

**Title of Study:** Navigating Family Caregiving for Alzheimer's Disease

**Location:** British Columbia

**Study Description:**

In family caregiving, various individuals are continuously working together to navigate caregiving tasks over time. Previous research has focused only one individual's perspective or on the health outcomes of family members well into the caregiving role, but there is little research that addresses how family members engage together to facilitate the caregiving process. This research aims to better understand the specific ways individuals engage in and negotiate these tasks within the family dynamic.

**What will happen during the study?**

Participants will have the opportunity to meet with research assistants to have a conversation about their family caregiving process. Research assistants will work with participants to identify pertinent projects they are engaged in around their caregiving process. Participant feedback is encouraged throughout the process in order to help accurately identify family processes.

Participants will be asked to participate in two sessions over a span of three weeks. A total of 3-4 hours in person participation is required for this study.

Researchers will analyze participant conversations and video self-reflections to uncover the ways that family members interact with, communicate, and support each other as they navigate the caregiving process. The specific joint-actions and projects that family members engage in are identified through the analysis.

**Eligibility: Who Can Participate?**

Participants over the age of 18 who provide care for a family member with Alzheimer's disease at least 3 hours a week. Participants will be asked to participate as a dyad (or pairs) comprised of two individuals from a family, such as two siblings or a spouse and an adult child. Inclusion criteria will limit participation to dyads who are currently involved in providing care for a family member with Alzheimer's disease who is still living at home. Participants should speak English well enough to engage in conversations with others.

**Recruitment Start Date:** 2018/07/09

**Recruitment End Date:** 2019/04/01

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