

Donations matched by Ground Effects Ltd.



Matching Gift Campaign

Caring for someone with dementia is a full time job that requires tremendous help!

The CaregiverRX Matching Gift Campaign allows us to help those who need it the most through our many programs and services.

For the 3rd year, Ground Effects Ltd. has pledged a matching donation to help us help those in need.

Starting this April 11, 2019 and running until May 31, 2019, if donors like you could collectively raise \$50,000, Ground Effects Ltd. has pledged to match this amount.

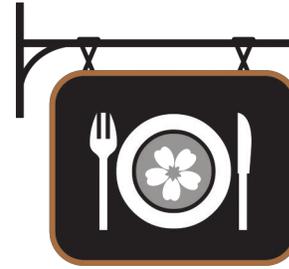
That's \$100,000 to support our local programs and services!

Please lend a hand by donating to the Caregiver RX Matching Gift Campaign and help us help caregivers who are juggling so much.



Your gift today can go twice as far

To donate: call 519-974-2220 ext. 221, drop by the office at 2135 Richmond St., Windsor, N8Y 0A1, mail a cheque or simply donate on-line at AlzheimerWindsor.com.



NEW INITIATIVE

For those with dementia and their care partners, dining out can be a difficult experience. An overly complicated menu can be too much to navigate and finding the washroom facilities may be unnecessarily stressful. Sometimes, a restaurant can feel like an unsafe place, where it is difficult to relax.

Through funding from Caesar's Windsor Cares, the new **Dining With Dementia** lunch series will improve the dining out experience for ASWE clients.

On Wednesday, January 23rd 2019, we hosted our very first Dining With Dementia lunch at Cramdon's Tap and Eatery, and it was a great success!



The Dining with Dementia lunch series is designed to facilitate a comfortable dining experience for those living with dementia and their care partners.

Twice a month (once in Windsor and once at a county location) these lunches are held at various local restaurants. A simplified, dementia-friendly menu is used. We work with restaurants to train servers.

So far, we've hosted lunches at Cramdon's, the Grounded Café in Cottam, and Pat and Hank's Fish and Chips in Windsor.

Education and Support Coordinator Andy Berthiaume oversees the lunch series. For more info call 519-974-2220 ext. 244.



FROM THE BOARD CHAIR AND CEO



Pat Soulliere



Sally Bennett
Olczak

The Adult Day program has continued to be a key program within the offerings of the Alzheimer Society of Windsor & Essex County.

We are very excited to share with you that our Adult Day program is expanding. A second adult day program will be opening soon for 3 days/week (Tuesdays, Wednesdays, and Thursdays) in the South Windsor area.

We are pleased to announce that we have secured a separate rental space located at Huron Lodge, 1881 Cabana Rd. Windsor, ON.

This ideal location provides greater access for South Windsor, LaSalle, and county residents.

Your input is welcome as we continue to develop innovative and individualized activities that interest clients and their families. All staff members are very excited and look forward to the expansion of our supports that will take place in April, 2019.

Should you have any questions about the planned expansion or would like to schedule a tour, please contact Sayed Daher, Adult Day Program Supervisor at 519.974.2220 ext. 242 or Rosemary Fiss at 519.974.2220 ext. 229

Pat Soulliere, Board Chair

Sally Bennett Olczak, CEO

AGM

The Board of Directors invites you to attend the
2019 ANNUAL GENERAL MEETING.

Tue. June 25, 2019 | 5:30pm - 7:30 pm

LOCATION: Alzheimer Society
2135 Richmond St. Windsor, ON

ALL WELCOME

RSVP

Please confirm your attendance by:
Tuesday, June 18 519-974-2220 ext. 221
generalinformation@aswecare.com

Do you live
with dementia or
know someone
who does?

You are not alone.

Alzheimer
Society

livewithdementia.ca | #livewithdementia

Mission

To alleviate the personal and social consequences of Alzheimer's disease and other dementias.

Role

The role of the Alzheimer Society of Windsor and Essex County is to collaborate with all levels of the organization and our local community in order to foster excellence in services, education and to support research.

Vision

A world without Alzheimer's disease and other dementias.

Board of Directors

Mr. Pat Soulliere, Chair
Ms. Karen Hall, Vice Chair
Mr. Arvind Arya, Treasurer
Mrs. Gay Wrye, Secretary
Ms. Claire Bebbington
Mr. Marty Beneteau
Mr. Mike Boyko
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Mrs. Patricia McMahon
Ms. Sarah Mushtaq
Ms. Marilyn Villalta

Chief Executive Officer

Mrs. Sally Bennett Olczak

Address

2135 Richmond St.
Windsor, ON N8Y 0A1

Telephone

519-974-2220

Fax

519-974-9727

Website

AlzheimerWindsor.com

ASWE is partially funded by:



Ontario

Local Health Integration
Network
Réseau local d'intégration
des services de santé

LIVING SAFELY IN THE COMMUNITY BREAKFAST

On Thursday, February 21st 2019, the Alzheimer Society of Windsor & Essex County (ASWE) hosted a free breakfast through the *Finding Your Way*[®] initiative at the Vollmer Complex in LaSalle.

The goal of the breakfast was to educate clients and care partners about the risks of living with dementia in our local communities and how to minimize those risks.

To start, Andy Berthiaume, Education and Support Coordinator, presented on the *Finding Your Way*[®] initiative, which highlights ways of creating safer home and community environments for those with dementia.

Next, Nick Goy, Detective from LaSalle Police Service, presented on the LaSalle Wandering Persons registry and the importance of adding the person with dementia to this type of registry. He also discussed the procedures the police follow in locating missing persons with dementia.

Last, fraud expert and LaSalle town councilor Mike Akpata conducted a lively presentation about fraud prevention.



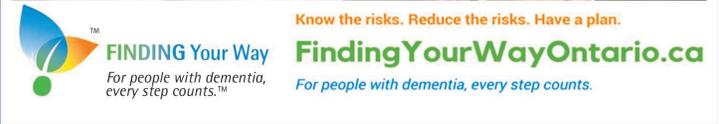
Mike Akpata speaks to group about fraud protection.

**OUR NEXT TWO BREAKFAST PRESENTATIONS DATES
FEATURING FRAUD PROTECTION AND
COMMUNITY SAFETY FOR SENIORS ARE :**

KINGSVILLE
Thursday March 21st
Unico Hall
8:30am-12:30pm

WINDSOR
Thursday, April 25th
Willistead Manor
8:30am-12:30pm

Please contact Andy Berthiaume at
519-974-2220 ext. 244 to register.



Call or visit your local Alzheimer Society for more information.
2135 Richmond St. Windsor, ON | 519-974-2220 | www.AlzheimerWindsor.com



WE NEED YOUR OLD IPODS[®]!

**ASWE IS HAPPY TO ANNOUNCE THAT WE WILL
BE OFFICIALLY RE-LAUNCHING OUR
MUSIC FOR MEMORIES PROGRAM.**

Clients will be able to borrow iPods[®] with customized playlists for their listening pleasure.

According to the Alzheimer Society of Canada, music can be a powerful source of joy and comfort for people with dementia and for those around them. When words fail, music provides a way for the person with dementia to connect with others and engage with memories and emotions.

If you have an old iPod[®] to donate, please contact, Andy Berthiaume, at 519-974-2220 ext. 244.

Stay tuned for more information as we re-launch this much-needed program.

TWO AMAZING FUNDRAISING EVENTS

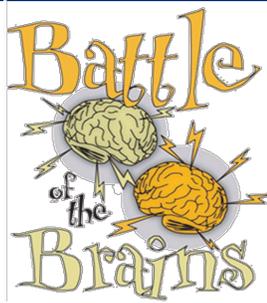
\$49,000.00

RECORD BREAKING EVENT!!

The once again sold out **Battle of the Brains** fundraising event, not only had record breaking attendance (146 teams) but raised a record amount: **\$49,000.00**.

The 2018 defending champions, *The Grocers Apostrophe's* get to keep their title with another 1st place win. In 2nd place was *Oops, I Quizzed All Over You* and 3rd place was *Conquizztadores*.

A special Grazie to Quizzmaster, Jack Ramieri, Francois Jacques, the Ciociaro Club, all involved in the planning and preparations and to 50 plus event volunteers. Without you this night would not be as successful !!



RAISING FUNDS ONE PITA AT A TIME

Celebrating a new location on Howard Avenue, the Pita Pit raised \$5,000.00 this past February.

Through a Friends & Family event, plus a \$1.00 donation from every pita sold, staff donating their tips, customer donations and store owner Jhonny Hajjar matching all donations, the Pita Pit demonstrates how a motivated community partner can support the Alzheimer Society.



This donation will be combined with a previous generous donation made by Dave Cooke, long-time supporter and ASWE honorary Directory. Both donations will be used to purchase new furniture for the Adult Day program.

"It is wonderful to have community leaders step up to support the Society with donations to enhance our programs and provide better experiences for our clients," says Peggy Winch, Manager of Fund Development & Community Engagement. "Thank you to everyone who supported this campaign."

Volunteer SPOTLIGHT

Justin Archibald has shared his smile and positive attitude as a volunteer with our Day Away program for the past 16 years!

His warm nature and helpfulness makes him a true pleasure to have on the team.

Justin is responsible for the maintenance of the Day Away dining room and kitchen. He is a stickler for cleanliness! If he is not cleaning, you will find him colouring with one of our clients.

Thank you Justin for all you do for the Alzheimer Society. You truly make the day better with your gift of time.



Music Recital

We are very fortunate to be located across from Walkerville High School with their many talented young students who once a month perform in the Adult Day program. This past month the string assemble performed.



The students and faculty are always happy to assist us when we need entertainment, or volunteer assistance.

Thank you Walkerville for sharing your talents with us!

MEMORY CAFÉ



KINGSVILLE
Second Wednesday of each month.

WINDSOR
Last Wednesday of each month.

1:00 p.m. - 3:00 p.m.

As part of Alzheimer's Awareness Month events in January, we welcomed Nancy Parker, Principal of Parker Fundraising Strategies, to our Ojibway Memory Café. Nancy gave a presentation and led a discussion about the importance of will planning. She discussed why Wills are important. Some of her points included:

PROTECTION - A Will protects those you care about, whether it's your family or a charity you support.

PEACE OF MIND - Did you know that a person must have mental capacity to sign legal documents? Get your affairs in order to ensure that your wishes will be fulfilled while you have mental capacity.

CONTROL - If you die without a Will, the Ontario government will decide how your assets will be divided - NOT YOU. Want greater control of your assets? Make a Will.

If you have more questions about Will planning or leaving a legacy, please call Peggy Winch at 519-974-2220 ext. 225 or visit our website AlzheimerWindsor.com.

DO YOU HAVE A WILL? IS IT UP TO DATE?

Anyone who has ever been the Executor/Trustee of someone's estate knows how time-consuming it can be to locate important documents, certificates, lists of advisors and other items.

It is in the best interests of your family that your Executor/Trustee be able to act quickly to protect and safeguard your assets. To assist your Executor/Trustee with this task, a comprehensive estate plan should include a complete record of your financial affairs.

It's easy to keep all your information together in one place with our FREE Estate Planner and our step-by-step guide.



Call Peggy Winch at 519-974-2220. ext. 225 and request a copy today!

MAY IS LEAVE A LEGACY MONTH. *What would a world without dementia mean to you?*

- MY MOTHER COULD ENJOY HER **HARD-EARNED RETIREMENT.**
- MY HUSBAND WHO IS ONLY 64 WOULD HAVE A **BETTER, RICHER, AND LONGER LIFE.** WE COULD GROW OLD TOGETHER.
- IT WOULD MEAN THAT I WOULD HAVE MY **BEAUTIFUL WIFE** BACK AGAIN.
- MY GRANDKIDS COULD KNOW **HOW WONDERFUL MY MOTHER TRULY IS** - SHE WOULD BE SUCH A MENTOR.

PLEASE SAVE THE DATE AND JOIN US AT ONE OF OUR

UPCOMING EVENTS



DISC GOLF

The second annual Alzheimer Disc Golf Tournament will be Saturday, July 13, in Tecumseh, at Lakewood Park. This is a fun event for all ages and skill levels. To register call Peggy Winch at 519-974-2220 ext. 225.

THE COLOR RUN

The Color Run will be returning to Downtown Windsor on July 20, 2019. The Alzheimer Society will again be recruiting volunteers for this family favourite event. To volunteer call Angela Belleau at 519-974-2220 ext. 237.

Register for The Color Run at runningflat.com



EVENT UPDATE

COFFEE BREAK® CAMPAIGN RAISES OVER \$27,000!!

Windsor and Essex County brewed coffee, baked treats, and hosted a total of 74 coffee breaks across Windsor & Essex County all to raise funds to show their support.

Thank you to our coffee sponsor, Colonial Coffee, who kicked off the campaign by hosting the first coffee break of the season at a special launch event at their store on Marentette Ave.

“We were so excited to kick-off the Coffee Break® campaign for the Alzheimer Society. They do great work in the community and we’re proud to be their coffee sponsors,” shares Laurie Ohler, Vice President, Colonial Coffee.

Coffee breaks were hosted in homes, workplaces, spas, yoga studios, and places of worship. “Our hosts are always coming up with great creative ideas,” stats Angela Belleau, Community Engagement & Volunteer Coordinator. “Crock-a-Doodle hosted a paint your mug event where partial proceeds from every mug sold went towards supporting the Coffee Break® campaign. Polished Parlour in Essex hosted Manis for Memories and donated a portion of their proceeds from each manicure to the cause for the day. We love seeing the amazing ideas of local businesses.”



THANK YOU SPONSORS, HOSTS AND SUPPORTERS!

Biz X magazine is proud to be the exclusive media sponsor, and their continued promotion of Coffee Break® helps spread awareness about the campaign.

A special “thank you” to all our Coffee Break® hosts, volunteers, sponsors and donors. You help ensure that there is help today for those who need it, and hope for tomorrow that we will find a cure.

For more information about hosting a Coffee Break® call Angela Belleau at 519-974-2220 x ext. 237 today!

Local Coffee Sponsor Local Media Sponsor



STAYING SAFE THROUGH A DONATION!



ASWE is very thankful to Safetracks™ for donating a FREE year of monitoring along with their TRiLOC™ GPS watch for one of our clients to use.

Safetracks™ offers this watch as a reliable GPS tracking device that is ideal for communicating with and locating those living with dementia.

Our client has spent a lifetime going on long walks, and this GPS watch will help ensure his safety and security for a long time to come.

Setup and tracking is easily done using the TRACKNOW™ secure website or an app on one's cellphone. In addition to the state-of-the-art GPS tracking technology, Safetracks™ takes into consideration self-esteem, discretion and simplicity in the creation of this watch.

You may remember that local photographer Don Martel – who biked North to South across Canada for ASWE last summer – wore one during his journey.

Thank you Safetracks™ for helping our client stay safe!

To find the locating device that will work best for you and your family, compare at findingyourwayontario.ca.



OPENING SOON

NEW ASWE ADULT DAY PROGRAM

**1881 Cabana Rd, Windsor, ON
(Huron Lodge)**

**This ideal location provides
greater access for South Windsor, LaSalle,
& Essex County residents.**

THREE DAYS A WEEK

Tuesday, Wednesday, & Thursday.

**Should you have any questions about the
expansion or would like to
schedule a tour, please contact
Sayed Daher, Adult Day Program Supervisor
at 519.974.2220 ext. 242 or
Rosemary Fiss at 519.974.2220 ext. 229.**

COST \$22.00 a day.

Includes a dietician approved lunch.

TEAM SPOTLIGHT

Judy Raiger is the Adult Day Program Supervisor at the Richmond Street Day Away. She has held this role since March 6, 2017.

Judy has held previous roles in long-term care and retirement homes, leading activity programs and activation teams.

She has also enhanced the teaching team in the Social Service Worker Gerontology program at St. Clair College, teaching the Leisure Recreation and Program Planning course for several years.

Looking for some music in your world? Judy is an accomplished musician, playing trumpet, trombone, guitar, and she sings! Judy has been married to her husband Fred for 32 years and they have 3 children: Brian, Kate and Jennifer, as well as Schnoodle named Milo.

Stop by Judy's office in the Day Away program anytime to say hello or have a coffee!



**LEAMINGTON
SATURDAY, MAY 25**

**TWO WALKS
ONE GREAT CAUSE!**

**WINDSOR
SUNDAY, MAY 26**



**IG WEALTH
MANAGEMENT**
**WALK FOR
ALZHEIMER'S**



Alzheimer Society
WINDSOR-ESSEX COUNTY



**PLEASE JOIN US IN SUPPORTING THOSE WHO HAVE LOST SOMEONE FROM DEMENTIA
AND THOSE WHO ARE CARING FOR SOMEONE WITH DEMENTIA.
TOGETHER WE CAN SHOW WE CARE!**

IG WEALTH MANAGEMENT WALK FOR ALZHEIMER'S

The IG Wealth Management Walk For Alzheimer's is a family-friendly community-based fundraising event taking place in over 150 communities across Canada. Please join us at one of our two locations.

Whether you walk, run, wheel, or skip your way around the track, let's walk together, to honour and remember those who have passed, provide help today for those affected by dementia, and offer hope for tomorrow as we work towards a future without this disease.

New this year - we have added fun elements such as face painting and a professional photographer on site to capture some of the great moments and help create new memories!



PLEASE HELP US RAISE FUNDS FOR OUR COMMUNITY

All funds raised locally stay in our community to help support the Windsor & Essex County programs and services provided by the Alzheimer Society of Windsor & Essex County.

THREE WAYS TO REGISTER

ONLINE: walkforalzheimer.ca

CALL DIRECT: Angela at 519-974-2220 x 237

IN PERSON: 2135 Richmond St. Windsor, ON

**Saturday
May 25, 2019**

24 Seacliffe Park
Leamington, ON

Registration: 8:30 a.m.
Walk: 9:30 a.m.

**Sunday,
May 26, 2019**

3001 Seminole Dr.
Windsor, ON

Registration: 8:30 a.m.
Walk: 9:30 a.m.