

Alzheimer *Society*

Programs & services



Who we are

Active in communities across Canada, the Alzheimer Society provides information, support and education to people living with Alzheimer's disease and other dementias. We are their national voice and advocate on their behalf for positive change. We also fund young and established Canadian researchers working to find the causes and a cure.

Thanks to the generosity of individuals, the community and partnerships, the Society is able to carry out its vital work.

You can make a difference

By 2031, nearly a million Canadians will have dementia. Yet, too many Canadians are unfamiliar with the warning signs while others wait too long before getting a diagnosis. Help us change this by:

- raising awareness
- fundraising
- becoming a regular donor
- advocating for change
- volunteering
- sharing your experience with dementia

If you have an idea, or want to get involved, please contact us.

Supporting Canadians with information

Whether you're living with the disease, concerned about dementia or caring for someone with it, the Alzheimer Society has a wealth of resources to help you at every stage of the disease. We provide information about:

- the causes and warning signs
- the progression of the disease and day-to-day care
- potential changes in behaviour and how to respond
- treatment options
- adjusting to long-term care
- end-of-life care

You can find this and other information, including tip sheets and brochures, on our website. Printed copies are also available at your local Alzheimer Society.

Our website also features:

- links to every Alzheimer Society across Canada
- news about dementia research and brain health
- BrainBooster – activities to help reduce your risk of dementia
- resources for health-care providers

Please visit our website at alzheimer.ca

Finding answers through research

The Alzheimer Society funds research to find the causes of dementia, reduce the risk and improve diagnosis and treatment. We also fund research to improve the care and quality of life of those living with the disease.

Since 1989, the Society has invested over \$53 million in basic science (biomedical) and quality of life research through our Alzheimer Society Research Program (ASRP). Expert researchers review each application to ensure that we fund the most promising research and make the best use of every dollar that comes to the Program.

The ASRP is a critical and leading funding body for Alzheimer's research in Canada. It supports researchers starting out in their careers and helps established researchers continue their important work.

Over the years, ASRP-funded research has shed more light on:

- potential new drugs for Alzheimer's disease
- neuroimaging techniques to distinguish different forms of dementia
- how diet may delay Alzheimer's disease
- assistive devices to help people with Alzheimer's disease remain more independent
- strategies to improve care delivery at home, in the community and in long-term care

Leading change for Canadians with dementia

The Alzheimer Society is the voice for Canadians impacted by dementia.

We work with politicians, policy makers and other community and health-care organizations to advocate for legislative change and improved policies at all levels of government.

Canadians told us we needed a national dementia strategy, so we set out to make that happen.

On June 22, 2017, the *National Strategy for Alzheimer's Disease and Other Dementias Act* became law, committing the federal government to develop and implement Canada's first national dementia strategy.

Work is now underway to create a comprehensive strategy that will build on the innovative work already happening across the country. We are excited to play a key role in this initiative through our participation in Canada's first National Dementia Conference and the appointment of Alzheimer Society of Canada CEO Pauline Tardif as co-chair of the Ministerial Advisory Board on Dementia.

Learn more at alzheimer.ca/advocacy.

Dementia and Alzheimer's disease – what's the difference?

Dementia is an umbrella term for a variety of brain disorders. Alzheimer's disease is a most common form. It is a progressive, degenerative and fatal disease that destroys brain cells.

We are here to help

The Alzheimer Society works right across Canada

No matter how dementia affects you or your family, your local Alzheimer Society can help through:

- individual and family support
- support groups for caregivers
- MedicAlert® Safely Home® – a program that helps identify the person with dementia who is lost and assists in a safe return home
- First Link® – an early intervention program that connects people with dementia and their caregivers directly to information and services in their community
- brain health activities
- day programs for people with dementia/respite care
- art and music therapy
- education for health-care providers

Please call 1-800-616-8816 or your local Alzheimer Society for information and support.

Provincial offices

Alzheimer Society B.C.

Toll-free: 1-800-681-6530 (BC only)

www.alzheimer.ca/bc

Alzheimer Society of Alberta and Northwest Territories

Toll-free: 1-866-950-5465

www.alzheimer.ca/ab

Alzheimer Society of Saskatchewan

Toll-free: 1-800-263-3367

www.alzheimer.ca/sk

Alzheimer Society of Manitoba

Toll-free: 1-800-378-6699

www.alzheimer.mb.ca

Alzheimer Society of Ontario

Toll-free: 1-800-879-4226

www.alzheimer.ca/on

Federation of Quebec Alzheimer Societies

Toll-free: 1-888-636-6473

www.alzheimer.ca/en/federationquebecoise

Alzheimer Society of New Brunswick

Toll-free: 1-800-664-8411

www.alzheimer.ca/nb

Alzheimer Society of Nova Scotia

Toll-free: 1-800-611-6345

www.alzheimer.ca/ns

Alzheimer Society of Prince Edward Island

Toll-free: 1-866-628-2257

www.alzheimer.ca/pei

Alzheimer Society of Newfoundland and Labrador, Inc.

Toll-free: 1-877-776-0608

www.alzheimer.ca/nl

The Alzheimer Society is the leading nationwide health charity for people affected by Alzheimer's disease and other dementias. Active in communities right across Canada, the Society

- offers information, support and education programs for people with dementia, their families and their caregivers
- funds research to find a cure and improve care for people with dementia and their caregivers
- promotes public education through awareness campaigns and ensures people know where to turn for help
- influences policy and decision-making to address the needs of people with dementia and their caregivers

For more information, contact your local Alzheimer Society or visit our website at alzheimer.ca.

Help for Today. *Hope for Tomorrow...*[®]

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Alzheimer Society of Canada

20 Eglinton Avenue West, 16th Floor, Toronto, Ontario, M4R 1K8

Tel: (416) 488-8772 1-800-616-8816 Fax: (416) 322-6656

Email: info@alzheimer.ca

Website: alzheimer.ca

Facebook: [facebook.com/AlzheimerCanada](https://www.facebook.com/AlzheimerCanada)

Twitter: twitter.com/AlzCanada

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