Resources Available about Dementia/Alzheimer’s Disease

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Books
- A Guide to Advance Care Planning, Ontario Senior’s Secretariat, 2006
- All Things Hidden, Kathy Herman, 2006
- Alzheimer’s Disease: Your Questions Answered, Liz Hodgkinson, 1995
- Away from Her: Stories, Alice Munro, 2001
- Brain Longevity: The Breakthrough Medical Program That Improves Your Mind and Memory, Dharma Singh Khalsa, & Cameron Stauth, 1997
- Choke, Chuck Palahniuk, 2004
- Doing the Right Thing: Taking Care of Your Elderly Parents Even if They Didn’t Take Care of You, Roberta Satow, 2005
- Dying for a Hamburger: Modern Meat Processing and the Epidemic of Alzheimer’s Disease, Murray Waldman & Marjorie Lamb, 2004
- God Knows Caregiving Can Tear You Apart: 12 Ways to Keep it All Together, Gretchen Thompson, 2002
- Healthy Aging: A Lifelong Guide to Your Physical and Spiritual Well-Being, Andrew Weil, 2005
- Losing My Mind: An Intimate Look at Life with Alzheimer’s, Thomas DeBaggio, 2002
- Our Turn to Parent: Shared Experiences and Practical Advice on Caring for Aging Parents in Canada, Barbara Dunn & Linda Scott, 2009
- Parenting Your Parents: Support Strategies for Meeting the Challenge of Aging in the Family, Bart J. Mindszenthy & Michael Gordon
- Pop, Gordon Korman, 2009
- Remember, Karen Kingsbury, 2003
- **Still Alice: A Novel**, Lisa Genova, 2009
- **TailSpin**, Catherine Coulter, 2008
- **Talking to Alzheimer’s: Simple Ways to Connect When You Visit with a Family Member or Friend**, Claudia Strauss, 2001
- **The Alzheimer’s Health Care Handbook: How to Get the Best Medical Care for Your Relative with Alzheimer’s Disease, In and Out of the Hospital**, Mary S. Mittelman & Cynthia Epstein, 2003
- **The Better Brain Book: The Best Tools for Improving Memory and Sharpness and for Preventing Aging of the Brain**, David Perlmutter & Carol Colman, 2004
- **The Notebook**, Nicholas Sparks, 1996
- **Tumbling After: Pedaling Like Crazy After Life Goes Downhill: A Memoir**, Susan Parker, 2002
- **When Memory Fails: Helping the Alzheimer’s and Dementia Patient**, Allen Jack Edwards, 1994

**DVDs**
- **Rise of the Planet of the Apes**, 2011

**Ebooks**
- **Developmental Influences on Adult Intelligence: The Seattle Longitudinal Study**, K. Warner Schaie, 2005
- **Dignifying Dementia: A Caregiver’s Struggle**, Elizabeth Tierney, 2011
- **Parenting Your Parents: Support Strategies for Meeting the Challenge of Aging in the Family**, Bart J. Mindszenthy & Michael Gordon
- **Talking Over the Years: A Handbook of Dynamic Psychotherapy with Older Adults**, Sandra Evans, 2004
- **The Inflammation Cure: How to Combat the Hidden Factor Behind Heart Disease, Arthritis, Asthma, Diabetes, Alzheimer’s Disease, Osteoporosis, and Other Diseases of Aging**, William Joel Meggs & Carol Svec, 2004
- **The Memory Cure: How to Protect Your Brain Against Memory Loss and Alzheimer’s Disease**, Majid Fotuhi, 2003
- **The Official Patient’s Sourcebook on Alzheimer’s Disease**, James N. Parker & Philip M. Parker, 2003