

# Alzheimer Society of Saskatchewan 2022 - 2023 Board of Directors

## ALLISON CAMMER

Chair of the Nominating Committee



Allison Cammer is an Assistant Professor in the College of Pharmacy and Nutrition at the University of Saskatchewan and has been a Registered Dietitian for over 20 years. She completed her MSc in Community Health and Epidemiology and PhD in Nutrition and is a member of the Rural Dementia Action Research team, the Rural and Remote Memory Clinic, and the Saskatchewan Long-term Care Network. Allison has been a guest speaker for many education events hosted by the Alzheimer Society of Saskatchewan and has presented to several support groups on nutrition and dementia.

Allison grew up on a farm in southwest Saskatchewan. Her dedication to dementia care is rooted in her family experiences of dementia. She lives in Saskatoon with her family where she is also a long-standing volunteer for the Saskatchewan Dietitians Association and Dietitians of Canada. Allison joined the Board in May 2020 and is honoured to serve on the Board of Directors of this exceptional organization. Allison is the Chair of the Nominating Committee.

## BILL COOPER

Vice-President and Chair of the Philanthropy Committee



Bill is a senior public affairs professional with over 15 years' experience in government and the private sector. He currently serves as Director of Issues and Reputation Management with Nutrien and is based in Saskatoon where he lives with his wife and their five children.

Bill holds a Bachelor of Journalism and a Bachelor of Arts (Political Science) from the University of Regina. He has also completed executive education studies at Stanford and the University of Pennsylvania.

Bill previously served two terms as a Director on the Saskatoon and District Chamber of Commerce board and was Governance Chair and a member of the Executive Committee.

He is an excellent relationship builder, able to connect with and lead diverse audiences including senior leaders, government officials, industry associations and colleagues.

Bill is looking forward to applying his public affairs and advocacy experience to help make a difference in the lives of those with dementia and their loved ones. Like so many, Bill's family has been touched by Alzheimer's disease and dementia. Bill joined the Board in June 2021 and served on the Nominating Committee and is currently the Vice-President and Chair of the Philanthropic Committee.

Bill loves spending time at the lake, is active in his church, and still occasionally plays recreational sports.

## PAMELA HERBERT MAINDONALD

### Chair of the Governance Committee



Pam Herbert-Maindonald is the Executive Director, Strategic and Corporate Services Branch at the Ministry of Parks, Culture and Sport, leading the organization's corporate functions that include financial management and operations, budget development, planning, legislative services, indigenous advisory services, reporting and performance management. Over the past 21 years within the Saskatchewan Public Service, Pam has worked at a variety of Ministries within the Government of Saskatchewan, applying her passion for continuous improvement and innovation in leadership roles in the areas of audit, risk management, strategic planning, performance management and continuous improvement.

Pam obtained a Degree in Business Administration with Distinction from the University of Regina and is a Certified Professional Accountant, Certified Internal Auditor and holds a Certification in Risk Management Assurance.

Pam's commitment to community service has been demonstrated by her involvement as a volunteer with a local track and field club, participating as a mentor through the Regina Open Door Society, serving as a School Community Council member and member of a Board of Director's for a local childcare cooperative. Pam joined the Alzheimer Society Board in June 2018, has served on the Finance and Audit Committee and is currently the Chair of the Governance Committee.

## DAN KOHL

### President



Dan is an experienced senior management professional with more than 30 years of health care management expertise in long term care and seniors care. He is now retired from his previous position as Executive Director in Long Term Care with the former Regina Qu'Appelle Health Region but continues to provide management consulting services. He holds a Bachelor of Administration Degree from the University of Regina and a professional accounting designation and was recognized nationally with a Fellowship by the Society of Management Accountants of Canada. His previous positions included Manager, Financial Services & Program Support with the Regina Health District, as well as District Support Consultant and Financial Consultant with the Saskatchewan Ministry of Health.

Dan's interest in the Alzheimer Society stems from seeing, first hand, the growth of Alzheimer's disease for long term care residents in Saskatchewan and its impact on those served in care homes and in the community. He recognizes that this growth is challenging for

families, service providers, and policy makers and wants to try and make a difference for all who are touched by the disease.

In addition to his health care leadership, Dan has extensive board, volunteer, and community experience including chairperson for local community groups, University of Regina Senate representative, Hill School of Business Alumni Association, Partner Advisory Committee for AGE-WELL (Canada's Aging and Technology Network), and volunteer for numerous sports organizations and sporting events. Dan joined the Alzheimer Society Board of Directors in June 2018 and is currently the President. He has served on the Finance and Audit Committee, Vice-President and Chair of the Finance and Audit Committee.

## OWEN KOT

### Chair of the Finance and Audit Committee



Owen Kot is currently a Senior Accountant at MNP with experience working on the assurance and special tax teams.

Owen holds a Bachelor of Business Administration (Great Distinction) with an Accounting major from the University of Regina and a Master of Professional Accounting from the University of Saskatchewan. He recently passed the CFE which is the final exam to become a CPA and was included on the National Honour Roll, which is the top 1% of successful writers. With some additional practical experience, Owen will become a CPA. Owen was awarded the Dean's Medal for the Faculty of Business at the University of Regina Spring 2020 Convocation.

Owen's volunteer experience includes involvement on the Hill Business Students' Society's executive team, including one year as President, and directorships on both the Canadian Association of Business Students and Saskatchewan Young Professionals and Entrepreneurs' Boards of Directors. He has also coached rugby at Dr. Martin LeBoldus High School.

Owen's family was affected by Alzheimer's disease as his Grandfather experienced the disease before passing away. Having seen the impact the disease can have on an individual and their family, Owen is honored to serve on the Board of Directors of the Alzheimer Society of Saskatchewan. He hopes to contribute to the support systems in place for those affected by Alzheimer's disease in Saskatchewan and to the goal of finding a cure for the disease, as well as the many other activities of the Society that make a positive difference in many individuals lives. Owen joined the board in June 2021, has served on the Finance and Audit Committee and is currently the Chair of the Finance and Audit Committee.

## KRISTA LAGIMODIERE



Krista Lagimodiere has been practicing as a Geriatrician in Saskatoon since 2020 and is dual-certified as an FRCPC specialist in Internal Medicine and Geriatric Medicine. She graduated from the University of Saskatchewan (U of S) College of Medicine in 2015 and completed a 3-year residency in Internal Medicine prior to pursuing a 2-year subspecialty fellowship in Geriatric Medicine in Vancouver. She is an Assistant Professor in the Department of Medicine at the U of S College of Medicine and is involved with teaching undergraduate and postgraduate students. Her clinical work is diverse and spans from acute care to the community. Krista has been invited as a guest speaker for the Alzheimer Society of Saskatchewan, Rural Dementia Action Research team, Saskatoon Council on Aging, and various other educational events to share her knowledge on dementia and other topics pertaining to seniors care.

Krista is a dedicated physician, educator and patient advocate who has been deeply moved by many individuals living with dementia and their caregivers. Her work as a practicing Geriatrician and physician leader inspires her to tirelessly work toward implementing high-quality, safe and evidence-informed care models for those impacted by this challenging disease. She is thankful for the incredible work of the Alzheimer Society in supporting these individuals with compassion and dignified care. She is grateful to be given the opportunity to join the outstanding team on the Alzheimer Society of Saskatchewan Board and is honoured to contribute to the important work underway to ensure exceptional care and support for those impacted by Alzheimer Disease and other dementias.

## JENNY LEWIS



Jenny Lewis is the Sr. Human Resources Director at ZYUS Life Sciences Inc. She is responsible for providing vision and direction for the overall HR services, programs, and policies for the company. She is instrumental in supporting the corporate culture and strives to foster a workplace that supports the values and mission of ZYUS.

Before joining ZYUS, Jenny worked in Human Resources for a decade in a variety of industries such as retail, oil & gas, agriculture, not-for-profit, and finance. During her time working in those industries, she was exposed to a diverse set of HR policies, practices, and systems which has allowed her to accumulate a broad range of experience. Her expertise lies in the areas of recruitment, workforce planning, employee engagement, strategy, learning & development, and labour & employment relations. Over the years she has worked on implementing various types of HR applications, developed and launched recruitment marketing campaigns, written policies and procedures, worked with various Boards, and has led multiple organizational restructuring projects.

Jenny holds a designation as a Chartered Professional in Human Resources (CPHR) and is actively involved in the Saskatchewan charter. Her work in building a network of HR professionals from various backgrounds is key to ensuring she is always on top of the latest developments in the profession. She is passionate about giving back to the community.

Jenny has had three grandparents impacted by Alzheimer's disease and dementia, so the cause is near and dear to her heart. She joined the Board of the Alzheimer Society in January of 2021, serving as a member of the Governance Committee.

## TRACY LYSYK



Tracy Lysyk is the Manager of Advisory Services for Affinity Credit Union in the Prince Albert area. She has over 25 years experience in the financial services industry including operations, training, human resources, mentoring and management.

Tracy obtained her Bachelor of Commerce from the University of Saskatchewan. In 2018, she completed her Diploma in Financial Planning from the Canadian Institute of Financial Planning. She has also taken multiple courses in Coaching, Leadership and Change Management.

Tracy is an active Board Member for the Prince Albert Early Childhood Intervention Program (PAECIP) since 2007, holding various positions on the Board. She was a founding member of WinesdaYPA. Through this wine pairing event, thousands of dollars were raised for local charities. She is also a Facilitator for Each One, Teach One. Facilitators present workshops on financial literacy with topics such as budgeting, why to file taxes, investment options and lending products. Tracy is also the Chairperson for her child's School Community Council. In 2019, Tracy joined Big Brothers Big Sisters as part of their In-School mentoring program. Due to her years of experience in financial services, she also professionally mentors colleagues in the industry.

The Alzheimer Society is near to Tracy's heart as a number of her family members have been diagnosed with Alzheimer's disease and dementia. Tracy joined the board in June 2021 and has learned how ASOS is helping those diagnosed and their loved ones as well as raising funds to fund a cure. Tracy is currently serving on the Governance Committee.



## BRIAN MARTYNOOK



Brian owned and operated a family owned construction company in Moose Jaw, Saskatchewan for 25 years. His most recent employment was with the Moose Jaw and District Chamber of Commerce where he served as the CEO for 15 years until he retired.

Brian has always been community oriented and has been involved in a number of events in the community of Moose Jaw, including having served as a Director on the Five Hills Health District, Vice Chair of the Moose Jaw Habitat for Humanity board and as a Director and Vice-Chair representing the City of Moose Jaw on the board of directors of the Regina Airport Authority. His board and committee involvement include leadership roles in the areas of Governance and Human Resources. He continues to represent the City of Moose Jaw as Chair of SaskTel's Independent Program Committee.

Brian has successfully completed the "Professional Director" designation, under the Health Director Education and Certification Program offered through Brown Governance's Graduate School of Public Policy.

My passion for Alzheimer disease is rooted in my family history. My mother passed due to Alzheimer's disease after having suffered for many years. I have experienced first hand the impact of this disease on families and would like to contribute in any way I can to those affected by this disease.

## JACQUELINE MESSER-LEPAGE



Jacqueline Messer-Lepage is the Executive Director and Registrar with the Saskatchewan College of Paramedics. She holds an undergraduate degree in Medical Laboratory Technology, a Master of Business Administration, an Advanced Graduate Diploma in Management, and credentials in Project Management and Mediation. In 2019, Jacquie became a certified coach in EQi 2.0 and EQi 360, and currently provides personalized coaching in the areas of leadership and emotional intelligence.

During her years with government, Jacquie worked in a number of areas including Executive Council as the Executive Director of International Relations and with the Ministry of Health as Chief Privacy Officer and Executive Director of the Risk and Relationship Management Branch. Her responsibilities spanned diverse portfolios including: International Engagement Strategy, Labour Relations, Provincial Health Policy and Governance, First Nations and Metis Relations, Legislation and Bylaws, and Health Emergency Management. In addition to her current role, Jacquie is involved in international standards development with the Canadian Standards Association and Health Standards Organization and teaches with the University of Regina in their non-credit area.

Jacquie's family is living with the impact of dementia and has felt the support that the Alzheimer Society provides. She is looking forward to contributing to the good work already underway with the Society in the hope that one day it will no longer be necessary.

## MEGAN MILANI Secretary



Megan Milani is a practicing lawyer, who joined the Saskatchewan Ministry of Justice and Attorney General as Senior Crown Counsel in 2021. This involves the provision of legal advice to other ministries within the Government of Saskatchewan, as well as assisting in the drafting and revision of relevant legislation, regulations, and policies.

Megan was born and raised in Regina and is a proud graduate of both the University of Regina and the University of Saskatchewan. She received her B.A. (Hons.) in Psychology in 2003 and her LL.B. in 2007. She completed her articles in Regina and was called to the Saskatchewan Bar in 2008. Megan spent the first several years of her career in private practice, focusing on Civil Litigation and Family Law. After deciding to leave private practice, she spent six years at the University of Regina providing advice to the institution with respect to research contracts and funding agreements. Megan has been an active volunteer in her community since law school, in particular by providing

free legal advice through Pro Bono Law Saskatchewan since 2014. She has also served on the executive of another non-profit organization in the labour relations sector.

During her time at the University of Regina, Megan was fortunate to interact with many talented researchers and was particularly inspired by those working to study and improve mental health and wellness for those experiencing stress, pain, anxiety, aging, and other underlying illness, including their family members and supporters. She has observed the mental health challenges experienced by her own family when a relative was diagnosed with dementia. These experiences, coupled with her interest in volunteerism, make Megan keenly interested in the work of the Alzheimer Society of Saskatchewan. If there are better ways to support a person and their family facing Alzheimer's Disease so as to promote their best mental health and wellness throughout, she believes we have a duty to do so.

## FEMI OGUNRINDE



Femi Ogunrinde has an extensive work experience of about forty years combined as a Uranium geologist, High School Teacher, University Professor, Pastor, Community Leader, Business Owner, and Chartered Director. He is President/CEO of two non-profit organizations and three businesses in Realty and International Education.

He holds a B.Sc and M.Sc degree in earth sciences from the University of Ibadan and an M.Res in Business Admin from Liverpool. He is completing a Doctor of Healthcare Admin from the Virginia University of Lynchburg and a Post-graduate Certificate at Harvard University Medical School. Femi also obtained the Chartered Director designation (C.Dir) from the De Groote School of Business of McMaster University.

Femi is a board enthusiast and has volunteered as a public representative with the College of Opticians (2016-2019) and the College of Physicians and Surgeons (2019 till date). Femi is Vice-President of the Board of Turning Leaf Services and a member of the Governance Committee. He also sits on the Medical Benevolent Fund, Saskatchewan Social Services Appeals Board, and the University of Regina Senate. He serves in several positions and committees, including the Chair of Compensation & Benefits, End of Life Care, Strategic Implementation, and Diversity & Bias, to name a few.

The Alzheimer's Society was a great resource for Femi and his wife in understanding this disease as they walked a family member through it in empathy before she died recently. That became the springboard of his interest to participate, give back and help support the organization's mission with his skills.