

## Alzheimer Society of York Region to publish book of dementia stories in winter 2020

The Alzheimer Society of York Region (AS York) has partnered with I C Publishing to create a book of stories written by York Region residents impacted by Alzheimer's disease and other dementias (ADOD).

The book, to be published in the early winter, is part of the [I C Publishing's Hearts Linked by Courage Book and Series](#), which honours the work of non-profit organizations and their efforts to inform communities about their causes.

Hearts Linked By Courage, Honouring Loved Ones and Caregivers on the Dementia Journey, will be the fourth book in the series and will include 18 to 20 stories. Each story will share a different aspect of the disease and the journey including early stages to end of life.

AS York requires a few additional stories. People interested in potentially sharing their story can connect with Lisa Day, communications and fund development coordinator, at [lday@alzheimeryork.com](mailto:lday@alzheimeryork.com)

The goal of the book is to raise awareness about ADOD and people impacted by it and to change the stigma associated to a diagnosis. Readers of this book will learn people are more than their disease and that people throughout the dementia journey need their help, support and kindness.

The book is generously funded by the Carswell Family Foundation.

Learn more about I C Publishing and the work of its founder, Sheri Andrunyk by visiting here: <https://www.icpublishing.ca>

