



**WALK FOR
ALZHEIMER'S
MAKE MEMORIES
MATTER™**

How to Raise \$500 (or more) in 10 Days

- Day 1:** Sponsor yourself for \$25.
- Day 2:** Ask 2 family members to donate \$25 each.
- Day 3:** Ask 5 friends to contribute \$20.
- Day 4:** Ask 5 co-workers to contribute \$10.
- Day 5:** Ask 5 neighbors to contribute \$10.
- Day 6:** Ask 5 people from your place of worship/community centre to contribute \$10.
- Day 7:** Ask your boss for a company contribution of \$50 (better yet, find out if your company will match all of what you raise).
- Day 8:** Ask two businesses or companies that you deal with through work to sponsor you for \$25.
- Day 9:** Ask two businesses you frequent to personally contribute \$10 (hair salon, dry cleaner, favorite restaurant, etc).
- Day 10:** Send an email to all your out of town friends/family and ask them to contribute.