

Taking Care of You: Self Care for the Caregiver

Speaker: Denise Verreault
Director of Education,
Alzheimer Society of Niagara Region



Thursday, May 10th, 2018
10:00am - 12:00pm
Pfizer Room

Alzheimer Society of Niagara Region
#1 - 403 Ontario St., St. Catharines

REGISTER TODAY!

905-687-3914

RSVP by May 3/18



**SCENT
FREE
ZONE**

Scent Free Zone: Please do not wear perfume, cologne, aftershave, or any other fragrance. For the comfort of everyone using this space, be advised that this policy is enforced. If you are wearing a fragrance, you may be asked to leave the building. Thank you for your cooperation and understanding.