Resources Available about Dementia/Alzheimer’s disease

Grimsby Public Library
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Books
- Aging with Grace: What the Nun Study Teaches us About Leading Longer, Healthier, and More
  Meaningful Lives, David Snowdon, 2001
- Alzheimer’s: Answers to Hard Questions for Families, James Lindemann Nelson & Hilde
  Lindemann Nelson, 1996
- Alzheimer’s Disease: And Other Dementias, Gerry Bennet, 1996
- Barney’s Version, Mordecai Richler, 1997
- Brain Longevity: The Breakthrough Medical Program That Improves Your Mind and Memory,
  Dharma Singh Khalsa, & Cameron Stauth, 1997
- Breaking the Silence, Diane Chamberlain, 2010
- Dream New Dreams: Reimagining My Life After Loss, Jai Pausch, 2012
- Dying for a Hamburger: Modern Meat Processing and the Epidemic of Alzheimer’s Disease,
  Murray Waldman & Marjorie Lamb, 2004
- Elegy for Iris, John Bayley, 1999
- Enter Mourning: A Memoir on Death, Dementia, and Coming Home, Heather Menzies, 2009
- Grandpa’s Music: A Story About Alzheimer’s, Alison Acheson, 2009
- How to Live Well with Early Alzheimer’s, Deborah Mitchell, 2010
- Island Girl, Lynda Simmons, 2010
- It Only Looks Easy, Pamela Curtis Swallow, 2003
- Jan’s Story: Love Lost to the Long Goodbye of Alzheimer’s, Barry R. Petersen, 2010
- Leaning into Sharp Points: Practical Guidance and Nurturing Support for Caregivers, Stan
  Goldberg, 2012
- My Journey into Alzheimer’s Disease, Robert Davis with help from his wife, Betty, 1989
- No One Has to Die Alone: Preparing for a Meaningful Death, Lani Leary, 2012
- Passages in Caregiving: Turning Chaos into Confidence, Gail Sheehy, 2010
- Promise Not to Tell: A Novel, Jennifer McMahon, 2007
- Remember, Karen Kingsbury, 2003
- Saving Your Brain: The Revolutionary Plan to Boost Brain Power, Improve Memory and Protect Yourself Against Aging and Alzheimer’s, Jeff Victoroff, 2003
- Still Alice, Lisa Genova, 2008
- The 10 Best Questions for Living with Alzheimer’s Disease: The Script You Need to Take Control of Your Health, Dede Bonner, 2008
- The Story of My Father: A Memoir, Sue Miller, 2003
- The Validation Breakthrough: Simple Techniques for Communicating with People with “Alzheimer’s-Type Dementia”, Naomi Feil, 1996
- They’re Your Parents, Too! How Siblings Can Survive Their Parents’ Aging Without Driving Each Other Crazy, Francine Russo, 2010
- Turn of Mind, Alice LaPlante, 2011
- Understanding Alzheimer’s Disease, Neal R. Cutler & John J. Sramek, 1996
- Walking to Hollywood: Memories of Before the Fall, Will Self, 2010
- What’s Happening to Grandpa?, Maria Shriver, 2004
- When Memory Fails: Helping the Alzheimer’s and Dementia Patient, Allen Jack Edwards, 1994
- You Lost Me There, Rosecrans Baldwin, 2010

**DVDs**
- Away from Her, 2006
- Caring for Your Parents, 2008
- Rise of the Planet of the Apes, 2011

**Ebooks**

- Dignifying Dementia: A Caregiver’s Struggle, Elizabeth Tierney, 2011