memory Café at St. James Anglican Church Kingston 1:30 – 3:30 <small>Armed Forces Day</small>
19 Green: Special Event	20 HOLIDAY Office Closed <small>Victoria Day (Canada)</small>	21	22	23	24	25 Please Note Sharbot Lake and Northbrook Clients welcome to participate in Programs offered in Kingston. If interested please contact x 209 Mari Vepsalainen
26	27	28 Caregiver Support Group 1:30 – 3:00 Lions Hall	29	30	31	