

# Société Alzheimer Society

**Title of Study:**

*Remotely Delivered Cognitive Rehabilitation: Remote Training to Use Technology for Social Connection in the Era of COVID-19*

**Location of Study Trial:**

Saskatchewan

**Study Description:**

As part of the Canadian Consortium on Degeneration in Aging we developed a suite of interventions that can be delivered remotely. One of them is cognitive rehabilitation which is an individual therapy that helps train persons how to achieve personally meaningful goals. In the times of physical distancing due to COVID-19 we are focusing on training people to use technology for social connectedness. You can participate in the therapy but not have your data used for research. We will meet with you by phone and discuss how this individual intervention can help you obtain your goals. For some of you, it might mean meeting a therapist a few times, for others it will involve meeting several times. We will work with you until you feel confident using technology to socially connect with friends and family.

**Eligibility: Who Can Participate?**

anyone who needs help with learning technology and they have access to technology

**Recruitment Start Date:** 2020/04/14

**Recruitment End Date:** 2021/04/01

**Contact Information**

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