

# Are you working and providing care to a relative or friend with dementia?

If so, we need your help.  
Please read on...

Researchers are looking for residents of Bridgewater and surrounding communities to participate in a research study.

You can participate if you are:

- Currently employed (full-time or part-time)  
AND
- The primary caregiver for a family member or friend living with dementia at home

You will be invited to participate in an interview (60-90 minutes) to better understand your experiences of an employed caregiver living in a rural community.

You may also be eligible to participate in the 8-week Working CARERS Program being delivered in the area in 2016. This course provides caregivers with approaches for managing carer stress.

If you would like to participate or want more information, **please contact:**

Pamela Fancey  
Nova Scotia Centre on Aging  
Mount Saint Vincent University, Halifax  
Toll Free 1-877-302-4440

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