

GROUP	DESCRIPTION	TIME	LOCATION	DATE
LEARNING SERIES	This 4-week series is designed for care partners and anyone looking to learn more about dementia. It provides a comprehensive overview of dementia, communication and coping skills as well as resources and community support systems.	10:00am-12:00pm	Centre Univi Center 44 Rue St-Christophe Noelville ON	<u>Tuesdays</u> October 8, 15, 22, 29
		1:00pm-3:00pm	Alzheimer Society 1164 Devonshire Ave. North Bay	<u>Wednesdays</u> September 4, 11, 18 & 25 October 23, 30 & November 6, 13
		6:30pm-8:30pm		<u>Wednesdays</u> October 9, 16, 23 & 30
DAYTIME SUPPORT GROUP	This group is for <u>care partners, family members and friends</u> who meet monthly to share, support and learn with others who are living the dementia journey.	10:00am-12:00pm	Empire Living Centre 425 Fraser St. North Bay	<u>Second Monday of Each Month</u> August 12, September 9, October 7, November 11, December 9
			WNCHC 68 Michaud St. Sturgeon Falls	<u>Last Wednesday of Each Month</u> August 28, September 25, October 30, November 27, December 18 (please note date change)
SOCIAL CIRCLE	This group is for persons living with dementia who meet monthly to socialize and receive support.	10:00am-11:00pm	Alzheimer Society 1164 Devonshire Ave. North Bay	<u>Second Tuesday of Each Month</u> August 13, September 10, October 15, November 12, December 10

FOR MORE INFORMATION OR TO REGISTER FOR ANY OF THE GROUPS LISTED PLEASE CONTACT:

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