

Founded in 1981, the Alzheimer Society of Kingston, Frontenac, Lennox & Addington (KFL&A) is committed to helping people with Alzheimer's disease and other dementias by:

- Providing care, support, information and education for people living with dementia

- Educating decision makers about the need for improved health care services and qualified health care workers to support people with dementia

- Increasing awareness of dementia and its impact on the whole family.

Kingston Office:
400 Elliott Ave. Unit 4
Kingston, ON, K7K 6M9
613-544-3078
or
1-800-266-7516
www.alzheimer.ca/kfla

Our Vision: A world without Alzheimer's disease and other dementias

Our Mission: To alleviate the personal and social consequences of Alzheimer's disease and other dementias and to promote research



Société Alzheimer Society
KINGSTON, FRONTENAC, LENNOX & ADDINGTON

Drop In Centre



Drop In Centre

The Alzheimer Society of KFL&A is excited to offer a creative and socially engaging respite service for individuals with Alzheimer's disease and related dementias.

Funded with the support of the Greater Kingston Community Foundation, the Drop in Centre will provide a three hour respite service once a week.

Our goal is to provide respite for the care partner and a social and supportive environment for individuals with Alzheimer's disease and related dementias. The Drop in Centre will be facilitated by an Education & Support Coordinator and volunteers.

Hours of the Drop In Centre

The Drop in Centre morning sessions occur the first and third Tuesday of the month from 9-12pm.

Afternoon sessions occur the second and fourth Tuesday of the month from 1-4 pm.

The Drop in Centre will provide meaningful recreational activities that reflect the interests of participants. The activities will include but are not limited to physical, intellectual, social, spiritual, creative, humor and vocational activities.

The cost is free to join however spaces are limited to 10 participants each week.

Interested participants will be interviewed to determine suitability for the program.

Notice and Cancellation Policy

Participants are required to give the Alzheimer Society of KFL&A two business days' notice if they wish to attend the Drop In Centre to secure their booking. Two business days' notice is also required to cancel a booking.

For further information or to register for the Drop In Centre contact Candice McMullen Education & Support Coordinator at 613-544-3078 or cmcmullen@alzking.com