## Alzheimer Society of Saskatchewan 2021 - 2022 Board of Directors

## CHARLENE CALLANDER President



Charlene Callander is the Vice President of Corporate Services and Gaming Operations at Saskatchewan Liquor and Gaming Authority (SLGA). She obtained her Bachelor of Administration from the University of Regina. She is a Chartered Professional Accountant (CPA) having obtained her Chartered Accountant (CA) designation from the Institute of Chartered Accountants of Saskatchewan. Her previous positions include Director of Finance (Decision Support) and Director of Finance (Operations) at SaskTel, Vice President and Chief Financial Officer at Innovation Place, Assistant Director of Financial Services at Saskatchewan Health, and Supervisor at the Office of the Provincial Auditor.

Charlene is committed to and has contributed to her community by being involved in things she is passionate about. She coached baseball and volleyball for several years and served as a Board Member and President for Saskatchewan Volleyball from 2009 to 2015.

Charlene's grandmother passed away from Alzheimer's disease. Charlene and her sisters are now caring for their mother as she battles the disease. Despite there being other diseases in Charlene's family, she is passionate about a cure for Alzheimer's disease and is excited for the opportunity to work with the Alzheimer Society and use her skills and abilities to help the Society reach their vision ... A world without Alzheimer's disease and other dementias. Charlene joined the Board of Directors in 2016, is President and has served as Chair of the Finance and Audit Committee and Vice President of the Board.

# ALLISON CAMMER Chair of the Nominating Committee



Allison Cammer is an Assistant Professor in the College of Pharmacy and Nutrition at the University of Saskatchewan and has been a Registered Dietitian for over 20 years. She completed her MSc in Community Health and Epidemiology and PhD in Nutrition and is a member of the Rural Dementia Action Research team, the Rural and Remote Memory Clinic, and the Saskatchewan Longterm Care Network. Allison has been a guest speaker for many education events hosted by the Alzheimer Society of Saskatchewan and has presented to several support groups on nutrition and dementia.

Allison grew up on a farm in southwest Saskatchewan. Her dedication to dementia care is rooted in her family experiences of dementia. She lives in Saskatoon with her family where she is also a long-standing volunteer for the Saskatchewan Dietitians Association and Dietitians of Canada. Allison joined the Board in May 2020 and is honoured to serve on the Board of Directors of this exceptional organization. Allison is the Chair of the Nominating Committee.

### **BILL COOPER**



Bill is a senior public affairs professional with over 15 years' experience in government and the private sector. He currently serves as Director of Issues and Reputation Management with Nutrien and is based in Saskatoon where he lives with his wife and their five children.

Bill holds a Bachelor of Journalism and a Bachelor of Arts (Political Science) from the University of Regina. He has also completed executive education studies at Stanford and the University of Pennsylvania.

Bill previously served two terms as a Director on the Saskatoon and District Chamber of Commerce board and was Governance Chair and a member of the Executive Committee.

He is an excellent relationship builder, able to connect with and lead diverse audiences including senior leaders, government officials, industry associations and colleagues.

Bill is looking forward to applying his public affairs and advocacy experience to help make a difference in the lives of those with dementia and their loved ones. Like so many, Bill's family has been touched by Alzheimer's disease and dementia.

Bill loves spending time at the lake, is active in his church, and still occasionally plays recreational sports.

## TRACY DANYLYSHEN-LAYCOCK Secretary



Tracy Danylyshen-Laycock has a Ph.D in Health Sciences through the College of Medicine at the University of Saskatchewan. Her doctoral research focused on the relationship between leadership, facilitation, and the sustainability of a dementia specific training program for staff in rural long-term care homes. Specifically, Tracy studied how the Gentle Persuasive Approaches (GPA) training program changed how staff provide care to residents with responsive behaviours as a result of a dementia diagnosis. Tracy is currently employed as the Manager of Strategic Initiatives and Behavioural Consultant within Continuing Care for the 30 long-term care homes in the Saskatoon area. She practices with several geriatric psychiatrists, psychologists, and psychiatric nurses on the Behaviour Support and Seniors' Mental Health teams. She has an advanced Honors Degree in Exercise Physiology from the University of Saskatchewan, an undergraduate degree in Social Work from the University of Regina, and a Master's Degree in Social Work from Dalhousie University in Halifax, NS.

Tracy is married and has two sons who are involved in multiple sporting activities. She is passionate about providing care to individuals diagnosed with dementia and their caregivers. Tracy is a certified GPA Master Coach through Advanced Gerontological Education. She trains and educates staff across Canada in providing person-centred care to individuals with dementia. Her current research focuses on assessing and managing pain in persons with dementia. Tracy has several family members who have been diagnosed with Alzheimer's disease. As a result of her involvement on the Alzheimer Society of Saskatchewan Board, she hopes to create an environment where individuals with dementia and their caregivers receive the support and services that they require to live their lives to the fullest. Tracy joined the Alzheimer Society Board in October 2018, has served on the Governance Committee and is currently Board Secretary and is on the Nominating Committee.

#### **LISA HAUBRICH**



Lisa Haubrich is a Registered Nurse working as a consultant with Population Health Branch of the Saskatchewan Ministry of Health. Lisa graduated with distinction from the University of Saskatchewan in 1996 with a Bachelor of Science in Nursing. She began her career in the Cypress Health Region on the obstetrics and gynecology ward. Lisa enjoyed working with families and continued to do so when she began working in Public Health. Lisa expanded her leadership development as she moved into a supervisory role and broadened her collaborations with other sectors over the next five years.

She strived to have a broader contribution to public health and moved from the health region to Regina to be involved in provincial policy development. She is still involved in disease prevention at the Ministry of Health.

Lisa's interest in volunteering with the Alzheimer Society of Saskatchewan peaked when her father was diagnosed with dementia.

The Alzheimer Society was a great resource to her, and she was inspired to give back to an organization that provides so much support to individuals impacted by dementia and their caregivers.

Lisa looks forward to serving with likeminded individuals on an issue that has touched so many people and to find ways to continue to support patients and their families. Lisa joined the Board of Directors in 2016, has served as Vice-President and Chair of the Governance Committee and currently serves on the Governance Committee.

## PAMELA HERBERT MAINDONALD Chair of the Governance Committee



Pam Herbert-Maindonald is the Director, Continuous Improvement Office at the Ministry of Health, leading the organization's application of continuous improvement tools and methodologies to solve problems and improve processes with the aim of transforming the healthcare system for the people of Saskatchewan. Over the past 20 years within the Saskatchewan Public Service, Pam has worked at a variety of Ministries within the Government of Saskatchewan, applying her passion for continuous improvement and innovation in leadership roles in the areas of audit, risk management, strategic planning, performance management and continuous improvement.

Pam obtained a Degree in Business Administration with Distinction from the University of Regina and is a Certified Professional Accountant, Certified Internal Auditor and holds a Certification in Risk Management Assurance.

Pam's commitment to community service has been demonstrated by her involvement as a volunteer with a local track and field club,

participating as a mentor through the Regina Open Door Society, serving as a School Community Council member and member of a Board of Director's for a local childcare cooperative. Pam joined the Alzheimer Society Board in June 2018, has served on the Finance and Audit Committee and is currently the Chair of the Governance Committee.

#### **DAN KOHL**

### Vice-President and Chair of the Finance and Audit Committee



Dan is an experienced senior management professional with more than 30 years of health care management expertise in long term care and seniors care. He is now retired from his previous position as Executive Director in Long Term Care with the former Regina Qu'Appelle Health Region but continues to provide management consulting services. He holds a Bachelor of Administration Degree from the University of Regina and a professional accounting designation and was recognized nationally with a Fellowship by the Society of Management Accountants of Canada. His previous positions included Manager, Financial Services & Program Support with the Regina Health District, as well as District Support Consultant and Financial Consultant with the Saskatchewan Ministry of Health.

Dan's interest in the Alzheimer Society stems from seeing, first hand, the growth of Alzheimer's disease for long term care residents in Saskatchewan and its impact on those served in care homes and in the community. He recognizes that this growth is challenging for

families, service providers, and policy makers and wants to try and make a difference for all who are touched by the disease.

In addition to his health care leadership, Dan has extensive board, volunteer, and community experience including chairperson for local community groups, University of Regina Senate representative, Hill School of Business Alumni Association, Partner Advisory Committee for AGE-WELL (Canada's Aging and Technology Network), and volunteer for numerous sports organizations and sporting events. Dan joined the Alzheimer Society Board of Directors in June 2018, has served on the Finance and Audit Committee and is currently Vice-President and Chair of the Finance and Audit Committee.

#### **OWEN KOT**



Owen Kot is currently an Accountant with MNP with experience working on the assurance and special tax teams.

Owen holds a Bachelor of Business Administration (Great Distinction) with an Accounting major from the University of Regina. He is working on completing his Master of Professional Accounting degree through the University of Saskatchewan and preparing for the Common Final Examination to complete the education requirement to become a Chartered Professional Accountant. Owen was awarded the Dean's Medal for the Faculty of Business at the University of Regina Spring 2020 Convocation.

Owen's volunteer experience includes involvement on the Hill Business Students' Society's executive team, including one year as President, and directorships on both the Canadian Association of Business Students and Saskatchewan Young Professionals and Entrepreneurs' Boards of Directors. He has also coached rugby at Dr. Martin LeBoldus High School.

Owen's family was affected by Alzheimer's disease as his Grandfather experienced the disease before passing away. Having seen the impact the disease can have on an individual and their family, Owen would be honored to serve on the Board of Directors of the Alzheimer Society of Saskatchewan. He hopes to contribute to the support systems in place for those affected by Alzheimer's disease in Saskatchewan and to the goal of finding a cure for the disease, as well as the many other activities of the Society that make a positive difference in many individuals lives.

#### **JENNY LEWIS**



Jenny Lewis is the Sr. Director of Human Resources at Mega Group Inc. She is responsible for providing vision and direction for the overall HR services, programs, and policies for the company. She is instrumental in supporting the corporate culture and strives to foster a workplace that supports the values and mission of Mega.

Before joining Mega, Jenny worked in Human Resources for a decade in a variety of industries such as oil & gas, agriculture, not-for-profit, and finance. During her time working in those industries, she was exposed to a diverse set of HR policies, practices, and systems which has allowed her to accumulate a broad range of experience. Her expertise lies in the areas of recruitment, workforce planning, employee engagement, strategy, learning & development, and labour & employment relations. Over the years she has worked on implementing various types of HR applications, developed and launched recruitment marketing campaigns, written policies and procedures, worked with various Boards, and has led multiple organizational restructuring projects.

Jenny holds a designation as a Chartered Professional in Human Resources (CPHR) and is actively involved in the Saskatchewan charter. Her work in building a network of HR professionals from various backgrounds is key to ensuring she is always on top of the latest developments in the profession. She is passionate about giving back to the community and does so by chairing the Saskatoon Charities Committee and volunteering for various charities.

Jenny has had three grandparents impacted by Alzheimer's disease and dementia, so the cause is near and dear to her heart. She joined the Board of the Alzheimer Society in January of 2021, serving as a member of the Governance Committee.

#### TRACY LYSYK



Tracy Lysyk is the Manager of Advisory Services for Affinity Credit Union in the Prince Albert area. She has over 25 years' experience in the financial services industry including operations, training, human resources, mentoring and management.

Tracy obtained her Bachelor of Commerce from the University of Saskatchewan. In 2018, she completed her Diploma in Financial Planning from the Canadian Institute of Financial Planning.

Tracy is an active Board Member for the Prince Albert Early Childhood Intervention Program (PAECIP) since 2007, holding various positions on the Board. She is a founding member of WinesdaYPA. Through this wine pairing event, thousands of dollars have been raised for local charities. She is also a Facilitator for Each One, Teach One. Facilitators present workshops on financial literacy with topics such as budgeting, why to file taxes, investment options and lending products.

Tracy is also the Secretary for her children's School Community Council. In 2019, Tracy joined Big Brothers Big Sisters as part of their In-School mentoring program.

The Alzheimer Society is near to Tracy's heart as a number of family members have been diagnosed with Alzheimer's disease and dementia. Tracy is new, joining in June 2021 and is excited about the opportunity to serve on the Board.

### **JACQUELINE MESSER-LEPAGE**



Jacqueline Messer-Lepage is the Executive Director and Registrar with the Saskatchewan College of Paramedics. She holds an undergraduate degree in Medical Laboratory Technology, a Master of Business Administration, an Advanced Graduate Diploma in Management, and credentials in Project Management and Mediation. In 2019, Jacquie became a certified coach in EQi 2.0 and EQi 360, and currently provides personalized coaching in the areas of leadership and emotional intelligence.

During her years with government, Jacquie worked in a number of areas including Executive Council as the Executive Director of International Relations and with the Ministry of Health as Chief Privacy Officer and Executive Director of the Risk and Relationship Management Branch. Her responsibilities spanned diverse portfolios including: International Engagement Strategy, Labour Relations, Provincial Health Policy and Governance, First Nations and Metis

Relations, Legislation and Bylaws, and Health Emergency Management. In addition to her current role, Jacquie is involved in international standards development with the Canadian Standards Association and Health Standards Organization and teaches with the University of Regina in their non-credit area.

Jacquie's family is living with the impact of dementia and has felt the support that the Alzheimer Society provides. She is looking forward to contributing to the good work already underway with the Society in the hope that one day it will no longer be necessary.

### **RANDI ROSS**



Randi is a Metis woman from rural Saskatchewan and has been on staff at the Gabriel Dumont Institute in Saskatoon for 3 years as an Employment Counsellor. Prior to this she was a substitute teacher with the Saskatoon Public School Division and Prairie Spirit School Division; she taught primary and elementary levels with a focus on science, math, and social studies for 3 years. Randi completed her Bachelor of Education at the University of Saskatchewan with Great Distinction in 2015 through SUNTEP (Saskatchewan Urban Native Teacher Education Program). Prior to that Randi owned a small restaurant, a spa, and operated heavy equipment. She believes that education and experience are the best tools for success.

Randi has always had a special place in her heart for community development and with personal experience caring for someone with dementia, she is incredibly excited to be here. Currently, aside from her work at the Gabriel Dumont Institute, Randi is in pursuit of a Master of Education in Measurement and Evaluation.