

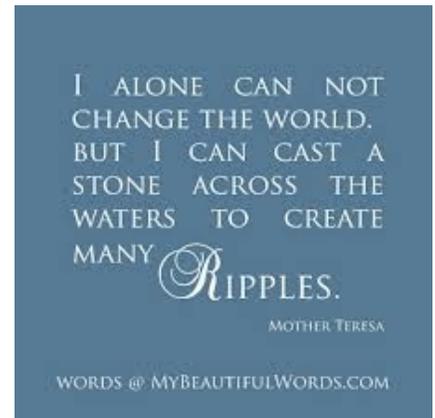
# We Run on Volunteer Power

The Alzheimer Society Peterborough, Kawartha Lakes, Northumberland and Haliburton has over 300 volunteers and helpers. We rely heavily on the support of our volunteers to further our vision and mission:

***Our Vision:*** *To be a leader in the Alzheimer Movement and recognized by our community as an essential provider of dementia-related services and support.*

***Our Mission:*** *The Alzheimer Society of Peterborough, Kawartha Lakes, Northumberland and Haliburton is a person-centered agency dedicated to advocating for and improving the quality of life for those affected by Alzheimer's disease and other dementias throughout their journey.*

This month I want to draw attention to the dedication of our Office Assistant Volunteers. Our Office Assistants assist in a variety of tasks such as: answering the phones, welcoming people who walk through our door, organizing databases, preparing for programs, phoning donors and clients, and supporting the team with other tasks. No task is too small even though sometimes it may seem trivial – all the tasks our volunteers do free up staff time to assist a family or person with dementia, or complete other functions to support those programs.



We have 12 volunteers who come regularly into the office and assist with tasks that keep our staff organized and help the offices run smoothly. They truly are members of our team and they bring so much to our organization.

A quote I read last week completely describes the work of our Office Admin Assistants,  
*“Helping is helping even when it feels like a drop in the ocean.”*

We couldn't serve as many clients or provide as many programs as we do without the assistance of our great volunteers. Thank you!

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*“They are invaluable. Without our volunteers we could not deliver nearly as many programs and services to our clients” – Lorraine*

*“The contributions that they make mean a lot more than they [the volunteers] may realize.” – Shelby*

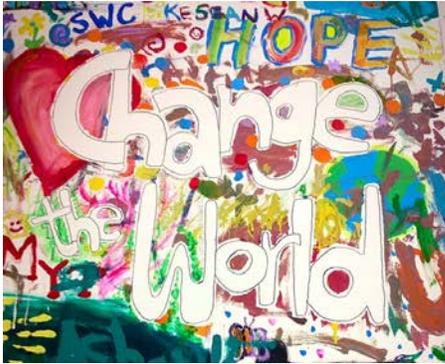
*“They are an important part of the team. I look forward to seeing each volunteer and the unique talents that they bring to the office.” – Leslie*

*“Our office volunteer is invaluable. She is a member of our team and plays a very important role in providing support to our clients.” – Bonnie*

*“I appreciate their sense of humour and the joy they bring to the office. I respect that they take pride in being Alzheimer Society volunteers.” – Jennifer*

## Volunteer. Get in the Action!

The *ChangeTheWorld – Ontario Youth Volunteer Challenge* is a call to action for youth aged 14 to 18 years to volunteer through a wide variety of exciting community initiatives. Get involved in your community!



There are many ways that youth can get involved in the community. The Alzheimer Society would like the help of students at our Walk For Alzheimer's in Northumberland at the Victoria Park in Cobourg on May 29<sup>th</sup>.

There are also a variety of other ideas listed on this website <http://ctw.ovcn.ca/get-involved/event-ideas/>

For more information on how to get involved with our Walk For Alzheimer's or other volunteer opportunities please contact:

**Shawna Peddar**, Volunteer Coordinator, 705-748-5131 x230 or [Shawna@alzheimersjourney.ca](mailto:Shawna@alzheimersjourney.ca)

Have fun and get involved!