

Touch Quilt Project



Launching in 2007, the Touch Quilt Project's goal was to donate between 100 and 200 beautiful quilts for residents in long-term health care facilities throughout Kitchener Waterloo. News about the Touch Quilt Program spread quickly and since its inception, and with the enthusiastic support of our wonderful Touch Quilt Volunteers, over 5,000 quilts have been provided free of charge to every resident in a long-term care facility within the local area.

"Touch quilts are made up of fabrics with different textures (satin, corduroy, flannel, polar fleece, borg, etc.), the purpose being to provide sensory stimulation by feeling the different textures, as well as feeling the warmth of the blanket and enjoying the beauty of the quilt", says Marj Bellingham, one of the Touch Quilt's founding volunteers. "Touching and rubbing fabrics that have different textures helps to reduce stress and anxiety common in the daily lives of people with Alzheimer's disease or related dementia", adds Barb Smith, co-founding Touch Quilt volunteer.

"We are excited about providing these beautiful quilts to those with Alzheimers or related dementia whom are living in hospitals, retirement homes or their own home", add Marj and Barb.

Ways You Can Help the Touch Quilt Project!

Need a quilt? If you know someone who would enjoy a quilt, let us know and we will provide one! If you would like your facility to have quilts for all or some of your residents, we will deliver them to your location!

Are you a quilter? If you quilt, or like to sew and would like to join our volunteer team we would love to hear from you!

Have material to donate? or would like to cut 6 inch squares for the project, let us know!

Want to learn more about our Touch Quilt Program? We are available to come and speak to your group about our Touch Quilt Program!

For more information on our Touch Quilt Program please call 519 742 1422